

Baylor Swim Club
NIKE Winter Invitational
January 16-17, 2010

Sanction: Southeastern Swimming, Inc. of USA Swimming.
Sanction Number: 10SEBAY1-16

Hosted by: Baylor Swim Club, 423-267-8506 x267,

Location: Baylor School Natatorium
171 Baylor School Road, Chattanooga, TN 37405

Facility: Indoor, 20-lane, 50 meter, 7' deep in the shallow end, 13' deep in diving well end, Non-turbulent lane ropes. There is spectator seating for 700 in the balcony. 2- Women's and 2- Men's locker rooms and restroom facilities are available. Additional area for seating provided in the Gymnasium adjacent to the pool and on the pool deck. Ample parking is available in Field house parking lot.

Timing: Fully automatic Daktronic Timing System with 2- 10 Lane/Place/Time display score boards. Manual backup. Hytek Meet Manager with Comlink II output available for those who request results on diskette for teams providing a 3.5-HD diskette.

Officials: Meet Director: Laura Pitman
171 Baylor School Road
Chattanooga, TN 37405
Phone: 423-267-8506, x-267
Email: meets@baylorswimming.org

Meet Referee: Larry Alexander
Email: laarydalexander@aol.com
Phone: 423-843-7495

Eligibility: All participants must be registered USA Swimming athletes, and 2010 registration numbers are required to be listed on the entry forms. No entry will be accepted without the registration number.

Rules. The 2010 USA rules will govern the conduct of the meet unless noted otherwise herein. All events will be timed finals. The 400 IM, 500 Free, and 1650 Free will be deck seeded and swum fastest to slowest.

Warmup: USA and SES warm-up guidelines will be in effect. The Meet Director will post and announce the warm-up procedure prior to the start of the meet. All swimmers and coaches will follow this procedure.

Schedule: Morning Sessions:
Saturday & Sunday, January 16 & 17 2010
Warm-up: 6:45 AM – 7:45 AM
Meet Starts: 8:00 AM

Afternoon Sessions:
Saturday & Sunday, January 16 & 17, 2010
Warm-up: Immediately following AM session
Meet Starts: following Warm-up,

Fees: \$5.00 per individual event, \$9.00 per relay plus a Southeastern Swimming, Inc. surcharge of \$3.00 per SE swimmer and \$5 per non-SE swimmer. Late entry charge is \$8.00 per individual event and \$12 per relay event. Make checks payable to **BAYLOR SWIM CLUB**. No refunds will be made.

Entry limits: 13 & over Swimmers may enter a maximum of 5 events per day. 12 & under swimmers may only swim 4 individual events per day. Entries will be accepted on a first-come, first-serve basis.

Entry: Computer Entry: Teams with Hytek Software should enter on disk. Please be sure to include a hard copy for proof reading purposes. Please complete team Liability Waiver and Entry Recap. Entries may be sent via e-mail to meets@baylorswimming.org. Please avoid PHONE or FAX entries.

Hand written: List swimmer's first and last names, age and USA number on the forms, and complete Team Liability Waiver and Entry Recap.

Diskette or entry forms, summary sheets, entry fees, and surcharges must be received by the Meet Director on or before **January 7, 2010**.

If mailed by overnight mail, please waive signature required on receipt.

Late entries may be accepted at the discretion of the Meet Director; however, they will be accepted on a "lane available" basis and may not appear on the heat sheet. This is an OPEN meet. The swimmer's best competitive short course time should be entered. Times will not be changed because of new times achieved after the entry deadline. Please make one check payable to **BAYLOR SWIM CLUB**.

Seeding: All events will be pre-seeded except for the 400 IM, 500 and 1650 Free events, which will be deck seeded. **Swimmers will need to provide their own counters for the 500 and 1650 free events.** Swimmers participating in the 400 IM and 500 Free must check in with the Clerk of Course by the conclusion of warm-up for that session.

1650 Free: Swimmers will need to check in for the 1650 by the conclusion of the Saturday morning session. **Swimmers will need to provide their own counters.**

400 IM and 500 Free swimmers should be checked in by the conclusion of the warm up session for this group. **Swimmers must provide their own counters for the 500.**

Relays will be seeded Timed Finals and will swim slowest to fastest. Relay cards will be distributed to coaches in the coaches packets and are required to be submitted to Clerk of Course prior to the start each session. **Each card must contain the first and last names and ages for all swimmers eligible to compete** (there is no limit to the number of eligible swimmers). The competing swimmers must be listed in the order in which they will swim. Any changes in the names of the competing swimmers or their order of swimming must be declared to the lane timer prior to the start of the heat in which the relay is entered.

Awards: Ribbons for places 1-8 in all 12 & under individual events will be awarded. Awards for 1st-3rd will be given for relays. We will have heat winner items for the 12 and under events.

Special Notes: In accordance with Southeastern Swimming Guidelines, overhead starts, whistle starts, and the "no recall rule" will apply.

The Meet Director reserves the right to combine heats and/or events in order to facilitate the conduct of the meet.

The Meet Director reserves the right to limit the 400 IM, the 500 Freestyle and the 1650 Freestyle to the fastest six heats of each event.

In the interest of safety, all coaches and swimmers are asked to observe all posted pool and facility rules and conduct themselves in a safe and prudent manner. All coaches must be currently certified to USA Swimming requirements.

The meet director reserves the right to conduct the meet in a single course based upon the number of entries.

Should there be any questions, meet officials will recognize coaches or their designated representative ONLY.

Results will be provided on a disk provided by the visiting team at meet conclusion. Hard copies will be provided only upon request. TM and MM files will be posted on the hosted meets page of baylorswimming.org at the conclusion of the meet

Failing to swim an event after a positive check-in will result in the swimmer being barred from his/her next individual event.

Warm up assignments and an approximate timeline will be posted on the baylorsswimming.org website by Jan. 12, 2010

Evaluations: Any comments, suggestions, or evaluations should be mailed to:

John Woods

205 Island Ave

Chattanooga, TN 37405

SESSION I: Warm-up begins at 6:45 AM**Competition begins at 8:00 AM.**

Continuous warm-up/warm-down will be available.

GIRLS	EVENTS	BOYS
1	13-14 200 Medley Relay	2
3	Senior 200 Medley Relay	4
5	13-14 200 Free	6
7	Senior 200 Free	8
9	13-14 100 Breast	10
11	Senior 100 Breast	12
13	13-14 100 Free	14
15	Senior 100 Free	16
17	13-14 200 Back	18
19	Senior 200 Back	20
21	13-14 100 Fly	22
23	Senior 100 Fly	24
	10 minute break	
25*	Senior 400 IM	26*

* Events will be deck seeded. Coaches must check in their swimmers by 7:50 AM at the Clerk of Course. These events will be swum fastest to slowest.

SATURDAY, January 16, 2010

SESSION II: Warm-up begins immediately following the morning session
Competition begins after the 50 minute warm up.
 Continuous warm-up/warm-down will be available.

GIRLS	EVENTS	BOYS
27	8 & un 100 Free	28
29	10 & UN 200 Free	30
31	11-12 200 Free	32
33	8 & Un 25 breast	34
35	10 & Un 50 Breast	36
37	11-12 50 Breast	38
39	8 & Un 50 Back	40
41	10 & UN 100 Back	42
43	11-12 100 Back	44
45	8 & UN 50 Free	46
47	10 & UN 100 Free	48
49	11-12 100 Free	50
51	8 & UN 25 Fly	52
53	10 & UN 50 Fly	54
55	11-12 50 Fly	56
57	10 & Under 200 IM	58
59	11-12 200 IM	60
61	8 & UN 100 Free Relay	62
63	10 & UN 200 Free Relay	64
65*	11-12 200 Free Relay	66*

SATURDAY, January 16, 2010

SESSION III: Warm-up will begin immediately following the afternoon session
Competition will begin after the 30 minute warm up.
 Continuous warm-up/warm-down will be available.

GIRLS	EVENTS	BOYS
67*#	Senior1650 Free	68*#

* Event will be deck seeded. Coaches must check in their swimmers prior to the start of the session at the Clerk of Course.

*#Events will be swum together and scored separately as 13 - 14 & SR. This event will be swum fastest to slowest.

Swimmers will need to provide their own counters for this event.

SUNDAY, January 17, 2010**SESSION IV:****Warm-up begins at 6:45 AM.****Competition begins at 8:00 AM.**

Continuous warm-up/warm-down will be available.

GIRLS	EVENTS	BOYS
69	8 & UN 100 IM	70
71	10 & under 100 IM	72
73	11 & 12 100IM	74
75	8 & UN 25 Back	76
77	10 & under 50 Back	78
79	11 & 12 50 Back	80
81	8 & UN 50 Breast	82
83	10 & under 100 Breast	84
85	11 & 12 100 Breast	86
87	8 & UN 25 FREE	88
89	10 & under 50 FREE	90
91	11 & 12 50 FREE	92
93	8 & UN 50 FLY	94
95	10 & under 100 FLY	96
97	11 & 12 100 FLY	98
99*	8 & UN 100 Medley RELAY	100*
101*	10 & UN 200 Medley RELAY	102*
103*	11 & 12 200 Medley RELAY	104*
105*#	12 and Under 500 Free	106*#

- *Events will be deck seeded. Coaches must check in their swimmers by the end of warm up at the Clerk of Course.
- # These events will be swum fastest to slowest.

Warm-up immediately following the morning session
Competition will not begin before 12 PM.
Continuous warm-up/warm-down will be available.

GIRLS	EVENTS	BOYS
107	13-14 200 Free Relay	108
109	Senior 200 Free Relay	110
111	13 & 14 200 IM	112
113	SENIOR 200 IM	114
115	13 & 14 100 BACK	116
117	SENIOR 100 BACK	118
119	13 & 14 200 BREAST	120
121	SENIOR 200 BREAST	122
123	13 & 14 50 FREE	124
125	SENIOR 50 FREE	126
127	13 & 14 200 FLY	128
129	SENIOR 200 FLY	130
	10 minute Break	
130*#	Senior 500 FREE	132*#

* Event will be deck seeded. Coaches must check in their swimmers prior to the start of the session at the Clerk of Course.

Events will be swum together and scored separately as 13-14 & SR. This event will be swum fastest to slowest. **Swimmers will need to provide their own counters for this event.**

««SAFETY»»

In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool and facility rules referred to in this meet information and to conduct themselves in a safe and prudent manner. The Baylor Swim Club and any meet sponsors are not responsible for any injury, damage, or loss of valuables during the meet. Failure to adhere to posted school speed limits and parking signs may result in ticketing. No smoking or glass containers are allowed inside the natatorium.

Lodging: Located closest to the school is approximately away 3 miles in downtown Chattanooga.

This is the Cheerleader weekend so the following hotels have blocks of rooms set aside for our meet. When you call simply reference the BAYLOR NIKE swim Meet.

The Sheraton Read House- Downtown Chattanooga

423-266-4121 ask for Jeff rooms \$119

Homewood Suites – Hamilton Place Mall Area

423-510-8020

The following hotels are also good options for your team.

Holiday Inn Express Hixson—Hwy. 153

423-877-6464

Holiday Inn Express East Ridge—Exit 1

423-308-0111

Comfort Inn & Suites East Ridge—Exit 1

423-893-7979

Best Western Royal Tiftonia—Exit 174

423-821-6840

Country Inn & Suites Hixson—Hwy. 153

423-308-2333

Country Inn & Suites Hamilton Place—Exit 5, I-75

423-899-2300

Comfort Inn & Suites—Downtown

423-265-0008

Howard Johnson Plaza East Ridge—Exit 1, I-75

423-892-8100

Hampton Inn Hixson—Hwy. 153

423-877-3100

Chattanooga is becoming a regional tourist center and offers many attractions, including: The Tennessee Aquarium; Children's Discovery Museum; IMAX Theater, Coolidge Park with its carousel and water garden; shopping at Tennessee's largest mall, Hamilton Place Mall; Outlet Mall shopping at Warehouse Row; Bluff View Arts district; and the free Friday night concert series at Miller Park located in downtown Chattanooga during the summer. White water rafting on the Olympic venue, Ocoee River, is located within an hour drive.

ENTRY FORM SUMMARY

January 16-17, 2010

TEAM NAME: _____ ABBRV: _____
 TEAM ADDRESS: _____
 TEAM COACH: _____ TELEPHONE#: _____
 TEAM REP: _____ TELEPHONE#: _____

<u>AGE GROUP</u>	<u>SEX</u>	<u>SWIMMERS</u>	<u>EVENTS</u>
8 & UNDER	GIRLS	_____	_____
	BOYS	_____	_____
10 & UNDER	GIRLS	_____	_____
	BOYS	_____	_____
11-12	GIRLS	_____	_____
	BOYS	_____	_____
13-14	GIRLS	_____	_____
	BOYS	_____	_____
SENIOR	GIRLS	_____	_____
	BOYS	_____	_____

TOTAL NUMBER SE SWIMMERS _____ X \$3.00 SURCHARGE = \$ _____
 TOTAL NUMBER NON SE SWIMMERS _____ X \$5.00 SURCHARGE = \$ _____
 TOTAL EVENTS ENTERED _____ X \$5.00 PER EVENT = \$ _____
 TOTAL RELAYS Entered _____ X \$9 PER RELAY = \$ _____
 TOTAL DUE = \$ _____

PLEASE LIST PARENTS ON YOUR TEAM WHO ARE USA OFFICIALS ON YOUR TEAM WHO WOULD LIKE TO WORK THIS MEET:

OFFICIALS NAME: _____ PHONE #: _____
 OFFICIALS NAME: _____ PHONE #: _____
 OFFICIALS NAME: _____ PHONE #: _____
 OFFICIALS NAME: _____ PHONE #: _____

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Baylor Swim Club, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of coach or club official _____

Club: _____

Date: _____

Title: _____

USA Swimming Registered Coaches Attending This Meet:

INFORMATION FORM FOR DISABLED SWIMMERS

NAME: _____

ADDRESS: _____

AGE AND BIRTHDATE: _____ / _____ Phone: _____

EVENTS TO BE SWUM: _____

TYPE OF DISABILITY:

Blind _____ Mentally Retarded _____ Deaf _____ Physical -Other

EXTENT OF DISABILITY: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.)

The following person(s) will accompany the swimmer for any needed assistance.

Seizures? Yes No Are you on medication? Yes No

NAME OF MEDICATION & AMOUNT:

PARENTS OR GUARDIAN'S NAME: _____ PHONE: _____

PARENTS OR GUARDIAN'S SIGNATURE: _____

ATHLETE'S SIGNATURE: _____

PHYSICIAN'S NAME (Please print): _____

PHYSICIAN'S ADDRESS: _____

PHYSICIAN'S PHONE NUMBER: _____

I have examined the above Entrant and, in my opinion, there is no mental or physical reason why he or she should not participate in United States Swimming competition.

_____/_____
Physician's Signature Date

ENTRY FORM

Times should be in Short COURSE Yards

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						