

2015 TNAQ Invitational October 23rd-25th

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information. Sanctioned by Southeastern Swimming, Inc.

Held under the sanction of USA Swimming and Southeastern Swimming, Inc -
Sanction Number: Pending

Sanction Number for Time Trial: Pending

HOST CLUB: Tennessee Aquatics

LOCATION: Allan Jones Intercollegiate Aquatic Center
University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

VENUE: **FACILITY: Allan Jones Intercollegiate Aquatic Center:** An eight-lane 50-meter by 25-yard competition pool with slanted starting blocks (28 inches above the water surface). Pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/warm-down lanes available. Seating is available for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

TIMING: Daktronic electronic timing system and scoreboard.

OFFICIALS: **Meet Referee:** Burke Arthur bavol@tds.net
Admin Referee and Meet Director: Victoria Klouda meetdirector@tnaquatics.com

Visiting officials are welcome. All officials must wear current USA membership card while on deck and must present current Officials certification card to Meet Referee at check-in. Please contact Burke Arthur at bavol@tds.net with level of certification and sessions you desire to work.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm-downs.
**Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.*

ELIGIBILITY: All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2014 members of their LSC and USA Swimming or FINA. Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to display proof of current USA Swimming membership. All coaches must have completed the safety training as required by USA Swimming. All coaches are required to sign in with the Clerk of

Course and/or all coaches must be prepared to show their coaching credentials at any time to the Meet Director and /or the Meet Referee".

SCHEDULE: Oct. 23rd 2015	Friday Session: Warm-up: 4:45 PM Competition: 5:45 PM
Oct. 24th 2015	12&Under Session: Warm-up: 7:00 AM Competition: 8:00 AM Open Afternoon Session: Warm-up: 11:00 AM (not before) Competition: 12:00 PM (not before)
Oct. 25th 2015	12&Under Session Warm-up: 7:00 AM Competition: 8:00 AM Open Session: Warm-up: 11:00 AM (Not Before) Competition: 12:00 PM (Not Before)

MEET FORMAT: Timed finals meet with events as set forth on the "Order of Events" (attached). Tennessee Aquatics reserves the right to limit **ANY** event to allow the meet to run in the allotted time.

SEEDING: All events 400 yards or longer will be deck seeded. The **12 & Under 500 Free** will be swum **fastest to slowest**, the number of heats swum may be limited. The **13 & OVER 400 IM** will be swum **fastest to slowest** and the number of heats swum may be limited. The **13 & OVER 500 Free** will be swum **fastest to slowest** and the number of heats swum may be limited. The **Open 1000 Free** will be swum on **Sunday**. It will be swum **fastest to slowest**. The **Open 1650 Free** will be swum on **Sunday**. It will be swum **fastest to slowest**. **Swimmers in the 1000 and 1650 must supply their own timers.**

ENTRY LIMITS: Swimmers are limited to **2 events on Friday** evening. Swimmers may **enter** up to **FIVE** events per day. The meet committee reserves the right to limit and/or eliminate relays and/or limit heats in any events to run the meet within the time allocated. There will be no USA Swimming On-deck membership registration available.

ENTRIES: **Entries will be confirmed upon receipt of entry fees and signed waivers.** This meet is expected to fill to capacity. Entries that are not accompanied by payment of entry fees will not be considered confirmed. The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA Swimming registered swimmers and have current registration numbers listed on the entry form. The entry fee as calculated must accompany meet entries. Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. Entries must be received no later than, **October 8th, 2014. All entries should be submitted by email: meetdirector@tnaquatics.com.** Final results will be posted at the conclusion of the meet on the TNAQ website: www.tnaquatics.com

ENTRY TIMES: Enter with best **SHORT COURSE YARDS** times achieved in competition or time trial. Entry times should be in hundredths. **Conversions are not permitted.** All individual entry times submitted must be in USA Swimming SWIMS database and will be reconciled with SWIMS.

ENTRY FEES: Individual event - - - - \$6.00
Relays - - - - \$10.00
Facility Fee per swimmer - - - - \$5.00
SES Swimmer Surcharge- - - - \$3.00
Non-SES Swimmer Surcharge - - -\$5.00

Make checks payable to "**Tennessee Aquatics**". Entry fees and the signed release form must accompany the meet entry forms/emailed entries. **Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.**

PARKING: Parking on the University Campus:
You may purchase \$5.00 passes at the heat sheet counter in lobby of Allan Jones Pool. . Maps will be given with your pass designating parking areas. You may also meter park on Volunteer Ave without a pass. If you choose to not park at the designated areas you are parking at your own risk and could be subjected to being towed. Specifically the student parking garage across from the pool will not be available since school is in session. Parking funds go directly to the University and prices are controlled by the University.

USE OF

AUDIO/VISUAL: Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

TIME TRIALS: Time Trials will be conducted at the discretion of the meet referee. Time Trials fees: \$9.00 individual \$13.00 relay.

CHECK-IN: Relays and individual swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day.

SCRATCHES: A swimmer may scratch a **pre-seeded event** on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. **Failure to scratch a deck seeded event prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day.**

AWARDS: There will be individual awards for the top eight swimmers in each 12 & under individual event. High Point awards and High Point runner up awards will be presented in each 12 & Under age group and gender.

SCORING: The meet will be scored for individual scoring only.

WARM-UP RULES:

Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL.

Swimmers must enter feet first in a cautious manner.

2. No sprinting or pace work allowed during the general warm-up session.

3. All lanes to be used for general warm-up.

B. Specific warm-up

1. PACE, no diving- - Lanes 1, 9

2. SPRINTS, dive starts- -Lanes 2, 8 return in lanes 3 & 7

3. GENERAL, no diving- -Lanes 3, 4, 5, 6, 7

Additional sprint lanes may be made available upon request to the Meet Referee

MEET EVALUATION: You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

Matt Webber
PO Box 1102
Huntsville, AL 35807-0102
cutiger276@yahoo.com

MAIL ENTRY FORMS TO: **Tennessee Aquatics**
ATTN: Meet Director
2200 Andy Holt Ave
Knoxville, TN 37996

Signature requirement must be waived for all USPS, Fed-EX and UPS deliveries.

FRIDAY, October 23rd, 2015

Warm-up begins at 4:45 PM.
Competition begins at 5:45 PM.

Continuous warm-up/warm-down will be available in the DIVING WELL.

GIRLS	EVENTS	BOYS
1	10 & UN 200 IM	2
3	11 & 12 200 IM	4
5	13 & OVER 400 IM	6
7	11 & 12 500 FREE	8
9	13 & OVER 500 FREE	10

All events on Friday will be deck seeded except 200 IM.

Check-in closes at **5:00PM** at the Clerk of Course.

All events on Friday will be swum **fastest to slowest except 200IM.**

13 & Over 400 IM will be seeded and swum together, but scored separately.

13 & Over 500 Free will be seeded and swum together, but scored separately.

The number of heats swum ***may be limited.***

**SATURDAY, October 24th,
2015 Morning Session**

Warm-up begins at 7:00 AM.
Competition begins at 8:00 AM.
Continuous warm-up/warm-down will be available in the DIVING WELL.

GIRLS	EVENTS	BOYS
11	11 & 12 200 Medley Relay	12
13	10 & UN 200 Medley Relay	14
15	8 & UN 100 Medley Relay	16
17	11 & 12 50 BACK	18
19	10 & UN 50 BACK	20
21	8 & UN 25 BACK	22
23	11 & 12 100 BREAST	24
25	10 & UN 100 BREAST	26
27	8 & UN 50 BREAST	28
29	11 & 12 50 FREE	30
31	10 & UN 50 FREE	32
33	8 & UN 25 FREE	34
35	11 & 12 100 FLY	36
37	10 & UN 100 FLY	38
39	8 & UN 50 FLY	40
41	11 & 12 100 IM	42
43	10 & UN 100 IM	44
45	8 & UN 100 IM	46

**SATURDAY, October 24th,
2015 Afternoon Session**

Warm-up will begin immediately following the AM session
Competition will not begin before 12 PM.
Continuous warm-up/warm-down will be available in the DIVING WELL.

GIRLS	EVENTS	BOYS
47	13 & 14 200 MEDLEY RELAY	48
49	SENIOR MEDLEY RELAY	50
51	13 & 14 100 BREAST	52
53	SENIOR 100 BREAST	54
	*****1650 FREE CHECK IN ENDS*****	
55	13 & 14 100 FREE	56
57	SENIOR 100 FREE	58
59	13 & 14 200 BACK	60
61	SENIOR 200 BACK	62
63	13 & 14 100 FLY	64
65	SENIOR 100 FLY	66
67	13 & 14 200 IM	68
69	SENIOR 200 IM	70
	10 Minute Break	
71	SENIOR 1650 FREE	

Event will be deck seeded. Swimmers must be checked in prior to the 100 FREE (Event # 55) at the Clerk of Course. Event will be seeded & swum together, but scored separately as 13 - 14 and Senior. This event will be swum **fastest to slowest**. The number of heats swum **may be** limited

**SUNDAY, October 25th
2015 Morning Session**

Warm-up begins at 7:00 PM.
Competition begins at 8:00 AM.
Continuous warm-up/warm-down will be available in the DIVING WELL.

GIRLS	EVENTS	BOYS
73	11 & 12 200 FREE RELAY	74
75	10 & UN 200 FREE RELAY	76
77	8 & UN 100 FREE RELAY	78
79	11 & 12 50 BREAST	80
81	10 & UN 50 BREAST	82
83	8 & UN 25 BREAST	84
85	11 & 12 100 BACK	86
87	10 & UN 100 BACK	88
89	8 & UN 50 BACK	90
91	11 & 12 100 FREE	92
93	10 & UN 100 FREE	94
95	8 & UN 50 FREE	96
97	11 & 12 50 FLY	98
99	10 & UN 50 FLY	100
101	8 & UN 25 FLY	102
103	11 & 12 200 FREE	104
105	10 & UN 200 FREE	106
107	8 & UN 100 FREE	108

**SUNDAY, October 25th, 2015
Afternoon Session**

Warm-up will begin immediately following the morning session
Competition will not begin before 12 PM.
Continuous warm-up/warm-down will be available in the DIVING WELL.

GIRLS	EVENTS	BOYS
109	13 & 14 200 FREE RELAY	110
111	SENIOR 200 FREE RELAY	112
113	13 & 14 100 BACK	114
115	SENIOR 100 BACK	116
	*****1,650 FREE CHECK IN ENDS*****	
117	13 & 14 200 BREAST	118
119	SENIOR 200 BREAST	120
121	13 & 14 50 FREE	122
123	SENIOR 50 FREE	124
125	13 & 14 200 FLY	126
127	SENIOR 200 FLY	128
129	13 & 14 200 FREE	130
131	SENIOR 200 FREE	132
	10 Minute Break	
	SENIOR 1,650 FREE	133

Event will be deck seeded. Swimmers must be checked in prior to the 200 BREAST (Event # 117) at the Clerk of Course. Event will be seeded & swum together, but scored separately as 13 - 14 & Senior. This event will be swum **fastest to slowest**. The number of heats swum **may be** limited.

TEAM INFORMATION

CLUB NAME:		INITIALS:	
ADDRESS:			
LSC:		HEAD COACH:	
CONTACT PERSON:			PHONE NUMBER:
FAX NUMBER:		CELL PHONE:	EMAIL:
COACHES ATTENDING:	NAME		COACHES CARD EXPIRATION DATE
	1.		
	2.		
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.		
	2.		
	3.		
	4.		
NUMBER OF SWIMMERS ENTERED:		ATTACHED:	
		UNATTACHED:	
		TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:		X \$3.00 SES LSC SURCHARGE =	
NUMBER OF SWIMMERS:		OR X \$5.00 <i>Out of LSC</i> SURCHARGE =	
NUMBER OF SWIMMERS:		X \$5.00 Facility Surcharge (per swimmer)	
NUMBER OF IND. EVENTS:		X \$6.00 PER EVENT ENTRY FEE =	
NUMBER OF RELAYS:		X \$10.00 PER RELAY ENTRY FEE =	
TOTAL DUE:			

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the

enclosed entry are registered with USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Tennessee Aquatics, The University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____ / _____ / _____ / _____ / _____ / _____ / _____ /
_____ / _____ / _____ / _____ / _____ / _____ / _____ / _____ /

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance.

The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Disability Chair Email: robin@seastarsaquatics.org

Robin Heller

UNACCOMPANIED SWIMMER COACHING ASSIGNMENT FORM

Name of Meet: _____

Date(s): _____

The following swimmers from _____ (swimmer's team) will not be accompanied by a team coach and therefore I request that the Meet Referee/Meet Director assign them to a coach for all purposes during the meet sessions on the dates noted above. Each of the swimmers listed below are certified as proficient in performing a racing start unless specifically noted otherwise (non-certified swimmers must start each race from within the water).

Coach's Signature

Date

Swimmer Name(s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

Assigned Coach's Signature

Date

Assigned Coach's Team Name