

Heat Sheet
Friday PM Session



April 28-30, 2017
Baylor School Natatorium

Foot & Ankle care for the whole family.

6 Convenient locations in
the Chattanooga / N. Ga community.

Schedule an appointment today!



Dr. Aaron Solomon
2368 Battlefield Pkwy
Ft. Oglethorpe, GA 30742
706-861-6200

Don't let allergy congestion keep you in the clubhouse.

Allegra-D[®]

Find us on:



NON-DROWSY

Allegra-D[®]

24 Hour Allergy & Congestion

Indoor and Outdoor Allergies

24 Hour

Relief of:

- ✓ Nasal Congestion
- ✓ Sinus Congestion & Pressure
- ✓ Runny Nose
- ✓ Sneezing
- ✓ Itchy, Watery Eyes
- ✓ Itchy Nose or Throat

©2014, Chatterm, Inc.

Fast*, non-drowsy relief of your toughest allergy symptoms PLUS a powerful decongestant to target inflammation and break-up nasal congestion and sinus pressure.

*Starts working in one hour.

*Applies to first dose only. Use only as directed. A prescription may be required in some states. Relieves Nasal Congestion, Sinus Congestion and Pressure, Runny Nose, Sneezing, Itchy, Watery Eyes and Itchy Nose or Throat.

Available in 12-Hour and 24-Hour formulas.
Ask for Allegra-D at the pharmacy counter.

2017SE Arena Long Course Invitational - 4/28/2017 to 4/30/2017

Meet Program - Friday PM

#1 Girls 10 & Under 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 3 Finals				
3	Roettger, Claire I	7	TNAQ-SE	NT
4	Roettger, Ella G	8	TNAQ-SE	NT
5	Hoover, KaraLin	9	BAY-SE	NT
6	Solimine, Lila R	9	ENSW-SE	NT
7	Waller, Chloe M	9	TNAQ-SE	NT
8	Curtis, Caroline I	9	BAY-SE	NT
9	Boyd, Anna C	8	OSC-SE	NT
Heat 2 of 3 Finals				
3	Massey, Elaina E	9	ENSW-SE	NT
4	Shaw, Hunter L	9	BAY-SE	NT
5	Dauphinais, Jae I	10	OSC-SE	NT
6	Gardner, Julia I	10	BAY-SE	NT
7	Lauria, Madison	10	SA-GA	NT
8	Rios, Rebecca A	10	CCAC-GA	NT
9	Waller, Emma E	9	TNAQ-SE	NT
10	Kelly, MACIE K	9	MTSC-SE	NT
Heat 3 of 3 Finals				
3	Feril, Amanda L	10	ENSW-SE	4:07.89
4	Zafft, Prielle J	10	SA-GA	3:55.81
5	McCoy, Ava C	10	BAY-SE	3:46.53
6	McClung, Annab	10	ENSW-SE	3:27.75
7	Saylors, Gracison	9	CCAC-GA	3:32.23
8	Wagner, London	10	CCAC-GA	3:48.68
9	Marroquin, Evan	10	SA-GA	3:59.53
10	Reuthe, Willow I	9	ENSW-SE	4:35.43

#2 Boys 10 & Under 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
3	McClung, Asher	8	ENSW-SE	NT
4	Gorecki, Ocean A	10	SA-GA	NT
5	Waller, Logan A	10	TNAQ-SE	NT
6	Henry, Derek A	10	SA-GA	NT
7	Petty, Damon III	10	ENSW-SE	NT
8	Anders, Jacob R	10	SA-GA	NT
9	Clardy, Maddux	9	BAY-SE	NT
Heat 2 of 2 Finals				
3	Myers, Joseph R	10	BAY-SE	3:52.68
4	Chadwell, Tomm	10	TNAQ-SE	3:46.93
5	Chenard, Luc	10	CCAC-GA	3:25.91
6	Gorey, Michael J	10	ENSW-SE	2:55.08
7	Waldrep, Luke R	10	BAY-SE	3:19.76
8	Benedict, Williar	9	TNAQ-SE	3:26.62
9	Linkous, Gabriel	8	TNAQ-SE	3:51.61

#3 Girls 11-12 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 4 Finals				
3	Tobias, Teagan J	11	BAY-SE	NT
4	Thornbury, Allie	12	BAY-SE	NT
5	Clinton, Callie M	12	ENSW-SE	NT
6	Margio, Addie R	11	BAY-SE	3:54.56
7	Skiles, Reese D	12	BAY-SE	4:18.60
8	Gilbert, Grace E	11	SA-GA	NT
9	Atre, Aarohi T	12	SA-GA	NT
10	Urban, Danielle I	12	SA-GA	NT

Heat 2 of 4 Finals

3	Drew, Allie E	12	BAY-SE	3:36.93
4	Henry, Sanaa A	12	SA-GA	3:31.25
5	Mashburn, Kelly	12	CCAC-GA	3:24.51
6	Linkous, Julia A	11	TNAQ-SE	3:23.40
7	Mashburn, Casey	12	CCAC-GA	3:23.93
8	Feldblum, Zoe I	12	TNAQ-SE	3:30.35
9	Schenck, Carolin	12	BAY-SE	3:32.74
10	Murphree, Charl	12	BAY-SE	3:44.68

Heat 3 of 4 Finals

3	Miller, Bella N	12	BAY-SE	3:21.14
4	Ratliff, Bella G	12	ENSW-SE	3:20.75
5	Sestan, Ava Grac	11	SA-GA	3:17.27
6	Brown, Rachael C	11	SA-GA	3:15.25
7	Martin, Caroline	12	TNAQ-SE	3:16.71
8	Coppinger, Laker	11	BAY-SE	3:20.51
9	Lee, Bella S	11	CCAC-GA	3:20.98
10	Gilson, Natalie R	12	SA-GA	3:23.00

Heat 4 of 4 Finals

3	Benedict, Bekah	12	TNAQ-SE	3:10.78
4	Mason, Julia M	11	TNAQ-SE	3:03.31
5	Chadwell, Kelley	12	TNAQ-SE	2:53.81
6	Harris, Emily P	12	ENSW-SE	2:38.98
7	Boyd, Leah G	12	OSC-SE	2:41.36
8	Knight, Helen D	11	TNAQ-SE	2:55.88
9	Petty, Maggie A	12	ENSW-SE	3:05.99
10	Johnson, Katheri	12	BAY-SE	3:14.92

#4 Boys 11-12 200 LC Meter IM

Lane	Name	Age	Team	Seed Time
Heat 1 of 2 Finals				
4	Holmes, Jake C	11	BAY-SE	NT
5	Haberhern, Braxt	11	BAY-SE	4:08.85
6	Salsbury, Braden	11	TNAQ-SE	3:21.05
8	Smith, Jude T	11	BAY-SE	NT
Heat 2 of 2 Finals				
3	Chiles, Cole W	12	TNAQ-SE	3:09.78
4	Hughes, Matthew	11	ENSW-SE	2:58.47
5	Han, Charlie P	12	BAY-SE	2:56.55
6	Lee, Isaac B	11	MMST-SE	2:50.16
7	Serbin, Carson P	12	MTSC-SE	2:54.85
8	Miller, Carter J	11	ENSW-SE	2:57.61
9	Eastman, Owen I	12	BAY-SE	3:07.54
10	Gipson, Garet L	11	OSC-SE	3:20.20

#5 Girls 400 LC Meter IM

Name	Age	Team	Seed Time
1 Woodring, Payton	13	CCAC-GA	5:00.23
2 Smith, Addison F	15	BAY-SE	5:15.87
3 Gordon, Jewel A	15	BAY-SE	5:28.62
4 Woods, Dallas L	14	BAY-SE	5:30.12
5 Ivey, Emily A	14	TNAQ-SE	5:30.39
6 Pass, Rebekah L	15	TNAQ-SE	5:40.42
7 Dailey, Taryn L	16	BAY-SE	5:43.70
8 Waldrep, Ellie G	14	BAY-SE	5:53.67
9 Van der Wall, Na	13	SA-GA	5:57.16
10 Conley, Josephin	15	CCAC-GA	6:00.23
11 Arps, Kassie G	12	SA-GA	6:20.78
12 McNamara, Ham	12	SA-GA	6:21.44
13 Hughes, Brooke I	14	ENSW-SE	NT
14 Boyd, Leah G	12	OSC-SE	NT

15	Allitt, Cassidy L	13	TNAQ-SE	NT
16	Leonard, Olivia I	13	TNAQ-SE	NT

#6 Boys 400 LC Meter IM

Name	Age	Team	Seed Time
1 Horne, Thomas F	15	TNAQ-SE	4:51.73
2 Valdez, Ross E	15	CCAC-GA	4:57.86
3 Shaheen, Jonatha	16	CCAC-GA	4:59.98
4 Hollowell, John I	14	BAY-SE	5:11.55
5 Bethel, Henry	14	CCAC-GA	5:12.23
6 Chenard, Oscar C	15	CCAC-GA	5:15.23
7 Unhuryan, Danie	15	BAY-SE	5:20.72
8 Tippett, Will W	15	BAY-SE	5:24.83
9 Petty, Evan J	14	ENSW-SE	5:25.48
10 Althoff, Noah D	14	BAY-SE	5:29.48
11 Kohinata, Kenya	14	TNAQ-SE	5:31.46
12 Mason, Jake M	13	TNAQ-SE	5:46.28
13 Sims, Aidan R	14	BAY-SE	5:47.29
14 Post, Chase W	14	BAY-SE	5:48.10
15 Zitzman, Timmy	14	TNAQ-SE	6:34.46
16 Snyder, Daniel P	14	BAY-SE	6:36.64
17 Kim, Brandon D	11	SA-GA	NT
18 McCall, Rob R	14	ENSW-SE	NT
19 Smith, Jack W	13	BAY-SE	NT
20 Shaw, Aidan G	13	BAY-SE	NT

#7 Girls 12 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time
1 Boyd, Leah G	12	OSC-SE	5:12.80
2 Mason, Julia M	11	TNAQ-SE	5:31.33
3 Knight, Helen D	11	TNAQ-SE	5:41.55
4 Chadwell, Kelley	12	TNAQ-SE	5:42.39
5 Benedict, Bekah	12	TNAQ-SE	5:45.78
6 Johnson, Katheri	12	BAY-SE	5:50.24
7 Mashburn, Casey	12	CCAC-GA	5:59.50
8 Sestan, Ava Grac	11	SA-GA	6:03.59
9 Ratliff, Bella G	12	ENSW-SE	6:09.64
10 Lee, Bella S	11	CCAC-GA	6:10.28
11 Feldblum, Zoe I	12	TNAQ-SE	6:12.10
12 Martin, Caroline	12	TNAQ-SE	6:15.78
13 Linkous, Julia A	11	TNAQ-SE	6:20.93
14 Coppinger, Laker	11	BAY-SE	6:23.54
15 Saylors, Gracison	9	CCAC-GA	6:26.95
16 Mashburn, Kelly	12	CCAC-GA	6:27.28
17 Urban, Danielle I	12	SA-GA	6:36.16
18 Wagner, London	10	CCAC-GA	6:45.45
19 Murphree, Charl	12	BAY-SE	6:56.76
20 Farner, Kenz B	12	OSC-SE	7:20.70
21 Rios, Rebecca A	10	CCAC-GA	NT
22 Atre, Aarohi T	12	SA-GA	NT
23 Marroquin, Evan	10	SA-GA	NT
24 Davis, Jessica K	11	SA-GA	NT
25 Brown, Rachael C	11	SA-GA	NT
26 Lauria, Madison	10	SA-GA	NT
27 Zafft, Prielle J	10	SA-GA	NT
28 Bone, Simmons I	10	ENSW-SE	NT
29 Schenck, Carolin	12	BAY-SE	NT
30 Skiles, Reese D	12	BAY-SE	NT
31 Vetzal, Vivian	10	BAY-SE	NT
32 Lydon, Ellie R	10	BAY-SE	NT
33 Laramore, Hann	10	BAY-SE	NT
34 Miller, Bella N	12	BAY-SE	NT

2017SE Arena Long Course Invitational - 4/28/2017 to 4/30/2017

Meet Program - Friday PM

#7 ... (Girls 12 & Under 400 LC Meter Freestyle)

35	Thornbury, Allie	12	BAY-SE	NT
36	Boyd, Anna C	8	OSC-SE	NT

#8 Boys 12 & Under 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Lee, Isaac B	11	MMST-SE	5:12.43
2	Han, Charlie P	12	BAY-SE	5:17.54
3	Hughes, Matthew	11	ENSW-SE	5:28.57
4	Gorey, Michael J	10	ENSW-SE	5:46.62
5	Miller, Carter J	11	ENSW-SE	5:49.05
6	Chiles, Cole W	12	TNAQ-SE	5:51.28
7	Eastman, Owen I	12	BAY-SE	6:12.97
8	Salsbury, Braden	11	TNAQ-SE	6:20.04
9	Anders, Jacob R	10	SA-GA	6:33.06
10	Chenard, Luc	10	CCAC-GA	6:36.80
11	Linkous, Elijah I	10	TNAQ-SE	6:37.73
12	Chadwell, Tomm	10	TNAQ-SE	6:42.85
13	Gipson, Garet L	11	OSC-SE	6:53.44
14	Waldrep, Luke R	10	BAY-SE	6:54.83
15	Benedict, Williar	9	TNAQ-SE	7:01.10
16	Haberhern, Braxt	11	BAY-SE	8:03.40
17	Oliver, Race D	11	SA-GA	NT
18	Skidmore III, Wi	12	SA-GA	NT
19	Sabou, David T	9	BAY-SE	NT

#9 Girls 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Smith, Addison I	15	BAY-SE	4:32.74
2	Chelsvig, Kallie	15	ENSW-SE	4:35.26
3	Woodring, Payto	13	CCAC-GA	4:45.58
4	Gordon, Jewel A	15	BAY-SE	4:48.01
5	Wilson, Avery G	15	BAY-SE	4:50.74
6	Mitchum, Jamee	16	BAY-SE	4:51.10
7	Barclay, Allison I	16	TNAQ-SE	4:51.71
8	Massey, Elizabeth	17	ENSW-SE	4:54.60
9	Dailey, Taryn L	16	BAY-SE	4:55.63
10	Linkous, Madeli	13	TNAQ-SE	4:57.35
11	Woods, Dallas L	14	BAY-SE	5:00.42
12	O'Heron, Emma	16	ENSW-SE	5:02.02
13	McClung, Claire	14	ENSW-SE	5:02.64
14	Burroughs, Julia	13	TNAQ-SE	5:04.38
15	Salsbury, Kate E	14	TNAQ-SE	5:05.52
16	Rackel, Audrey I	15	BAY-SE	5:05.70
17	Craighead, Kelse	16	TNAQ-SE	5:06.26
18	Pilkinton, Opheli	16	ENSW-SE	5:09.10
19	Davis, Sarah C	13	SA-GA	5:10.41
20	Porter, Cecilia M	15	BAY-SE	5:11.47
21	Hudson, Reese A	13	TNAQ-SE	5:17.86
22	Van der Wall, Na	13	SA-GA	5:18.43
23	Chiles, Corinne I	15	TNAQ-SE	5:18.54
24	Waldrep, Ellie G	14	BAY-SE	5:23.67
25	McNamara, Ham	12	SA-GA	5:25.36
26	Burks, Cordelia J	14	MTSC-SE	5:25.60
27	Anders, Maggie I	13	SA-GA	5:26.11
28	Knight, Mary M	14	TNAQ-SE	5:28.19
29	Dierig, Heidi S	14	BAY-SE	5:33.98
30	Conley, Josephin	15	CCAC-GA	5:44.18
31	Lee, Miah G	14	CCAC-GA	5:45.23
32	Chadwell, Mandi	14	TNAQ-SE	5:45.30
33	Wright, Bridgitte	14	MTSC-SE	5:46.88

34	Wills, Amelia R	14	BAY-SE	5:47.09
35	Bohannon, Lydia	14	BAY-SE	5:57.72
36	Benedict, Alyssa	13	TNAQ-SE	6:00.78
37	Lehman, Bella R	13	BAY-SE	6:03.94
38	Hudson, Margare	13	BAY-SE	6:29.08
39	Oliver, Raine E	13	SA-GA	6:45.64
40	DeWolfe, Madeli	13	MMST-SE	NT
41	Flatt, Amanda B	18	SA-GA	NT
42	Brown, Camille	13	SA-GA	NT
43	Cash, Olivia C	13	SA-GA	NT
44	Scourlas, Peyton	13	SA-GA	NT
45	Smith, Courtney	14	SA-GA	NT
46	Ammon, Vaughn	16	ENSW-SE	NT
47	Speraw, Brithny I	13	BAY-SE	NT

#10 Boys 400 LC Meter Freestyle

Name	Age	Team	Seed Time	
1	Althoff, Zach T	17	BAY-SE	4:15.75
2	Valdez, Ross E	15	CCAC-GA	4:16.44
3	Shaheen, Jonatha	16	CCAC-GA	4:27.12
4	Kirby, Jack S	16	BAY-SE	4:30.73
5	Hollowell, John I	14	BAY-SE	4:35.45
6	McIntire, Kas K	16	ENSW-SE	4:37.83
7	Brando, Nick L	15	BAY-SE	4:37.85
8	France, Patrick R	14	ENSW-SE	4:37.94
9	Varnell, Chapman	16	BAY-SE	4:43.46
10	Tippett, Will W	15	BAY-SE	4:45.66
11	Ceausu, Eddie R	16	TNAQ-SE	4:47.01
12	Sims, Aidan R	14	BAY-SE	4:52.69
13	Collins, Devon R	17	TNAQ-SE	4:52.70
14	McCrorry, Ryan J	14	TNAQ-SE	4:53.87
15	Unhuryan, Danie	15	BAY-SE	4:54.51
16	McIntire, Christi	14	ENSW-SE	4:55.28
17	Bailey, Weston W	17	ENSW-SE	4:57.93
18	Lydon, Trey M	15	BAY-SE	4:59.33
19	Oliver, Blaize T	16	SA-GA	5:01.00
20	Hondorf, Vidar M	14	TNAQ-SE	5:01.16
21	Althoff, Noah D	14	BAY-SE	5:01.58
22	Snyder, Daniel P	14	BAY-SE	5:06.83
23	Barclay, Ryan M	14	TNAQ-SE	5:08.44
24	Smith, Max H	15	BAY-SE	5:10.99
25	Post, Chase W	14	BAY-SE	5:12.54
26	Johnson, Dylan F	14	TNAQ-SE	5:12.86
27	Wisniewski, Nat	13	ENSW-SE	5:17.07
28	Chenard, Oscar C	15	CCAC-GA	5:17.17
29	Arnwine, Pep L	13	TNAQ-SE	5:17.72
30	Boyle, Josiah R	16	TNAQ-SE	5:19.99
31	Bethel, Henry	14	CCAC-GA	5:22.42
32	Smith, Jack W	13	BAY-SE	5:29.01
33	Bardoner, Tian A	15	BAY-SE	5:32.91
34	Shaw, Aidan G	13	BAY-SE	5:37.72
35	Barsch, Martin	13	CCAC-GA	NT
36	Grailer, Travis J	15	SA-GA	NT

CHLORINE BELONGS IN THE POOL NOT IN YOUR HAIR.



With UltraSwim[®], all that's left is the shine.

Chlorine wreaks havoc on hair, making hair dry, brittle and unmanageable.



• Chlorine bonds to hair, building up over time



• UltraSwim[®] has a unique formula that attacks chlorine build-up



• UltraSwim[®] actively releases chlorine molecules from hair

Unlike ordinary shampoos, UltraSwim[®] washes chlorine away.



221 Market Street Chattanooga TN

"A Southern Soul
Food Revival"