



# NASHVILLE AQUATIC CLUB

## NIKE MUSIC CITY INVITATIONAL

DECEMBER 5-7, 2014

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

Held under the sanction of USA Swimming and Southeastern Swimming, Inc.

**Sanction Number: 14SENAC12-5**

**Sanction Number for Time Trial: 14SENAC12-5TT**

**HOST CLUB:** NASHVILLE AQUATIC CLUB

**LOCATION:** Tracy Caulkins Competition Pool Centennial Sportsplex 222 25TH Ave North, Nashville, TN 37203

**FACILITY:** Indoor 50 meter by 25 yard pool divided by two 4-foot wide bulkheads into two 25 yard pools. Competition pool 1 runs from 7 feet at starting end to 8 feet deep, Competition pool 2 runs from 12 feet at starting end to 8 ½ feet deep. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Separate warm down pool will be available. Wireless live results will be available at [www.swimnac.com](http://www.swimnac.com). **Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.**

**MEET SESSIONS: FRIDAY, SATURDAY AND SUNDAY  
December 5, 6, 7, 2014**

Preliminaries: Open Warm-Up 6:45-7:15am  
#1 Warm-up 7:15-8:00am  
#2 Warm-up 8:00-8:45am  
Competition 9:00am

Non-Qualifying session: Warm-up Immediately following AM session  
Competition One hour after start of warm-ups

Finals: Warm-up 4:15-5:15pm  
Competition 5:30pm

**NOTES:** Possibility that warm-up and competition start times will be made earlier for the finals session on Sunday. Warm-up start/end times and duration of warm-ups may be adjusted at the discretion of the Meet Director. Start times for Non-qualifying and Finals sessions are approximate. An approximate timeline will be posted when available. **For the Non-Qualifying Session, 8 & under swimmers should report to the BullPen prior to ONLY the 8&Under events. ALL swimmers, regardless of age, in any of the 10&Under events will NOT report to the BullPen.**

## AGE GROUPS:

- **Qualifying Sessions:** 10-U, 11-12, 13-14, and Senior.
- **Non-qualifying Sessions:** 8-U, 10-U, 11-12, 13-O.
- Age on the first day of competition determines age group for the entire meet.

**WARM-UPS:** SES Warm-up procedures and Meet Safety Guidelines will be in effect. The Meet Director will post warm-up lane assignments prior to the start of the meet. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

## INDIVIDUAL EVENTS:

- **Timed finals for all Non-Qualifying session events.**
- **Timed finals for 10-U in Qualifying sessions.**
- **Prelim/Finals for 11-12 through Senior age groups in Qualifying Sessions.**

**Qualifying Sessions:** Prelims will be swum in dual 8 lane courses. Finals will be swum in a single 8-lane course as follows: 11-12 age group – A Final, 13-14 age group – A & B Final, Senior age group – A, B & C Final

### *Exceptions:*

- 11-12 500 Free is a deck-seeded timed final event swum in the Preliminary session fastest to slowest, except for the fastest heat which will be swum in Finals.
- 13-14 and Senior 1650 Free are timed finals, swum in the Preliminary session fastest to slowest, except for the fastest heat which will be swum in Finals. Swimmers will indicate at positive check in if they are available to swim the 1650 during the preliminary session *only* by marking “AM ONLY” next to their initials.
- 13-14 400 IM and 500 Free will swim only an A Final.
- Senior 400 IM and 500 Free will swim only an A & B Final.

Sunday night finals will be conducted on a positive check-in basis. All swimmers, regardless of their standing after preliminary competition must go to the Clerk of Course to note their intentions to compete in finals in accordance with normal scratch time limits. Swimmers not positively checking in will not be considered for finals.

**SEEDING:** Events will be pre-seeded.

### *Exceptions:*

- **Qualifying Sessions Only:** 500 Free, 1650 Free, 400 IM and all relays will be deck seeded. Swum fastest to slowest. Swimmers must sign-in with Clerk of Course prior to the start of the Preliminary session on the day of the event. If a swimmer is not checked in with Clerk of Course, the swimmer is legally scratched from the event.
- Swimmers entered in the 1650 Free may indicate if they are available to swim only in the AM session by marking “AM” next to their initials at positive check in.

**FLIGHTED PRELIMINARIES – Qualifying Sessions Only:** Based on the number of entries, events 31 - 34 (400 IM) and 69 - 72 (500 Free) may be flighted at the discretion of the meet director.

**RELAYS:** Relays will be timed finals. Heats will be swum fastest to slowest in the Finals session, except 10-U relays, which will be swum at the end of the Preliminary session, and swum slowest to fastest. **Teams are limited to two relay entries in each relay event.** 10-U Relay cards must be submitted to Clerk of Course by the start of the Preliminary session on the day of the event. 11-12, 13-14 and Senior relay cards must be submitted to Clerk of Course by 5:15 p.m. the day of the event. Relay cards must have each swimmer's first and last names and must be presented in the order in which the swimmers are to swim in the relay.

**ELIGIBILITY:**

All swimmers must be registered with USA Swimming or the swimming federation of their representative country. No entries will be accepted without current USAS registration numbers (or their international equivalents).

**Qualifying Sessions** - The 2014 NIKE Music City Invitational Time Standards are the minimum qualifying times for individual events in the Qualifying Sessions. Swimmers must meet the minimum qualifying times for one or more of their individual events to be eligible to swim all events in the qualifying session, **with the exception of the 500 Free, 1650 Free, and 400 IM.**

**Swimmers in all age groups must meet the minimum qualifying times in the following events to be entered in that event: 500 Free, 1650 Free, 400 IM. There will be no time standard for relays.**

**Non-Qualifying Sessions** – All swimmers who do not meet the eligibility requirements for the Qualifying Sessions are eligible to swim in the Non-qualifying Sessions.

**ENTRIES:**

**Qualifying and Non-Qualifying Sessions** - All swimmers may enter and swim no more than three individual events per day and no more than seven individual events in the entire meet. **The Qualifying Sessions will be limited to 600 swimmers. The Non-Qualifying sessions will be limited to 250 swimmers.**

Teams are to submit entries to Zach Murray via email at [entry@swimnac.com](mailto:entry@swimnac.com). HYTEK event file, psych sheets, daily results and other meet information will be posted at [www.swimnac.com](http://www.swimnac.com) as it becomes available. **Entries from individual athletes will not be accepted. All entries must come from a coach associated with each club, and the use of a HyTek entry file is strongly encouraged.**

Teams with HYTEK MEET MANAGER may submit entries via e-mail to the Entry Chair. Results files will be posted on the NAC website after the conclusion of the meet. Manual entries must be legible and complete, including the first and last name of each swimmer, age, USAS registration number and the short course yard time for individual events. FEES:

**\$7.00 per swimmer per individual event**

**\$12.00 per relay**

**\$3.00 LSC Surcharge (SE Surcharge) per swimmer**

**\$5.00 Out of LSC Surcharge per swimmer**

**\$12.00 Facility Surcharge per swimmer**

**DEADLINE:** All entries and entry materials must be received by **Wednesday, November 19 at 6:00 p.m.** Hard copy, check, entry summary and release should be mailed for entry to be considered complete. Please waive need for signature on any express mail, Federal Express, UPS, etc.

**Make checks payable to:** Nashville Aquatic Club

**Checks can be mailed to:** KRISTAN SCHIEDEMEYER  
8251 DALEWOOD COURT  
BRENTWOOD, TN 37027

**Please direct questions to:** Meet Director  
Donna Hughes  
[MeetDirector@SwimNAC.com](mailto:MeetDirector@SwimNAC.com)

Entry Chairperson  
Zach Murray  
[Entry@SwimNAC.com](mailto:Entry@SwimNAC.com)

**HEAD COACH:** John Morse [jmorse@SwimNAC.com](mailto:jmorse@SwimNAC.com)

**MEET REFEREE:** Lee Patrick [MeetRef@SwimNAC.com](mailto:MeetRef@SwimNAC.com)

**ADMIN OFFICIAL:** Kristy Oldham [AdminOfficial@SwimNAC.com](mailto:AdminOfficial@SwimNAC.com)

We ask for your teams to help in supplying officials for the meet. Anyone in the process of achieving certification through on-deck training is welcome. Contact Lee Patrick [MeetRef@SwimNAC.com](mailto:MeetRef@SwimNAC.com) with questions or sessions that can be worked. Your help is greatly appreciated.

**LATE ENTRIES:** Late entries will be accepted for available lanes on a first-come, first-serve basis pending lane availability. No new heats will be formed. Coaches must submit entry cards for late entries at the meet.

**DISABLED SWIMMERS:** Check in with the Meet Director and submit attached Disabled Swimmer Form.

**TIME TRIALS:** Time trials may be held upon reasonable request at the discretion of the meet referee. Such swims will be held after the finals session each night and, time permitting, after the morning preliminaries each day. Fees for time trials shall be \$8.00 per individual event and \$16.00 per relay. Swimmers swimming prelim final events may not exceed a total of three individual events, including time trial events, per day. Swimmers swimming timed final events only may not exceed a total of five individual events, including time trial events, per day.

**SCRATCHES:** Swimmers qualifying for finals and consolation finals must notify the Clerk of Course within 30 minutes of the announcement of qualifiers for that event if they do not intend to compete.

Any swimmer qualifying for a final or consolation final race in an individual event who fails to compete in such final race shall be barred from swimming his or her next individual event of the competition, unless such failure to compete is excused by the meet referee for cause. This penalty shall apply to individual events only, and shall not apply to relay events.

**SCORING:**

The Qualifying Sessions will be scored as follows. The Non-qualifying Sessions will not be scored:

10-U and 11-12 Individual Events:	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
13-14 and Senior Individual Events: A Final Heat:	20-17-16-15-14-13-12-11
B Final Heat:	9-7-6-5-4-3-2-1
Relay Events:	40-34-32-30-28-26-24-22

**AWARDS:** Awards will be given for 1st – 8th place for Qualifying Session individual events and 1st – 3rd place for relays.

**MEETINGS:** If a coaches meeting is deemed necessary, the Meet Director will provide information regarding time and location at coaches’ check-in. Timers will meet 30 minutes prior to each session. Officials will meet 1 hour prior to every session for briefings.

**SPECIAL NOTES:** In accordance with Southeastern Swimming Guidelines, overhead starts, whistle starts, and the "no recall rule" will apply.

The Meet Director reserves the right to combine heats and/or events, limit any event, or run the non-qualifying session in two pools in order to facilitate the conduct of the meet and to run the meet within the time allocated. May also shift age groups in pools during the prelim/finals to conduct meet within the time allocated.

Swimmers signing in for a deck seeded event and not swimming will be scratched from their next event unless relieved by the Meet Referee for cause.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Coaches shall display, in an obvious location, their USAS membership cards to be allowed on deck at any SES sanctioned meet

**SAFETY:** Coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a safe and prudent manner. Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect.

**EVALUATION:** Complaints or specific problems not resolved during the meet or to your satisfaction should be communicated in writing immediately to Matt Webber, General Chair of Southeastern Swimming at [cutiger276@yahoo.com](mailto:cutiger276@yahoo.com).

**CENTENNIAL SPORTSPLEX FACILITY RULES:**

- NO FOOD OR DRINK IS ALLOWED IN THE POOL AREA.
- NO COOLERS ARE ALLOWED IN THE LOBBY OR POOL AREA. CONCESSIONS AND SWIM ITEMS WILL BE AVAILABLE FOR SALE.

**TEAM SPONSORS:** Listed on the NAC website are the Team Sponsors, including area hotels and restaurants that support the team. Please refer to this list of establishments when making hotel and dinner reservations.

**RECOMMENDED HOTELS:**

**Holiday Inn Vanderbilt:**

2613 West End Avenue  
Nashville, TN 37203

[www.holidayinn.com/bna-vanderbilt](http://www.holidayinn.com/bna-vanderbilt)

***For team reservations or other needs:***

Meredith Schakel

[Meredith.Schakel@ihg.com](mailto:Meredith.Schakel@ihg.com)

615-321-8250.

## ORDER OF EVENTS

### FRIDAY December 5 QUALIFYING PRELIM SESSION

Open Warm-Up 6:45-7:15am  
WARM-UPS: 7:15 AM & 8:00 AM  
COMPETITION: 9:00 AM

GIRLS	EVENT	BOYS
1	10-U 100 FREE	2
3	11-12 100 FREE	4
5	13-14 200 FREE	6
7	SENIOR 200 FREE	8
9	10-U 50 BREAST	10
11	11-12 50 BREAST	12
13	13-14 100 BREAST	14
15	SENIOR 100 BREAST	16
17	10-U 100 BACK	18
19	11-12 100 BACK	20
21	13-14 200 BACK	22
23	SENIOR 200 BACK	24
25	10-U 200 IM	26
27	11-12 200 IM	28
29	10-U 200 FREE RELAY	30
31@	13-14 400 IM	32@
33@	SENIOR 400 IM	34@
35 *	11-12 200 FREE RELAY	36 *
37 *	13-14 400 FREE RELAY	38 *
39 *	SENIOR 400 FREE RELAY	40 *

@ Deck-seeded Prelims. Swimmers must sign-in with Clerk of Course for deck-seeded events prior to the start of the Preliminary session on the day of the event. If a swimmer is not checked in with Clerk of Course, the swimmer is legally scratched from the event. Based on the number of entries, these events may be flighted at the discretion of the meet director.

\* 11-12, 13-14 and Senior relay heats will swim in Finals.

ORDER OF EVENTS

**Friday, December 5**  
**Non-Qualifying Session**

WARM-UPS: Immediately following AM session  
COMPETITION: One hour after start of warm-ups

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
401	10 & Under 200 Freestyle	402
403*	11-12 500 Freestyle	404*
405*	13 & Over 500 Freestyle	406*
407	10 & Under 200 IM	408
409	11-12 200 IM	410
411*	13 & Over 400 IM	412*

\* Pre-Seeded events. Please notify Clerk of Course before the conclusion of warm-ups if you plan to scratch.

# ORDER OF EVENTS

## SATURDAY DECEMBER 6 QUALIFYING PRELIM SESSION

Open Warm-Up 6:45-7:15am  
WARM-UPS: 7:15 AM & 8:00 AM  
COMPETITION: 9:00 AM

GIRLS	EVENT	BOYS
41	10-U 100 FLY	42
43	11-12 100 FLY	44
45	13-14 200 FLY	46
47	SENIOR 200 FLY	48
49	10-U 50 FREE	50
51	11-12 50 FREE	52
53	13-14 50 FREE	54
55	SENIOR 50 FREE	56
57	10-U 100 IM	58
59	11-12 100 IM	60
61	13-14 200 IM	62
63	SENIOR 200 IM	64
65	10-U 200 MEDLEY RELAY	66
67 **	11-12 500 FREE	68**
69 @	13-14 500 FREE	70 @
71@	SENIOR 500 FREE	72@
73 *	11-12 200 MEDLEY RELAY	74 *
75 *	13-14 400 MEDLEY RELAY	76 *
77 *	SENIOR 400 MEDLEY RELAY	78 *

@ Deck-seeded Prelims. Swimmers must sign-in with Clerk of Course for deck-seeded events prior to the start of the Preliminary session on the day of the event. If a swimmer is not checked in with Clerk of Course, the swimmer is legally scratched from the event. Based on the number of entries, these events may be flighted at the discretion of the meet director.

\* 11-12, 13-14 and Senior relay heats will swim in Finals.

\*\* 11-12 500 Freestyle will be deck-seeded and swum as Timed Finals. Swimmers must sign-in with Clerk of Course for deck-seeded events prior to the start of the Preliminary session on the day of the event. Fastest heat of each gender will be swum at night. Remaining heats will be swum fastest to slowest during prelims.



ORDER OF EVENTS

**Saturday, December 6**  
**Non-Qualifying Session**

WARM-UP: Immediately following AM session  
COMPETITION: One hour after start of warm-ups

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
413	11-12 100 IM	414
415	10 & Under 100 IM	416
417	13 & Over 50 Free	418
419	11-12 50 Free	420
421	10 & Under 50 Free	422
423	13 & Over 100 Back	424
425	11-12 100 Back	426
427	10 & Under 100 Back	428
429	8 & Under 25 Back	430
431	13 & Over 100 Fly	432
433	11-12 100 Fly	434
435	10 & Under 100 Fly	436
437	8 & Under 25 Fly	438
439	13 & Over 200 Breast	440
441	11-12 50 Breast	442
443	10 & Under 50 Breast	444
445	13 & Over 200 Free	446
447	11-12 200 Free	448

## ORDER OF EVENTS

### SUNDAY DECEMBER 7 QUALIFYING PRELIM SESSION

Open Warm-Up 6:45-7:15am  
WARM-UP: 7:15am & 8:00 am  
COMPETITION: 9:00am

GIRLS	EVENT	BOYS
79 @%&	SENIOR 1650 FREE	80 @%&
79 @%&	13-14 1650 FREE	80 @%&
81	10-U 50 BACK	82
83	11-12 50 BACK	84
85	13-14 100 BACK	86
87	SENIOR 100 BACK	88
89	10-U 200 FREE	90
91	11-12 200 FREE	92
93	13-14 100 FREE	94
95	SENIOR 100 FREE	96
97	10-U 100 BREAST	98
99	11-12 100 BREAST	100
101	13-14 200 BREAST	102
103	SENIOR 200 BREAST	104
105	10-U 50 FLY	106
107	11-12 50 FLY	108
109	13-14 100 FLY	110
111	SENIOR 100 FLY	112

@ Deck-seeded Prelims. Swum fastest to slowest. Swimmers must sign-in with Clerk of Course prior to the start of the Preliminary session on the day of the event, and indicate if they are available to swim in the AM session *only* by marking "AM" next to their initials. If a swimmer is not checked in with Clerk of Course, the swimmer is legally scratched from the event.

% 13-14 and Senior events will be swum together, scored separately.

& This program shows the order of events for Finals. During Prelims, the 1650 Free (events 85 & 86) will be swum after events 111/112.

## ORDER OF EVENTS

### **Sunday, December 7 Non-Qualifying Session**

WARM-UP: Immediately following AM session  
COMPETITION: One hour after the beginning of warm-ups

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
449	13 & Over 200 IM	450
451	8 & Under 25 Free	452
453	10 & Under 100 Free	454
455	11-12 100 Free	456
457	13 & Over 100 Free	458
459	10 & Under 50 Back	460
461	11-12 50 Back	462
463	13 & Over 200 Back	464
465	10 & Under 50 Fly	466
467	11-12 50 Fly	468
469	13 & Over 200 Fly	470
471	8 & Under 25 Breast	472
473	10 & Under 100 Breast	474
475	11-12 100 Breast	476
477	13 & Over 100 Breast	478



## 2014 Music City Invite Qualifying Time Standards

Boys		Events			Girls			
10&Under	11-12	13-14	Open	Open	13-14	11-12	10&Under	
:34.59	:30.09	:26.59	:23.59	<b>50 Free</b>	:26.09	:26.99	:29.99	:33.79
1:16.89	1:05.99	:56.59	:51.79	<b>100 Free</b>	:56.69	:59.99	1:04.49	1:14.79
2:46.39	2:23.89	2:03.59	1:52.49	<b>200 Free</b>	2:01.29	2:06.99	2:19.09	2:44.89
--	6:12.99	5:23.39	5:07.29	<b>500 Free</b>	5:27.99	5:37.99	6:03.59	--
--	--	18:30.99	18:30.99	<b>1650 Free</b>	18:45.99	18:45.99	--	--
:40.59	:35.29	-	-	<b>50 Back</b>	-	-	:34.49	:39.49
1:26.99	1:16.09	1:04.99	:59.39	<b>100 Back</b>	1:04.39	1:06.79	1:13.59	1:24.99
		2:20.79	2:08.79	<b>200 Back</b>	2:19.09	2:25.99		
:45.59	:39.89	-	-	<b>50 Br</b>	-	-	:37.99	:44.99
1:42.29	1:27.89	1:15.99	1:08.49	<b>100 Br</b>	1:13.99	1:17.19	1:23.39	1:38.19
		2:43.89	2:29.99	<b>200 Br</b>	2:41.19	2:46.49		
:40.09	:33.49	-	-	<b>50 Fly</b>	-	-	:32.49	:38.59
1:35.59	1:15.39	1:03.49	:58.09	<b>100 Fly</b>	1:02.39	1:06.69	1:13.39	1:31.09
		2:34.59	2:14.79	<b>200 Fly</b>	2:25.99	2:31.99		
1:26.19	1:15.29	-	-	<b>100 IM</b>	-	-	1:13.39	1:24.29
3:08.99	2:41.99	2:20.49	2:08.09	<b>200 IM</b>	2:17.89	2:25.29	2:36.99	3:06.39
		4:55.59	4:37.99	<b>400 IM</b>	4:56.09	5:04.99		

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Nashville Aquatic Club, Metro Nashville Parks and Recreation, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

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**SIGNATURE OF COACH OR CLUB OFFICIAL** **DATE**

**CLUB:** \_\_\_\_\_ **TITLE:** \_\_\_\_\_

## TEAM INFORMATION

CLUB TEAM: \_\_\_\_\_ INITIALS: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

LSC: \_\_\_\_\_ HEAD COACH: \_\_\_\_\_

CONTACT PERSON: \_\_\_\_\_ PHONE #: \_\_\_\_\_

FAX #: \_\_\_\_\_ EMAIL: \_\_\_\_\_

### COACHES ATTENDING:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

### CERTIFIED OFFICIALS WHO MAY WISH TO WORK:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

4. \_\_\_\_\_

### NUMBER OF SWIMMERS ENTERED:

ATTACHED: \_\_\_\_\_

UNATTACHED: \_\_\_\_\_

TOTAL: \_\_\_\_\_

## SUMMARY OF FEES

*Make checks payable to: Nashville Aquatic Club*

NUMBER OF SWIMMERS: \_\_\_\_\_ X \$3.00 SES SURCHARGE = \$ \_\_\_\_\_

NUMBER OF SWIMMERS: \_\_\_\_\_ X \$5.00 OUT OF LSC SURCHARGE = \$ \_\_\_\_\_

NUMBER OF SWIMMERS: \_\_\_\_\_ X \$12.00 FACILITY SURCHARGE = \$ \_\_\_\_\_

NUMBER OF INDIVIDUAL EVENTS: \_\_\_\_\_ X \$7.00 PER EVENT ENTRY FEE = \$ \_\_\_\_\_

NUMBER OF RELAY EVENTS: \_\_\_\_\_ X \$12.00 PER RELAY EVENT ENTRY FEE = \$ \_\_\_\_\_

TOTAL DUE: \$ \_\_\_\_\_

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Team \_\_\_\_\_ USA Registration # \_\_\_\_\_ Age and Birth Date: \_\_\_\_\_

Events to be swum:

\_\_\_\_\_

Type of Disability: Blind \_\_\_ Cognitive/Intellectual \_\_\_ Deaf \_\_\_ Physical \_\_\_ Other \_\_\_

Extent of Disability:

Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

\_\_\_\_\_

\_\_\_\_\_

The following person(s) will accompany the swimmer for any needed assistance:

\_\_\_\_\_

Accommodations requested: Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

\_\_\_\_\_

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director: Donna Hughes [MeetDirector@SwimNAC.com](mailto:MeetDirector@SwimNAC.com)

Meet Referee: Lee Patrick [MeetRef@SwimNAC.com](mailto:MeetRef@SwimNAC.com)

Disability Chair: Robin Heller [robin@seastarsaquatics.org](mailto:robin@seastarsaquatics.org)



**SOUTHEASTERN SWIMMING ENTRY FORM**

**All times should be in SHORT COURSE YARDS**

**Please duplicate as needed**

	<b>EVENT NAME</b>	<b>EVENT #</b>	<b>BEST TIME</b>	<b>EVENT NAME</b>	<b>EVENT #</b>	<b>BEST TIME</b>
<b>NAME OF SWIMMER:</b>						
USS REGISTRATION #:						
DATE OF BIRTH:						
GENDER:						
<b>NAME OF SWIMMER:</b>						
USS REGISTRATION #:						
DATE OF BIRTH:						
GENDER:						
<b>NAME OF SWIMMER:</b>						
USS REGISTRATION #:						
DATE OF BIRTH:						
GENDER:						