



## SOUTHEASTERN SWIMMING CHAMPIONSHIPS

### LONG COURSE METERS

JULY 19-22, 2018

ALLAN JONES AQUATIC CENTER & STUDENT AQUATIC CENTER

UNIVERSITY OF TENNESSEE

(KNOXVILLE, TN)

SES SANCTION NO: 18SETNAQ7-19

TIME TRIAL NO: 18SETNAQ7-19TT

**HOST CLUB:** Tennessee Aquatics  
**DATES OF MEET:** July 19-22, 2018  
**ENTRY DEADLINE:** OME will close Tuesday July 10, 2018 at 11:59pm CST

**LEAD MEET REFEREE:** Clay Minatra [clayminatra@gmail.com](mailto:clayminatra@gmail.com)  
**12&U MEET REFEREE:** Gwen McKenzie [mckenzie5@comcast.net](mailto:mckenzie5@comcast.net)  
**LEAD ADMIN REFEREE:** Steve Kyle [johnkyle448@comcast.net](mailto:johnkyle448@comcast.net)  
**12&U ADMIN REFEREE:** Walter Smalley [wsmalleyses@hotmail.com](mailto:wsmalleyses@hotmail.com)  
**TEAM LEAD CHIEF JUDGE:** Tom Schumann [tomschumann@aol.com](mailto:tomschumann@aol.com)  
**MEET DIRECTOR:** Jackie Bertucci [meetentries@tnaquatics.com](mailto:meetentries@tnaquatics.com)  
**ENTRY CHAIR:** Jackie Bertucci [meetentries@tnaquatics.com](mailto:meetentries@tnaquatics.com)

#### FACILITIES:

Allan Jones Intercollegiate Aquatic Center (13&Over Prelims and ALL evening Finals) and Student Aquatic Center (12&Under Prelims and 10&Under Timed Finals). Address for Allan Jones Intercollegiate Aquatic Center is 2200 Andy Holt Avenue Knoxville, TN 37996. Student Aquatic Center is directly across street from Allan Jones.

**Allan Jones Intercollegiate Aquatic Center:** An eight-lane 50-meter by 25-yard competition pool with slanted starting blocks (28 inches above the water surface). Pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. Seating is available for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

**UT Student Aquatic Center:** Two-50 meter, eight lane racing courses with standard starting blocks, one indoor and one outdoor course. Racing lanes are formed by wave quell, anti-shock lane markers. Pool depth at the starting ends is a minimum of 4 feet. Warm-up/warm-down pool located adjacent to the indoor racing course. Locker rooms and swimmer waiting areas are adjacent to the pools, bleacher seating is available for spectators, poolside and in the balcony overlooking the indoor pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

#### ELIGIBILITY:

Age groups are: 10&U, 11-12, 13-14, and Senior. Age on the first day of the meet determines the age group for the entire meet. All swimmers shall be registered with Southeastern Swimming through United States Swimming, Inc. There will be NO on-deck USA Swimming Registration available at the meet. A Southeastern-affiliated swimmer may compete as a member of a relay team whether or not they qualify for any individual events.

#### QUALIFYING TIMES:

The 2017-2018 Southeastern Age Group Short Course Yards and Long Course Meters Time Standards will be used as qualifying times for all individual events. There will be no time standards for relays. **Qualifying times must have been achieved between the period of September 1, 2016 and the entry deadline.** Faster times achieved following the deadline will not be accepted in place of times already entered.

### **BONUS SWIMS:**

Bonus entries are permitted if a swimmer has at least one allowable 2017-2018 Southeastern Swimming Qualifying Time. A swimmer with one qualifying time may swim up to two (2) bonus swims in which the swimmer has achieved the 2017-2018 Bonus Standard; two qualifying times, two (2) bonus swims; three qualifying times, two (2) bonus swims, etc.. Please note the following exceptions to rules regarding Bonus Swims:

- 1) No Bonus Swims will be allowed in events 400 meters and longer
- 2) The 13-14 Age Group and Open Age Group 50 meter Freestyle, 50 meter Backstroke, 50 meter Breaststroke, and 50 meter Butterfly events shall have no Bonus Standard and are open as Bonus events regardless of time provided a swimmer has not exceeded the maximum number of entries or Bonus Swims.

### **TIME TRIALS:**

Time Trials may be held at the conclusion of any preliminary or final session at a coach's or swimmer's request, and the Meet Referee's concurrence (time permitting). Time Trials will not be allowed if a swimmer has already swum three individual events on that day. Fees: \$10.00 per individual event; \$10.00 per relay.

### **WARMUP AND COMPETITION TIMES:**

Thursday Timed Finals – 3:30-4:45PM / Competition 5:00PM

13&Over Prelims (Friday, Saturday, Sunday) – Warmup 7:15-8:45AM / Competition 9:00AM

11-12 Prelims and 10&U Timed Finals (Friday, Saturday, Sunday) – Warmup 7:15-8:45AM / Competition 9:00AM

11&Over Finals (Friday, Saturday, Sunday) - Warmup 3:45-4:45PM / Competition 5:00PM

## **ENTRY INFORMATION & MEET FORMAT**

### **TEAM ENTRY:**

All entries must be completed through the USA Swimming OME system. This shall be the only accepted way to enter this meet. OME will be open for entries beginning Monday June 11, 2018, and close at 11:59pm CST on Tuesday July 10, 2018. ***NOTE: Please wait until your athletes have exhausted all of their chances to qualify or improve seed times to finalize your entry and check out.*** The OME system does not allow for swimmers to change or delete a bonus swim once you check out of OME.

### **ENTRY LIMITS:**

A swimmer may enter and swim **three (3)** individual events per day and no more than **six (6)** individual events in the meet. Once the Psych sheet is posted, a swimmer entered in the maximum number of events may not scratch one event to enter another event, except in cases involving a mistaken entry in the wrong age group that may be corrected by the Meet Referee. Time Trial events count as one of the three events allowed on a given day, but do not count as one of the six individual events in the meet. Relay times should be listed for each entered relay (please use aggregate method of relay entry within OME). All potential relay participants must be entered in the meet by Friday July 20, 2018 at 9:00 AM.

### **LATE ENTRIES:**

Late entries are for first time qualifiers who achieved the qualifying times after the entry deadline or are updating bonus times to qualifying times. ***This is not a procedure to update times for seeding purposes only.*** You may submit an updated time for a swim that upgrades a swim from a bonus cut to a regular standard cut; this may allow for an additional bonus entry. Late entries will be accepted until 6:00pm CST Monday July 16, 2018 for individuals qualifying between July 11 and July 15 (please send an e-mail to Meet Director Jackie Bertucci at [meetentries@tnaquatics.com](mailto:meetentries@tnaquatics.com) to add new cuts made during this time period or upgrading from Bonus to Qualifying Time).

### **ENTRY FEES:**

Individual Events: \$6.00 per event

Relay Events: \$12.00 per relay

SES Surcharge: \$3.00 per athlete

Facility Surcharge: \$15.00 per athlete (includes downloadable heat sheet)

All entry fees will be paid at the meet upon checking in or may be mailed to the following address (Make checks payable to Tennessee Aquatics):

Tennessee Aquatics

1400 Dowell Springs Blvd., Suite 100

Knoxville, TN 37909

## **MEET FORMAT:**

All 10&U events will be Timed Finals swum slowest to fastest. All 11&Over individual events will be Prelims/Finals, except for all 800 and 1500 meter Freestyles and the 11&12 400 Free (which will be swum in its entirety in the Saturday AM session). The 800 Free, 1500 Free, and 11-12 400 Free events will swim fastest to slowest alternating Girls/Boys. The fastest heat of the women's 800 meter Freestyle and men's 1500 meter Freestyle will swim during the Finals session on Sunday night; earlier heats will swim in the morning after the conclusion of the preliminaries. Swimmers entered in the women's 800 meter Freestyle and men's 1500 meter Freestyle may designate their preference to swim the event in the AM session. The top eight swimmers who state no preference shall be seeded and swim in the evening finals at the beginning of the finals session. Please note that the 800 and 1500 Freestyle events will be swum as 13&Over and separated for scoring into 13-14 and Senior.

All events will be swum in an eight lane course. 11-12 and 13-14 events will each have one final heat at night (the top 8 finishers from prelims). Senior events will swim final and consolation final heats (top 16 prelims finishers). All events 400 meters and longer will be deck-seeded with positive check-in by 8:30 AM. Meet management reserves the right to run chase starts during preliminaries if needed to improve timeline.

The 13-14 and Open Age Group 400 meter IM and 400 meter Freestyle events will be swum in the following manner during prelims: The fastest 2 heats will be circle seeded and swum fast to slow alternating Girls/Boys with any remaining heats coming after the second circle seeded heat, swum fast to slow and also alternating Girls/Boys. We will complete all 13-14 heats before beginning the Senior events. (NOTE: This is not an A Flight/B Flight setup).

Relays will be deck seeded Timed Finals. Teams are limited to two relay entries in each relay event. Relay cards will be distributed in coaches' packets. 11&Over relay cards will constitute positive check-in and must be completely and properly filled out and submitted to Clerk of Course by 5:00PM on the day of the event in order for the relay team to swim. All 10&U Relays will swim at the end of their sessions on Friday and Saturday; these relay cards must be submitted at 8:30am on their respective days. All 11& Over Relays will swim during the finals sessions on Friday and Saturday. 11&Over Relays will swim in the following flighted format during Finals:

A Flight - Fastest heat (top 8) of 11-12 and 13-14, Fastest two heats (top 16) of Senior

B Flight – All remaining heats of Relays

Relay Entry Note: The OME system defaults your relay entry time to your team's all time fastest relay time and does not allow for a simple made up entry time. ***Coaches should use the aggregate relay builder to enter more accurate relay entry times (make sure events selected are LCM)***

## **RULES AND PROCEDURES**

The meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming, and is a closed Championship competition for only those swimmers registered with Southeastern LSC Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information. All coaches are required to sign in with the Clerk of Course and to show their coaching credentials. All Officials will wear their credentials on deck.

### **RULES:**

In the interest of safety, coaches, officials and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe manner. Only coaches, swimmers, officials, and volunteers will be allowed on deck. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. No team, parent, or press photographers will be permitted on deck unless they have been issued a credential by the Meet Director. Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups, locker rooms, restrooms, or any other dressing area. Acceptable areas include the side courses of the pools, team gathering areas, concession areas, and the turn-end of the competition pool when not in use as a "start end." Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session. Drones are prohibited over venues any time athletes, coaches, officials and/or spectators are present.

**DECK SEEDED EVENTS AND SCRATCH PROCEDURES:**

Swimmers must do Positive Check-In with the Clerk of Course for all deck-seeded individual events and relays. Positive Check-In deadlines are as follows:

DAY	EVENT	DEADLINE
Thursday	13&O 800/1500 Free	4:00pm
	11-12 800 Free	5:00pm
Friday	13&O 400 IM	8:30am
	10&U Free Relay	8:30am
Saturday	11-12, 13-14, Open Free Relay	4:30pm
	13&O 400 Free	8:30am
	12&U 400 Free	8:30am
Sunday	11-12, 13-14, Open Medley Relay	4:30pm
	13&O 800/1500 Free	8:30am
	10&U Medley Relay	8:30am

Swimmers or relays who do not check-in with the Clerk of Course by the deadline will be seeded with a NT, but will be able to compete. Only the swimmer or his/her coach may check-in or scratch a swimmer. If swimming an event, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer’s name. If scratching the event, the swimmer or coach shall draw a line through the swimmer’s name and place their initials next to the swimmer’s name.

**SCRATCH RULES FOR PRELIM/FINALS EVENTS:**

Swimmers qualifying for finals or consolation finals must notify the Clerk of Course within 30 minutes of the announcement of the qualifiers for that final that they may not intend to compete. They must further declare their final intention to scratch within 30 minutes of the posting of the last preliminary event of the session or they will be seeded into the event. **Scratches must be given to the Clerk of Course.** Any swimmer failing to properly scratch and failing to compete in the consolation finals and finals shall be barred from the remainder of the meet unless relieved for good cause by the Referee. The penalty for failing to properly scratch and failing to compete in a Sunday evening consolation final or final event is a \$25 fine.

**SCORING:**

Individual Events 1-8 (all age groups):	20-17-16-15-14-13-12-11
Consolation Finals 9-16 (open age group only):	9-7-6-5-4-3-2-1
Relay Events 1-8 (all age groups):	40-34-32-30-28-26-24-22
Relay Events 9-16 (open age group only):	18-14-12-10-8-6-4-2

**AWARDS:**

Awards will be provided by Southeastern Swimming.

- Medals will be given for 1st-8th place for individual events and 1st-4th for relays.
- Pennant will be awarded for the top scoring team in combined category.
- “Best All Around” trophy will be awarded to top scoring individual for each age group for both girls and boys.
- “Outstanding Performance Award” shall be given to one female athlete and one male athlete based on the single highest scoring swim using Hy-Tek’s Single Age Power Point System.
- Plaque will be awarded to age group team champions of each gender based on total individual points and the single highest-ranking relay.
- All individual and relay event medals may be picked up at the awards table after each final is swum. All awards not picked up at the end of the Final Session on Sunday will be brought to the Fall LSC Meetings to be handed out. Awards will not be mailed.

**MEETINGS:**

- Coaches’ meeting will be at 8:45AM, Friday July 20, 2018.
- Officials will meet 45 minutes before each session for deck assignments.
- Timers will meet on the deck 30 minutes before each session.

**OFFICIALS:**

This meet has been designated an Officials Qualifying Meet (OQM) for National Certification. Those requesting N2/N3 evaluations need to complete the USAS application and forward to the Meet Referee. No official will be permitted to work during a session unless they have filled out an "Application to Officiate" form (found on the SES web site under 'Members' / 'Officials", and been accepted by the Meet Referee. The Southeastern Swimming Officials Committee will assign officials, with the concurrence of the Tech Planning Chair and the Host Meet Director. All officials are welcome to attend clinics, even if they are not working the session. Administrative Referee/Administrative Official and Starter Clinics will be given in the Hospitality Room, before the preliminary sessions as follows:

- 1) Starter Clinic: Saturday at 7:30 AM.
- 2) Administrative Referee/Administrative Official Clinic: Sunday at 7:30 AM.

**CONCESSIONS & SWIM SHOP:**

Swim and Tri will be on site. Concessions will also be available for sale in the Student Aquatic Center during prelims, and UT concessions will be available in the Allan Jones lobby during full competition.

**\*PARKING ON University Campus for Summer Session:**

Parking will be located at the parking garage across the street from our facilities. **Parking will be \$5.00 each entry into garage.** You may also meter park on Volunteer Blvd. at available meters. If you choose to not park at the designated areas, you are parking at your own risk and could be subjected to being towed and ticketed.

**MEET EVALUATION:**

You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

Phil Kraus  
 P.O. Box 30318  
 Pensacola, FL 32504  
 ses.general.chair@gmail.com

**SOUTHEASTERN SWIMMING LC CHAMPIONSHIPS**

THURSDAY JULY 19, 2018

**TIMED FINALS**

**WARM-UP: 3:30pm**

**COMPETITION: 5:00pm**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
1	No Bonus	19:53.19	13-14 1500 FREE*			
			13-14 800 FREE*	9:59.59	No Bonus	2
3	No Bonus	18:53.29	OPEN 1500 FREE*			
			OPEN 800 FREE*	9:10.99	No Bonus	4
5	No Bonus	400 QT	11-12 800 FREE**	400 QT	No Bonus	6

\*1500/800 Free will be swum combined 13&Over scored separately 13-14 and Open. Event will be conducted as Timed Finals, Fast to Slow Alternating Girls/Boys; positive check-in by 4:00PM

\*\* 11-12 800 Free will be conducted as Timed Finals, Fast to Slow Alternating Girls/Boys; positive check-in by 5:00pm

**SOUTHEASTERN SWIMMING LC CHAMPIONSHIPS**

FRIDAY JULY 20, 2018

13 & OVER PRELIMINARY SESSION

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
7	<i>Any Time</i>	100 QT	13-14 50 FLY	100 QT	<i>Any Time</i>	8
9	<i>Any Time</i>	100 QT	*OPEN 50 FLY*	100 QT	<i>Any Time</i>	10
11	2:22.09	2:19.29	13-14 200 FREE	2:14.89	2:17.59	12
13	2:18.69	2:15.89	OPEN 200 FREE	2:03.39	2:05.89	14
15	1:26.79	1:25.09	13-14 100 BREAST	1:22.19	1:23.89	16
17	1:26.79	1:25.09	OPEN 100 BREAST	1:17.59	1:19.19	18
19	1:15.39	1:13.89	13-14 100 BACK	1:12.09	1:13.59	20
21	1:13.99	1:12.49	OPEN 100 BACK	1:07.79	1:09.19	22
23	No Bonus	5:38.59	**13-14 400 IM**	5:28.09	No Bonus	24
25	No Bonus	5:30.99	**OPEN 400 IM**	5:00.79	No Bonus	26

\* Bonus Entries into the Open 50 Butterfly will be restricted to 15&Over athletes

\*\*Deck-seeded Preliminaries; positive check-in by 8:30AM; Fast to Slow Alternating Girls/Boys

11-12 PRELIMINARIES & 10&UNDER TIMED FINALS SESSION

**WARM-UP: 7:15-8:45am**

**COMPETITION: 9:00am**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
31	3:02.29	2:58.69	10&U 200 FREE	3:01.69	3:05.39	32
33	2:35.59	2:32.49	11-12 200 FREE	2:37.39	2:40.59	34
35	45.69	44.79	10&U 50 BACK	46.59	47.59	36
37	38.89	38.09	11-12 50 BACK	40.49	41.39	38
39	1:54.39	1:52.09	10&U 100 BREAST	1:57.99	2:00.39	40
41	1:38.89	1:36.89	11-12 100 BREAST	1:40.89	1:42.99	42
43	N/A	N/A	*10&U 200 FREE RELAY*	N/A	N/A	44

\*Relay cards due by 8:30 AM.

11&OVER FINALS SESSION

**WARM-UP: 3:45-4:45PM**

**COMPETITION: 5:00PM**

Events from Prelims Starting with 13-14 50 Fly, Open 50 Fly, 11-12 200 Free, 13-14 200 Free.....

45	N/A	N/A	*11-12 200 FREE RELAY*	N/A	N/A	46
27	N/A	N/A	*13-14 400 FREE RELAY*	N/A	N/A	28
29	N/A	N/A	*OPEN 400 FREE RELAY*	N/A	N/A	30

\*Relay cards due by 4:30 PM.

**SOUTHEASTERN SWIMMING LC CHAMPIONSHIPS**

SATURDAY JULY 21, 2018

13 & OVER PRELIMINARY SESSION

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
47	<i>Any Time</i>	100 QT	13-14 50 BACK	100 QT	<i>Any Time</i>	48
49	<i>Any Time</i>	100 QT	*OPEN 50 BACK*	100 QT	<i>Any Time</i>	50
51	2:53.59	2:50.19	13-14 200 FLY	2:44.99	2:48.29	52
53	2:50.79	2:47.39	OPEN 200 FLY	2:24.19	2:27.09	54
55	<i>Any Time</i>	29.69	13-14 50 FREE	28.49	<i>Any Time</i>	56
57	<i>Any Time</i>	29.29	*OPEN 50 FREE*	26.59	<i>Any Time</i>	58
59	3:09.39	3:05.59	13-14 200 BREAST	3:01.19	3:04.89	60
61	3:08.99	3:05.29	OPEN 200 BREAST	2:50.79	2:54.29	62
63	<i>No Bonus</i>	4:52.99	13-14 400 FREE**	4:46.99	<i>No Bonus</i>	64
65	<i>No Bonus</i>	4:46.49	OPEN 400 FREE**	4:21.79	<i>No Bonus</i>	66

\* Bonus Entries into the Open 50 Backstroke and 50 Freestyle will be restricted to 15&Over athletes

\*\*Deck-seeded Preliminaries; positive check-in by 8:30AM; Fast to Slow Alternating Girls/Boys

11-12 PRELIMINARIES & 10&UNDER TIMED FINALS SESSION

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
71	1:48.69	1:46.49	10&U 100 FLY	1:50.79	1:53.09	72
73	1:25.09	1:23.39	11-12 100 FLY	1:28.09	1:29.89	74
75	38.29	37.49	10&U 50 FREE	37.89	38.69	76
77	32.59	31.89	11-12 50 FREE	33.29	33.99	78
79	52.79	51.69	10&U 50 BREAST	54.29	55.39	80
81	44.79	43.89	11-12 50 BREAST	46.59	47.59	82
83	<i>No Bonus</i>	6:08.59	**10&U 400 FREE**	6:35.49	<i>No Bonus</i>	84
85	<i>No Bonus</i>	5:17.19	***11-12 400 FREE***	5:27.49	<i>No Bonus</i>	86
87	N/A	N/A	*10&U 200 MEDLEY RELAY*	N/A	N/A	88

\*Relay cards due by 8:30 AM.

\*\*10&U 400 Free will be swum Timed Finals / Fast to Slow Alternating Girls/Boys; positive check-in by 8:30AM

\*\*\*11-12 400 Free will be swum Timed Finals / Fast to Slow Alternating Girls/Boys; positive check-in by 8:30AM

11&OVER FINALS SESSION

**WARM-UP: 3:45-4:45PM**

**COMPETITION: 5:00PM**

Events From Prelims Starting with 13-14 50 Back, Open 50 Back, 11-12 100 Fly, 13-14 200 Fly.....

89	N/A	N/A	*11-12 200 MEDLEY RELAY*	N/A	N/A	90
67	N/A	N/A	*13-14 400 MEDLEY RELAY*	N/A	N/A	68
69	N/A	N/A	*OPEN 400 MEDLEY RELAY*	N/A	N/A	70

\*Relay cards due by 4:30 PM.

**SOUTHEASTERN SWIMMING LC CHAMPIONSHIPS**

SUNDAY JULY 22, 2018

13 & OVER PRELIMINARY SESSION

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
95	<i>Any Time</i>	100 QT	13-14 50 BREAST	100 QT	<i>Any Time</i>	96
97	<i>Any Time</i>	100 QT	*OPEN 50 BREAST*	100 QT	<i>Any Time</i>	98
99	2:42.69	2:39.49	13-14 200 BACK	2:35.69	2:38.89	100
101	2:42.49	2:39.29	OPEN 200 BACK	2:25.49	2:28.49	102
103	1:05.89	1:04.59	13-14 100 FREE	1:02.09	1:03.39	104
105	1:04.59	1:03.29	OPEN 100 FREE	57.09	58.29	106
107	2:41.59	2:38.39	13-14 200 IM	2:34.99	2:38.09	108
109	2:39.09	2:35.89	OPEN 200 IM	2:22.79	2:25.69	110
111	1:12.79	1:11.29	13-14 100 FLY	1:09.69	1:11.09	112
113	1:11.49	1:10.09	OPEN 100 FLY	1:02.99	1:04.29	114
			----10 minute break----			
91	<i>No Bonus</i>	10:07.79	**13-14 800 FREE**			
			**13-14 1500 FREE**	18:51.19	<i>No Bonus</i>	92
93	<i>No Bonus</i>	9:57.49	**OPEN 800 FREE**			
			**OPEN 1500 FREE**	17:52.29	<i>No Bonus</i>	94

\* Bonus Entries into the Open 50 Breaststroke will be restricted to 15&Over athletes

\*\*800/1500 Free will be swum combined 13&Over scored separately 13-14 and Open. Fastest heat of 800 Free and fastest heat of 1500 Free will be swum at the beginning of Finals. Swimmers may declare their intention of a morning swim at check-in. Event will be conducted as Timed Finals, Fast to Slow Alternating Girls/Boys; check-in by 8:30AM

11-12 PRELIMINARIES & 10&UNDER TIMED FINALS SESSION

**WARM-UP: 7:15-8:45AM**

**COMPETITION: 9:00AM**

GIRLS	BONUS	STANDARD	EVENT	STANDARD	BONUS	BOYS
115	3:21.69	3:17.69	10&U 200 IM	3:33.79	3:38.09	116
117	2:59.19	2:55.59	11-12 200 IM	3:02.19	3:05.89	118
119	1:24.89	1:23.19	10&U 100 FREE	1:25.29	1:26.99	120
121	1:12.59	1:11.09	11-12 100 FREE	1:13.49	1:14.99	122
123	1:37.69	1:35.69	10&U 100 BACK	1:40.99	1:43.09	124
125	1:23.39	1:21.59	11-12 100 BACK	1:26.89	1:28.69	126
127	45.19	44.29	10&U 50 FLY	46.19	47.19	128
129	36.09	35.39	11-12 50 FLY	37.59	38.39	130

\*Relay cards due by 8:30AM

11&OVER FINALS SESSION

**WARM-UP: 3:45-4:45PM**

**COMPETITION: 5:00PM**

Events From Prelims Starting with 13-14 50 Breast, Open 50 Breast, 11-12 200 IM, 13-14 200 Back.....



**SOUTHEASTERN LSC**  
**INFORMATION FORM FOR SWIMMERS WITH A DISABILITY**

This non-mandatory form is for accommodation purposes.

Name \_\_\_\_\_

Address \_\_\_\_\_

Team \_\_\_\_\_ USA Registration # \_\_\_\_\_

Age and Birth date: \_\_\_\_\_

Events to be swum: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Type of Disability

Blind \_\_\_\_ Cognitive/Intellectual \_\_\_\_\_ Deaf \_\_\_\_ Physical \_\_\_\_\_ Other \_\_\_\_\_

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

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The following person(s) will accompany the swimmer for any needed assistance:

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Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

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Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your meet experience.

Meet Director Email: [meetentries@tnaquatics.com](mailto:meetentries@tnaquatics.com)

Meet Referee Email: [clayminatra@gmail.com](mailto:clayminatra@gmail.com)

Disability Chair: Robin Heller [robin@seastarsaquatics.org](mailto:robin@seastarsaquatics.org)

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**SWIMMER ASSIGNMENT FORM**

**2018 LC Southeastern Championships**

Name of Swimmer (s) :

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name of swimmer's team : \_\_\_\_\_

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

\_\_\_\_\_  
Coach's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Coach's Team Name

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all the **swimmers** and **coaches** listed on the enclosed my team's entry are registered with USA Swimming Rules and Regulation:

501.7 -.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as 302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Tennessee Aquatics, University of Tennessee Rec Sports department, University of Tennessee Athletic Department, University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

<b>SIGNATURE OF COACH OR CLUB OFFICIAL:</b>	<b>CLUB:</b>
<b>TITLE:</b>	<b>DATE:</b>