

**2016 Joe Gawrys Southeastern Middle School Championships**  
**Swimming & Diving Championship**  
**Hosted by Baylor School & Baylor Swim Club**  
January 23, 2016

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc

**Hosted by:** Baylor Swim Club, 423-267-8506 x 267

**Sanction Number :** This a USA Swimming Observed meet. Enter USA ID #'s for the SWIMS database

**Location:** Baylor School Natatorium  
171 Baylor School Road, Chattanooga, TN 37405

**Facility:** Indoor, 20-lane, 50 meter, 7' deep in the shallow end, 13' deep in diving well end, Non-turbulent lane ropes. There is spectator seating for 700 in the balcony. 2- Women's and 2- Men's locker rooms and restroom facilities are available. Additional area for seating provided in the Gymnasium adjacent to the pool and on the pool deck. Ample parking is available in Field house parking lot.

**Changing into or out of swim suits other than in the locker rooms or other designated areas is not appropriate and is prohibited**

**Timing:** Fully automatic Daktronic Timing System with 2- 10 Lane/Place/Time display score boards. Manual backup. Hy-tek Meet Manager

**Officials:** Meet Director: Laura Pitman  
171 Baylor School Road  
Chattanooga, TN 37405  
Phone: 423-267-8506, x 267  
Email: [meets@baylorsswimming.org](mailto:meets@baylorsswimming.org)

Meet Referee:	Larry Alexander	Diving Referee
	Email: <a href="mailto:larrydalexander@aol.com">larrydalexander@aol.com</a>	John Bonds
	Phone: 423-842-8580	423.290.6066

Administrative referee: Jeff Tippett

Visiting officials and apprentices are welcomed and encouraged to participate.

**Eligibility:** Each swimmer/diver may enter a maximum of 4 events, no more than 2 of which may be individual events. Schools are not limited to the number of swimmers in any event; however, a team is allowed only four (4) scoring entries in each individual event with all other entries being exhibition entries. Exhibition entries are to be designated with an 'X' next to the time on the original team entry form. A team is allowed one scoring relay per relay event but may enter one additional exhibition relay. Exhibition relays will be seeded separately. **Eligibility is restricted to students who are currently in their school grade (6th, 7th, & 8th grades) 5<sup>th</sup> graders may enter and score points as long as their school has 5<sup>th</sup> graders as part of their middle school. This is in line with how MTHSSA rules on their middle school participation.**

**DIVING FORMAT:** The diving area has two boards with Dura Maxi Flex boards. Water depth is 13 feet. Competition will follow national federation meet guidelines which are (1) voluntary dive and five optional dives. The voluntary will use its assigned degree of difficulty of 1.8. The five optional dives will use their assigned degree of difficulty. All divers will complete the full list of six (6) dives. Dives will be performed in the following order: one (1) voluntary and five (5) optionals from at least four (4) categories. Diving forms are **due by Noon PM on January 23, 2016**. Diving forms can be changed up to 30 minutes before the event. We will use the front voluntary dive. **All divers must be included on your Hy-tek entry file.**

**Rules.** The USA swimming rules will govern the conduct of the meet unless noted otherwise herein. All events will be timed finals.

**USA Swimming Observed Meet:** This will be an observed meet for USA Swimming. In order for your swimmer's times to be submitted you must include their USA ID number in the entry file.

### **Coaches Certifications**

Southeastern Swimming rules dictate, "Coaches shall display, when requested, their USAS Membership cards to be allowed on deck at any SES sanctioned meet. Compliance shall be the responsibility of the host meet clerk of course." Therefore, all coaches are required to sign in with the clerk of course upon arrival. Coaches must also be prepared to show their coaching credentials at any time to the meet director and/or the meet referee.

**Warm-up:** USA and SES warm-up guidelines will be in effect. The Meet Director will post and announce the warm-up procedure prior to the start of the meet. All swimmers and coaches will follow this procedure. . **"Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. "**  
**Swimmers attending without a coach MUST see the meet director to be assigned a coach to warm up with.**

**Schedule:** Preliminary Session:

Saturday, January 23, 2016

Warm-up: 1<sup>st</sup> session 9:00 AM – 9:35 AM, 2<sup>nd</sup> Session warm-up 9:35-10:10 AM

Meet Starts: 10:15 AM

**Middle Tn. Teams will be assigned to the 2<sup>nd</sup> warm-up**

Finals Session:

Saturday, January 23, 2016

Warm-up: 4:45PM-5:15 PM

Meet Starts: 5:30 PM

Diving Session:

Saturday, January 23, 2016

Warm-up: There will be a 45-minute open warm-up immediately following the swim session.

Start: At the conclusion of the warm -up

**Cost:** \$ 5.00 per individual swimming event / \$5.00 per diver  
\$ 10.00 per relay event

\$ 8.00 facility surcharge per swimmer / diver (**This includes full access to online heat sheet.**)

**Make checks payable to Baylor Swim Club**

**Coaches' meeting:**

10:10 AM. in the hospitality suite. No swimmers are allowed in the pool during the coaches' meeting.

**Entry:**

Computer Entry: Teams without Hy-tek Software should download the team manager lite free from the Hy-Tek website. Please be sure to include a hard copy for proof reading purposes. Please complete team Liability Waiver and Entry Recap. Entries may sent via e-mail to [meets@baylorswimming.org](mailto:meets@baylorswimming.org). No PHONE or FAX entries will be accepted. **All divers must be entered on a hy-tek entry file.**

NO HAND WRITTEN ENTRIES WILL BE ACCEPTED.

**The Meet Director on or before 10 AM Monday, January 11, 2016 must receive entry forms, summary sheets, entry fees, and surcharges.**

If mailed by overnight mail, please waive signature required on receipt.

**Entry Limits:** This meet is limited to the first 500 athletes. Due to the time constraints, the diving event is limited to a total of 32 divers.

**Entry Corrections:** Coaches are responsible for the accuracy of entries. Corrections must be submitted via email to Laura Pitman - [meets@baylorswimming.org](mailto:meets@baylorswimming.org) by the entry deadline. The psych sheet will be posted on [www.baylorswimming.org](http://www.baylorswimming.org) by Thursday, Jan 14, 2016. **No changes, additions or deletions will be allowed after the January 14. The corrections are only for mistakes made by the meet director or improper file import.**

**Seeding:**

All events will be circle seeded except the 500 Freestyle and the 400 Freestyle Relay, which will be deck, seeded. Swimmers will need to provide their own counters for the 500 Freestyle. Swimmers or Coaches of swimmers participating in the 500 Free and the 400 Freestyle Relay must check in with the Clerk of Course per the following schedule:

**500 Free: Sign in by 10:30 AM Saturday, January 23, 2016**

**400 Free Relay: Sign in by 10:30 AM Saturday, January 23, 2016**

Relay cards will be in the coaches' packets. Each card must contain the first and last names and grade for all swimmers eligible to compete. The competing swimmers must be listed in the order in which they will swim. Any changes in the names of the competing swimmers or their order of swimming must be declared to the lane timer prior to the start of the heat in which the relay is entered. Relay teams are to take their cards to the lane timer at the start of their race.

**Scoring & Awards:**

Points will be awarded for first through sixteenth place for both individual and relay events. Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Relays will score double points. Exhibition entries will not score points. Ribbons will be awarded for first through eighth place for all events. Team trophies will be presented to the top three teams in the boys' division, girls' division, and in the combined division. A team must consist of male and female swimmers in order to qualify for the

combined division.

### **Special Notes:**

**The heat sheet will be posted in a printable format on our website [www.baylorsswimming.org](http://www.baylorsswimming.org)**

**Use of audio or visual recording devices, including cell phone, is not permitted in changing areas, rest rooms or locker rooms.**

**The meet director reserves the right to run this meet in two courses, with diving to follow immediately after the swimming session.**

This meet will be conducted under the rules of the 2015/2016 National Federation rulebook as adopted by TISCA.

The Meet Director reserves the right to limit the 500 Freestyle to the fastest six heats of boys and the fastest six heats of girls.

In the interest of safety, all coaches and swimmers are asked to observe all posted pool and facility rules and conduct themselves in a safe and prudent manner.

Should there be any questions, meet officials will recognize coaches or their designated representative ONLY.

Results will be posted on the hosted meets page of [www.baylorsswimming.org](http://www.baylorsswimming.org)

Failing to swim an event after a positive check-in will result in the swimmer being barred from his/her next individual event, unless excused by the meet referee for a valid excuse.

### **Safety:**

In the interest of safety and accident prevention, coaches and swimmers are asked to observe all posted pool and facility rules referred to in this meet information and to conduct themselves in a safe and prudent manner. Baylor School and any meet sponsors are not responsible for any injury, damage, or loss of valuables during the meet. Failure to adhere to posted school speed limits and parking signs may result in ticketing. No smoking or glass containers are allowed inside the natatorium.

**Lodging:** The hotels closest to the school are those in downtown Chattanooga, approximately 3 miles away.

Chattanooga is becoming a regional tourist center and offers many attractions, including:

The Tennessee Aquarium; Children's Discovery Museum; IMAX Theater, Coolidge Park with its carousel and water garden; shopping at Tennessee's largest mall, Hamilton Place Mall; Outlet Mall shopping at Warehouse Row; Bluff View Arts district; and the free Friday night concert series at Miller Park located in downtown Chattanooga during the summer. White water rafting on the Olympic venue, Ocoee River, is located within an hour drive.

**ORDER OF EVENTS**  
**Southeastern Middle School Championships**  
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**January 23, 2016**

Preliminary warm-up	9:00 AM
Start	10:15 AM
<b>Coaches' Meeting</b>	<b>10:10 AM</b>
Finals warm-up	4:45 PM
Start	5:30 PM
Coaches' Meeting	5:15 PM (if needed)

<u>Girl's Events</u>	<u>Event Description</u>	<u>Boy's Events</u>
1	200 Yard Medley Relay #	2
3	200 Yard Freestyle	4
5	200 Yard Individual Medley	6
7**	50 Yard Freestyle	8**
9*	Diving	10*
11	100 Yard Butterfly	12
13	100 Yard Freestyle	14
15	<b>500 Yard Freestyle**</b>	16
17**	200 Yard Freestyle Relay #	18**
19	100 Yard Backstroke	20
21	100 Yard Breaststroke	22
23	<b>400 Yard Freestyle Relay**</b>	24

\*Diving to start immediately following the swim session

\*\* There will be a five minute break following the 50 free and the 200 free relay during the finals session.

**\*\* Note: Events 15 & 16 (500 Freestyle) and Events 23 & 24 (400 Freestyle Relay) will be timed final. The fastest heat of girls and boys in each event will swim during the finals session.**

# Note: The top 8 finishers in the 200 Medley Relay and 200 Freestyle Relay from prelims will swim in finals.

The Top 16 finishers from prelims in all other individual events (except the 500 Free) will return to compete in the finals session of the meet.

**During the prelims session the 500 Free will be swum at the end of the morning session. We will take a 5 minute break after the 400 Free relays and then begin the 500 Free heats. The 500 free will be swum in its normal position ( after the 100 Free) during the finals session.**

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Please complete and return with your entry:

**School Name:** \_\_\_\_\_

**School Address:** \_\_\_\_\_

**School Initials:** \_\_\_\_\_

**Swim Coach:** \_\_\_\_\_

**Contact Person:** \_\_\_\_\_

**Contact Address:** \_\_\_\_\_

**Work Phone:** \_\_\_\_\_

**Cell Phone:** \_\_\_\_\_

**Home Phone:** \_\_\_\_\_

**Email:** \_\_\_\_\_

**Where should we send the results?    School Address                      Contact Address**

Number of swimmers/divers entered:    \_\_\_\_\_ x \$8.00 =    \$ \_\_\_\_\_

Number of individual swimming events entered: \_\_\_\_\_ x \$5.00 =    \$ \_\_\_\_\_

Number of divers entered:                      \_\_\_\_\_ x \$10.00 =    \$ \_\_\_\_\_

Number of relays entered:                      \_\_\_\_\_ x \$10.00 =    \$ \_\_\_\_\_

**TOTAL ENTRY MONEY DUE**

**\$ \_\_\_\_\_**

(Make checks payable to Baylor Swim Club)

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**PLEASE LIST PARENTS ON YOUR TEAM WHO ARE USA OFFICIALS ON YOUR TEAM WHO WOULD LIKE TO WORK THIS MEET:**

OFFICIALS NAME:    \_\_\_\_\_    PHONE #: \_\_\_\_\_

OFFICIALS NAME:    \_\_\_\_\_    PHONE #: \_\_\_\_\_

OFFICIALS NAME:    \_\_\_\_\_    PHONE #: \_\_\_\_\_

Southeastern Middle School Championships

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE**

I, hereby relinquish any and all claims that my organization and its members may have in case of injury or loss of valuables traveling to, traveling from, or while in attendance at the Southeastern Middle School Swimming and Diving Championships. I also agree not to charge The Baylor School, Baylor Swim Club, Baylor Diving Club, or any representative of these organizations for any claims resulting from injury, or loss, or damage to valuables.

School Official Signature \_\_\_\_\_

Date \_\_\_\_\_

Coach's Signature \_\_\_\_\_

Date

ENTRY FORM

Times should be in Short COURSE Yards

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						