

AUB



Richard Quick Invitational

In memory of

Coach Richard W. Quick

June 26 – 28, 2015

James E. Martin Aquatic Center

Auburn University

Auburn, AL

Official Event Information

"Richard will be remembered as one of the greatest coaches in the history of swimming," Auburn's Athletic Director, Jay Jacobs

Richard Walter Quick was born Jan. 31, 1943, in Akron, Ohio, and grew up in Austin; Wichita, Kan.; and Dallas. At 9, he swam in his first meet. He became a three-time all-American swimmer at Southern Methodist, where he earned a bachelor's degree in physical education in 1965 and a master's in physiology of exercise in 1977.

His college career took him to five campuses. He was the head coach of the Southern Methodist University women (1976-77), the Iowa State men (1977-78), the Auburn men and women (1978-82), the Texas women (1982-88) and the Stanford women (1988-2005). He returned to Auburn in 2007. Quick won seven N.C.A.A. titles with the Stanford women and five with the Texas women. In March, 2009, the Auburn men gained his record breaking 13th N.C.A.A. title in Division 1. Quick was elected to the International Swimming Hall of Fame in 2000. The College Swimming Coaches Association of America named him the N.C.A.A. coach of the year six times. In May, 2009, it awarded him its first Lifetime Achievement Award.

Internationally, Quick was the head coach of the United States men's and women's teams at the 1988 Olympics in Seoul, head coach of the women's teams in 1996 in Atlanta and 2000 Olympic Games at Sydney and also served as an assistant at the 1984, '92, and 2004 Olympics. A list of other international coaching assignments for Coach Quick includes four consecutive World Championships as the head coach in 1986, 1990 and 1994, and an assistant in 1982. He also coached at the 1990 Goodwill Games, three Pan Pacific Games (1983, '85, '87), the 1985 World University Games and the 1979 Pan American Games.

Among the swimmers he coached were Rowdy Gaines, Janet Evans, Jenny Thompson, Dara Torres, Summer Sanders, Misty Hyman, Matt Biondi, Betsy Mitchell and Lea Loveless. "He'd show up at 5:30 a.m. It could be 30 degrees and he'd be smiling," Sanders, who swam for Quick at Stanford and at the 1992 Olympics, told the San Jose Mercury News in 2005. "He had an ability to make you believe you could do what you thought was impossible." "He told me if I came to Stanford, he would make me into an Olympic gold medalist," Thompson told USA Today in 1997. She went to Stanford and went on to win eight Olympic gold medals, the most by any female swimmer.

Coach Quick had experienced tremendous success at every level of coaching and was very familiar with Auburn, the Auburn community and the swimming

and diving program. He built a reputation as one of the top swimming coaches in the world. With his passing at age 66, the swimming world lost a giant.

IMPORTANT FACTS ABOUT THE MEET

Entry Deadline: Tuesday, June 16, 2015, 7:00 PM CST. Entries will not be accepted until Tuesday May 12, 2015, at 8:00 AM CST.

Time Trials will be offered for all swimmers according to Rule 207.11.

Swimmers' and Coaches' Responsibility – It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book.

Held under the sanction of USA Swimming and Southeastern Swimming Inc. –

Sanction number:15SEAUB6-26

Time Trial Sanction number: 15SEAUB6-26TT

No USA Registration will be allowed at the meet.

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc

All swimmers shall be registered with their LSC through United States Swimming, Inc. and registration numbers must be listed on the entry form. No entries will be accepted without current registration numbers.

Coaches shall display, in an obvious location, their USAS membership cards to be allowed on deck at any SES sanctioned meet. Please check in with security person before entering pool deck.

In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a safe and prudent manner. **Only meet officials, meet volunteers, coaches and swimmers will be allowed on the pool deck.** Nobody will be allowed to climb on the diving boards or diving towers for any reason.

Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect. USA Swimming prohibits cameras/video recording devices, including camera phones from the locker rooms.

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

THERE WILL BE NO FOLDING CHAIRS ALLOWED IN THE UPSTAIRS WALKWAY AREAS. ONLY STADIUM SEATS ARE ALLOWED IN THE SPECTATOR SEATING AREA.

ORDER OF EVENTS**Richard Quick Invitational**

Order of Events Long Course Meters

All Prelim/Finals events are Senior (Minimum age is 11)

Women's Events**Day 1 – Friday, June 26****Men's Events**

Prelim Warm ups – 7:30 am Competition – 9:00 am

1		200 Free		2
3		100 Breast		4
5		100 Back		6
7	5:59.99	400 IM	5:39.99	8

Finals Warm ups – 5:00 pm Competition – 6:00 pm

Day 2 – Saturday, June 27**Women's Events**

Prelim Warm ups – 7:30 am Competition – 9:00 am

Men's Events

9		200 Fly		10
11		50 Free		12
13		200 IM		14
15	5:17.19	400 Free	4:52.99	16

Finals Warm ups – 5:00 pm Competition – 6:00 pm

Day 3 – Sunday, June 28**Women's Events**

Prelim Warm ups – 7:30 am Competition – 9:00 am

Men's Events

17	19:53.19	1500 Free	18:51.19	18
19		200 Back		20
21		100 Free		22
23		200 Breast		24
25		100 Fly		26

Finals Warm ups – 5:00 pm Competition – 6:00 pm

Richard Quick Invitational 12 and under Order of Events

All 12 and under events will be timed finals. All events will follow prelims. 12 and unders have a max of 7 events total with no more than three per day.

Friday, June 26, 2015

Warm-up – No sooner than 1:00pm Competition – No Sooner than 2:00 pm

Women's Events

Men's Events

51	3:45.99	200 IM	3:45.99	52
53		50 Free		54
55	6:45.99	400 Free	6:45.99	56

Saturday, June 27, 2015

Warm-up – No sooner than 1:00pm Competition – No Sooner than 2:00 pm

57		100 Back		58
59		50 Fly		60
61		100 Breast		62
63	3:10.99	200 Free	3:10.99	64

Sunday, June 28, 2015

Warm-up – No sooner than 1:00 pm Competition – no sooner than 2:00 pm

65		50 Breast		66
67		50 Back		68
69		100 Fly		70
71		100 Free		72

MEET ADMINISTRATION

Facility Address

James E. Martin Aquatic Center

661 Heisman D r.

Auburn University Campus

Auburn, AL 36849

Phone: 334 -844 -9622

Email: ses0032@auburn.edu

Meet Director

Jeff Dellinger

4260 Loblolly Ct.

Auburn, AL 36830

Phone: 334-707-1980

Email: jeffdellinger@msn.com

Meet Referee

Dave Smith

davesmith4@cox.net

Admin Official

Judi Middleton

SCHEDULE

Friday June 26	8:00 AM	Officials' Briefing	Hospitality Room
	8:45 AM	Coaches' Meeting	Hospitality Room

All subsequent officials' briefings will be one hour prior to each session

SITE INFORMATION

INFORMATION / LOST & FOUND

Any items turned into the facility staff will be collected at the lifeguard office.

MEDICAL ASSISTANCE

First aid assistance available through the facility lifeguards

CONCESSIONS

Concessions will be available for spectators in the facility lobby.

HOSPITALITY

Coaches and Officials hospitality will be available throughout the meet in the room mid-point to the pool.

POOL HOURS

Thursday	6:00 PM – 8:45 PM
Friday- Sunday	6:30 AM – 30 minutes after Finals

Credentials Restricted access to the facility will be strictly enforced. Please wear your credentials at all times.

ABOUT THE FACILITY

POOL Indoor 50 meter by 25-yard pool, offering 8 lanes for long course competition. It is one of the fastest pools in the country with pool depth ranging from 9 feet at the shallowest to 16 feet. . The competition course has not been certified in accordance with 104.2.2C(4).

TIMING Automatic timing will be provided by Colorado Timing System with HYTEK interface on both courses. Manual back up will be used. An 8-lane Daktronics scoreboard will be used.

The **James E. Martin Aquatics Center** is a swimming complex on the Auburn University campus in Auburn, Alabama. It is the home pool of the Auburn University and Auburn High School swimming and diving programs. The Martin Aquatics Center has hosted the NCAA Men's (1998) and Women's (2003) Swimming and Diving Championships, as well as the US Open in 1995, 2000, and 2005. In 2002, *Sports Illustrated* rated the Martin Aquatics Center indoor pool the third-fastest pool in the United States.

The James E. Martin Aquatics Center consists of three pools: an indoor training pool (built in 1969), an outdoor training pool (2007), and a competition pool with diving well (1993).

The Martin Aquatics Center competition pool was constructed in 1993 as part of a \$10.5 million expansion to the previous swimming facility. The pool is 77 m×25 y, with a general depth of 9-10 feet extending to 16.5 feet in the diving well. The pool has two moveable bulkheads allowing for variable distance competitions and simultaneous diving. The pool contains a gutter system which minimizes wave reflection along the sides of the pool, as well as a water pass-through system in the bulkheads which reduces wave reflection on turns. The diving area contains 1-, 3-, 5-, 7.5- and 10-meter platforms, and two one-meter and two three-meter springboards. The facility contains seating for 1000 spectators and 800 competitors.

The oldest part of the Martin Aquatic Center was a 1969 pool that is currently used as the indoor training pool. In the early 1990s construction began on a \$10.5 million expansion of that facility to

include the current competition area. The facility was opened in 1993 and dedicated on April 30, 1994 as the James E. Martin Aquatics Center. In its first year, the facility hosted the Southeastern Conference championships, followed by the US Open in 1995.

In 1996, the facility hosted the Olympic swimming and diving teams of China, Japan, Finland, Israel and South Africa and the United States water polo team training for the 1996 Summer Olympics in nearby Atlanta, Georgia. In 1998, the NCAA Men's Swimming and Diving Championships were held at the Aquatic Center, and in 2000 the US Open returned. Martin hosted both the SEC championships and the NCAA Women's Swimming and Diving Championships in 2003, and the US Open in 2005. In 2007, a new outdoor training pool was opened adjacent to the facility.

MEET FORMAT:

Finals will have the top 48 in each 50, 100, and 200 event returning with the top 32 in the 400 Free and 400 IM. The winner of each heat in finals will be awarded a race winner t-shirt. All senior events but the 1500 are prelim/finals. 12 and under swimmers will be awarded a high point award for the top 2 finishers in the age group for 11-12 and 10 and under. Swimmers must swim in the 12 and under sessions to be eligible for awards. Senior events will not be eligible.

All individual events 400 meters or longer will be deck seeded. The 400 Free and 400 IM will be swum the fastest four heats of each sex circle seeded slow to fast and then alternate women men fast to slow for remaining heats. Swimmers must check in for these events at the Clerk of Course by 8:15 AM on the day that they will be swum for senior events and by the end of warm up for the 12 and under session.

The 1500 Free will be conducted as a timed final event on Sunday beginning ten minutes after the completion of the Prelims. All heats of the mile will be fast to slow alternating women and men. The fastest 8 swimmers of each sex entered in the 1500 will be swum during finals. There will be a AM/PM option for swimming the 1500.

ENTRIES:

A swimmer may enter and swim only one side of the meet, either senior or 12 and under not both. A swimmer may enter three individual events per day and no more than seven individual events in the entire meet. Time Trial events count as one of the three events allowed on a given day, but do not count as one of the seven individual events in the meet. Entries must be legible and complete. Entry forms must include the swimmer's first and last name, age, USA Swimming registration number and meter times for each individual event. Relay times should be listed for each entered relay. **Entries will not be accepted before May 12th at 8:00 AM CST and will be due no later than on Tuesday June 16th 7:00 PM** or until entry limit is reached. Teams should use HY-TEK's Team Manager and should submit their entries via e-mail (please send in COMMLink file format or WIN-MM format). If you do not have the Team Manager program to make a Hy-Tek entry, but would like to make an electronic entry, you can download a copy of Team Manager Lite at no charge from the Hy-Tek website: www.hy-tek.com. Please provide a written copy of entries with best meters times and USA-Swimming registration number for verification purposes. Results Files will be

available at the end of the meet on www.auburnaquatics.com. ****Teams are encouraged to submit their entries as soon as possible.**

SCRATCH RULE: Any swimmer not planning to swim at night in the finals must scratch with the Admin Referee through the Clerk of Course within 30 minutes after the results are posted for each affected event. The penalty for failure to show in a Final, Consolation or Bonus final is disqualification from the remainder of the meet (USA Swimming Rule 207.12.6D). The penalty for missing a deck-seeded individual event will result in being barred from the swimmer's next individual event. There is no penalty for not swimming in the non deck-seeded preliminary events or relay events.

SCORING: There will be no team scoring or individual scoring.

NATL OFFICIALS CERTIFICATION: This meet has been designated a qualifying meet for national official certification (OQM). Officials requesting N2/N3 evaluation at this meet are requested to complete the USAS application for evaluation and forward it to the meet referee, Dave Smith, as soon as practical so we can arrange for evaluators. Evaluation applications will be accepted on site, on a case-by-case basis, depending on our capacity to provide appropriate evaluations.

WARM-UP

RULES: Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up Coordinated by on-deck official

1. OPEN/PACE Lanes 1 and 8
2. SPRINTS Lanes 2, 3, 6, 7
3. GENERAL Lanes 4 and 5

MEET

EVALUATION: You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

Matt Webber
PO Box 1102
Huntsville, AL 35807

ENTRY LIMIT: Swimmers may swim three (3) individual events per day. A swimmer may enter no more than SEVEN (7) events, but may only swim three individual events per day.

ENTRY FEES: Individual Events \$6.00 per event
Facility Surcharge of \$18.00 per athlete with an additional Southeastern Swimming Inc. Surcharge \$3.00 per swimmer in LSC
\$5.00 per swimmer outside the LSC

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____ Team _____ USA

Registration # _____ Age and Birth date: _____ Events to be swum:

_____/_____/_____/_____/

_____/_____/_____/_____/_____/_____/_____/_____/

Type of Disability Blind___ Cognitive/Intellectual ___Deaf ___Physical___ Other___

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc. _____

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email

Meet Referee Email

Disability Chair Email: robin@seastarsaquatics.org

Robin Heller

2014 - 2015 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Auburn Aquatics Swim Program, City of Auburn, AL, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

TEAM INFORMATION

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:	
FAX NUMBER:		CELL PHONE:	EMAIL:
COACHES ATTENDING:	1.		
	2.		
	3.		
	4.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:	ATTACHED:		
	UNATTACHED:		
	TOTAL:		

SUMMARY OF FEES

EVENTS:	NUMBER OF IND.	X \$6.00 PER EVENT ENTRY FEE =	
Swimmers FACILITY FEE:	NUMBER OF Swimmers	X \$23.00 PER Non-SES Swimmer or \$21.00 PER SES Swimmer =	
TOTAL DUE:			

ENTRY FORM

Times should be in Long Course Meters

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

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Time Trial Request

Time trials to meet national qualifying times may be held upon reasonable request at the discretion of the Meet Referee. Such swims must fall within the 3 events per day limit and will be held, if time allows, after the prelims and finals. Entry fees for the time trial swims will be \$10.00 per individual event and \$10.00 per relay.

Swimmers/relays must sign up for time trials at the Clerk of Course table by 10:30 AM, by submitting a copy of this form.

The time trial order of events will be as follows: Current day's events, Previous day's events, Future Day's events. 50 yard/meter events will always swim last each day, and the 1500 event will be offered on one day, to be determined by the Meet Referee and announced during the meet's Coaches Meeting.

Team Name: _____ Team Abbreviation: _____

Swimmer 1 Name (Relay / **Individual**): _____ M / F AM / PM
Circle one Circle one

Swimmer 2 Name (Relay only): _____

Swimmer 3 Name (Relay only): _____

Swimmer 4 Name (Relay only): _____

Event Description: _____ Seed Time: _____
(See Below)

Coach / Swimmer Signature: _____

SWIMMER ASSIGNMENT FORM

Name of Meet : - Richard Quick Invitational

Date : 27-29 June, 2014

City : Auburn, AL

Name of Swimmer (s) :

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name of swimmer's team : _____

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

Coach's Signature

Date

Coach's Team Name

SWIMMER COMMENT FORM

As a participant in our meet, you have a unique perspective as to how the meet ran, what worked and what needs improvement. We value your comments. You may submit without a name or email address unless you would like a response, then please fill out the bottom section completely.

In general, how did you think the meet ran? **5** is good, **1** is bad.

5 4 3 2 1

What seemed to work well during the meet?

What could be improved to make the meet run better?

Swimmer's Name

Optional

Email Address

Optional