

2015 SE Pilot Flying J January Classic January 15- 17, 2015

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information

Sanctioned by Southeastern Swimming, Inc.

Held under the sanction of USA Swimming and Southeastern Swimming, Inc - **SANCTION NUMBER: 16SETNAQ1-15 SANCTION NUMBER FOR TIME TRIAL: 16SETNAQ1-15TT**

HOST CLUB: Tennessee Aquatics

LOCATION: Allan Jones Intercollegiate Aquatic Center-University of Tennessee
2200 Andy Holt Avenue, Knoxville, Tennessee 37996

VENUE: 50-meter competition courses (maximum of 8 lanes course) with slanted starting blocks (28 inches above the water surface). Pool depth is 8 feet at ends, 9 feet in the center. Lanes are 9 feet wide formed by 6 inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available (up to 6 lanes). Seating for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Daktronic electronic timing system and scoreboard.

TIMING:

Admin Referee: Steve Kyle

OFFICIALS: **Meet Referee:** Burke Arthur, bavol@tds.net
Meet Director: Victoria Klouda meetedirector@tnaquatics.com
Admin Official: Bisha Harrington bishaharrington@gmail.com

Visiting officials are welcome. All officials must wear current USA membership card while on deck and must present current Officials certification card to Meet Referee at check-in. Please contact Burke Arthur, bavol@tds.net with level of certification and sessions you desire to work.

*The SES dress code of white polo shirts and khaki bottoms will be worn for all prelims and timed finals sessions. "Oxford" blue shirts with khaki bottoms will be worn for all finals sessions. White socks/shoes are worn for all sessions.

Current USA Swimming Rules and Regulations will apply except as otherwise noted.

Ondeck USA registration will not be allowed. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms, or on deck.

RULES: All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2016 members of their LSC and USA Swimming or FINA.

ELIGIBILITY: Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session. All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2016 members of their LSC and USA Swimming or FINA

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to display proof of current USA Swimming membership. You **must have** your credentials to enter the pool deck. Coaches check-in will be located at clerk of course where proof of membership will be shown to the Meet Director.

SCHEDULE: January 15, 2016

TIMED FINAL Session:

Warm-up: 4:30 PM

Competition: 5:30 PM

January 16 & 17, 2016

PRELIM Sessions:

Warm-up: 6:45 AM

Competition: 8:00 AM

SATURDAY FINALS Session:

Warm-up: 5:00 PM

Competition: 6:00 PM

SUNDAY FINALS Session: (1 Hour EARLIER START)

Warm-up: 4:00 PM

Competition: 5:00 PM

January 16 & 17, 2016

Warm-up:

11-12 & 10 Under PRELIM/FINAL-TIMED FINAL Sessions:

Immediately following AM session

Competition: Immediately following Warm-up,

MEET FORMAT: Prelim/Finals and Timed finals meet with 128 events as set forth on the "Order of Events" (attached). Tennessee Aquatics reserves the right to limit **ANY** event to allow the meet to run in the allotted time. All events for 11 and over age groups will be conducted as preliminary/final events, with the exception of the 1000/1650 Free, which will be swum as deck seeded, timed finals, positive check-in required. The 11-12 200 IM will be a pre-seeded timed final event. There will be a championship & consolation heat (top 16) for all Open & 13-14 prelim/final events. For 11-12 prelim/final events there will only be a championship heat (top 8). All events 200 yards or shorter will be pre-seeded. **13 & Over relays on Saturday will swim with finals. 13 & Over relays for Sunday will all swim in prelims.** All 11-12 relays will swim in prelims. All events 400 yards or longer will need their own timer.

SEEDING: All events 200 yards or shorter will be pre-seeded. All events 400 yards or longer will be deck seeded. You will need to provide your own timer and counter for all events 400 yards or longer. The **11 – 12 500y Free and the 11-12 200 IM** will be swum **fastest to slowest**, the number of heats swum may be limited. The **1000** will be swum **fastest to slowest** and the **fastest heat of 8** will be swum in the **final session**. Entries may be limited. Swimmers must declare an AM or PM preference.

BREAKS: There will be a ten minute break prior to the prelim distance events on Saturday and Sunday

ENTRY LIMITS: Swimmers competing in **only timed final events** may enter up to **four** events per day, exclusive of relays. Swimmers competing in **prelim/finals or a combination of prelim/finals and timed final events** may enter **three** individual events per day exclusive of relays. The meet committee reserves the right to limit and/or eliminate relays and/or limit heats in any events to run the meet within the time allocated.

ENTRIES: The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be USA Swimming registered swimmers and have current registration numbers in their entry & on entry form. The entry fee as calculated must accompany meet entries, by the due date, **January, 05 2016**. The signed and dated **release form and summary** found attached to this announcement, and **hard copy backup** of the meet entry data must also be submitted by the due date.

Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. No new heats will be formed. Entries must be received no later than **January 05, 2016**.

All entries should be submitted by email: meetdirector@tnaquatics.com

Real Time results will be posted each day. Final Results and result files will be posted on www.tnaquatics.com at the conclusion of the meet.

ENTRY TIMES: Enter with best **SHORT COURSE YARDS** times achieved in competition or time trial. Entry times should be in hundredths. **Conversions are not permitted.**

DISTANCE PROOF OF TIMES:

Entry times for all deck seeded events which may be limited (11-12 and 10 & U 200 IM, 400 IM, 500 Free, 1000 Free) must be submitted in actual time achieved and will be verified per the **USA Swimming National Times Database**.

ENTRY FEES:	Individual event	----	\$6.00
	Relays	----	\$10.00
	Facility Fee per swimmer	----	\$5.00
	SES Swimmer Surcharge	----	\$3.00
	Out of LSC Surcharge	----	\$5.00

Make checks payable to "**Tennessee Aquatics**". Entry fees and the signed release form must accompany the meet entry forms/emailed entries. Entries submitted without payment are not considered confirmed and subject to rejection if the meet fills.

PARKING: Parking on the University Campus:

You may purchase \$10.00 passes at the Metron, which is the site to park for this meet. Maps will be given with your pass. You may also meter park on Volunteer Ave without a pass. If you choose to not park at the designated areas you are parking at your own risk and could be subjected to being towed. Parking funds go directly to the University and prices are controlled by the University.

TIME TRIALS: Time Trials will be conducted at the discretion of the meet referee.
Time Trials fees: \$9.00 individual \$13.00 relay.

CHECK-IN: Relays and individual swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event as listed in the Order of Events. Swimmers are encouraged to check-in at the beginning of each day.

SCRATCHES: A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. **Failure to scratch prior to seeding**

and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day. Failure to scratch prior to seeding and not swimming any event on Sunday evening will result in the swimmer/team being fined \$25.00 per event.

SUNDAY FINALS WILL BE A POSITIVE CHECK-IN SITUATION. ANY SWIMMER WHO DOES NOT INDICATE THAT THEY WILL BE SWIMMING, WILL BE AUTOMATICALLY SCRATCHED.

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet except as noted below:

- 1) The Referee is notified in the event of illness or injury and accepts proof thereof.
- 2) A swimmer qualifying for a consolation final or final race based on the results of the preliminaries notifies the Referee of his/her intention not to compete within thirty minutes of the posted time for preliminary results.
- 3) It is determined by the Referee that failure to compete is caused by circumstances beyond control of the swimmer.

AWARDS: There will be individual awards for the top eight swimmers in each 12 & Under individual event and the top 3 relays in each 12 & Under relay event.

SCORING: The meet will not be scored individually or by team.

WARM-UP RULES: Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

- A. General Warm-up
1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
 2. No sprinting or pace work allowed during the general warm-up session.
 3. All lanes to be used for general warm-up.

- | | | |
|---------------------------------------|------------------|------------------|
| B. Specific warm-up (last 15 minutes) | (8 lanes) | (9 lanes) |
| 1. OPEN/PACE | Lanes 1 and 8 | Lanes 1 and 9 |
| 2. SPRINTS | Lanes 2, 3, 6, 7 | Lanes 2, 3, 7, 8 |
| 3. GENERAL | Lanes 4 and 5 | Lanes 4, 5, 6 |

MEET

EVALUATION: You are encouraged to send a meet evaluation to the Southeastern Swimming General Chairman:

Phil Kraus P.O. Box 1102
Huntsville, AL 35807

MAIL ENTRY FORMS TO: TNAQ
ATTN: Victoria Klouda
PO Box 10341
Knoxville, TN 37939
901-461-6553
Email:
meetchief@tnaquatics.com

Signature requirement must be waived for all USPS, Fed-EX and UPS

deliveries. **ENTRIES & FEES MUST BE RECEIVED NO LATER THAN January**

05,2016

2016 PILOT FLYING J JANUARY CLASSIC

-- ORDER OF EVENTS --

FRIDAY, JANUARY 15, 2016 EVENING SESSION TIMED FINALS

Warm-up begins at 4:30PM Competition begins at 5:30PM Continuous warm-up/warm-down will be available in the diving well.

WOMEN EVENTS MEN

1 * 12 & Under 200 IM * 2

3 ** 12 & Over 400 IM ** 4

5 # 12 & Under 500 FREE # 6

7 @ 13 & Over 500 FREE @ 8

SWIMMERS ARE LIMITED TO 2 EVENTS ON FRIDAY

Entry times will be verified with the national times database

All events 400 yards or longer will need their own timer

* 12 & Under **200 IM** will be **pre-seeded**, **Swims fastest to slowest**, # of heats may be limited.

** The 11-12 **500 Free** will be deck seeded, swimmers must be checked in by 5:00pm at the Clerk of Course. **Swims fastest to slowest**, # of heats may be limited.

The **400 IM** events will be deck seeded. Coaches must check in their swimmers by 5:00pm at the Clerk of Course. **Swims fastest to slowest**, # of heats may be limited.

@ The 13 & Over 500 Free events will be deck seeded. Coaches must check in their swimmers by 5:00pm at the Clerk of Course. **Swims fastest to slowest**, # of heats may be limited.

SATURDAY, JANUARY 16, 2016 MORNING SESSION

Warm-up begins at 6:45 AM. Competition begins at 8:00 AM. Continuous warm-up/warm-down will be available in the diving well.

WOMEN

9 **

11 **

13 *

15

17

19

21

23

25

27

29

31

33

EVENTS

OPEN 400 MEDLEY RELAY

Swim with Finals NO PRELIMS

13 & 14 400 MEDLEY RELAY

Swim with Finals NO PRELIMS

OPEN 1000 FREE

Fastest Heat at Finals

OPEN 200 BACK

13 & 14 200 BACK

OPEN 100 FREE

13 & 14 100 FREE

OPEN 200 IM

13 & 14 200 IM

OPEN 100 BREAST

13 & 14 100 BREAST

OPEN 200 FLY

13 & 14 200 FLY

MEN

** 10

** 12

16

18

20

22

24

26

28

30

32

34

THE ABOVE ORDER IS FOR FINALS.

* OPEN 1000 Free is a deck seeded timed final.

Enter with best SCY time from National Times Database. Check in with the Clerk of Course by 9:00 AM. **The fastest heat will swim in the Finals session.**

All other heats swim in the morning after event # 34.

There will be a ten minute break in the prelim session before the distance events

** All relays SATURDAY are timed finals, deck seeded, swimming with **FINALS**.

**AFTERNOON SESSION SATURDAY,
JANUARY 16, 2016**

Warm-up will begin immediately following the AM session
Competition immediately following warm-up.
Continuous warm-up/warm-down will be available in the diving well.

GIRLS

35

37

39

41

43

45

47

49

51

53

55

57

59

61

63

65

67

69

EVENTS

10 & UNDER 200 MEDLEY RELAY

cards should be taken to the blocks.

11 &12 200 MEDLEY RELAY

cards should be taken to the blocks.

8 & UNDER 100 IM

9 & 10 100 IM

11 &12 100 IM

8 & UNDER 25 BACK

9 & 10 50 BACK

11 &12 50 BACK

8 & UNDER 50 FLY

9 & 10 100 FLY

11 &12 100 FLY

8 & UNDER 50 FREE

9 & 10 50 FREE

11 &12 50 FREE

8 & UNDER 25 BREAST

9 & 10 100 BREAST

11 &12 100 BREAST

10 & UNDER 200 FREE

BOYS

***36** Completed relay

***38** Completed relay

40

42

44

46

48

50

52

54

56

58

60

62

64

66

68

70

FINALS SESSION

SATURDAY, JANUARY 16, 2016

Competition begins at 6:00pm

Warm-up begins at 5:00 PM.

Continuous warm-up/warm-down will be available in the scoreboard end of the pool.

See Above for Order of Events

MORNING SESSION

SUNDAY, JANUARY 17, 2016

Warm-up begins at 6:45 AM. Competition begins at 8:00 AM.
Continuous warm-up/warm-down will be available in the diving well.

WOMEN

EVENTS

MEN

Fastest

	Heat at Finals	
73	OPEN 100 BACK	74
75	13 &14 100 BACK	76
77	OPEN 200 FREE	78
79	13 & 14 200 FREE	80
81	OPEN 100 FLY	82
83	13 &14 100 FLY	84
85	OPEN 50 FREE	86
87	13 &14 50 FREE	88
89	OPEN 200 BREAST	90
91	13 &14 200 BREAST	92
93	OPEN 400 FREE RELAY	94
	Swim with Prelims only	
95	13 &14 400 FREE RELAY	96

Swim with Prelims only

THE ABOVE ORDER IS FOR FINALS.

** All relays on Sunday are timed finals, deck seeded, swimming with**PRELIMS**.

AFTERNOON SESSION

SUNDAY, JANUARY 17, 2016

Warm-up will begin immediately following the morning session
Competition immediately following warm-up.
Continuous warm-up/warm-down will be available in the diving well.

GIRLS

EVENTS

BOYS

97	10 & UNDER 200 FREE RELAY	98
	Completed relay cards should be taken to the blocks.	
99	11 &12 200 FREE RELAY	100 Completed relay
	cards should be taken to the blocks.	
101	8 & UNDER 50 BREAST	102
103	9 & 10 50 BREAST	104
105	11 &12 50 BREAST	106
107	8 & UNDER 25 FREE	108
109	9 & 10 100 FREE	110
111	11 &12 100 FREE	112
113	8 & UNDER 50 BACK	114
115	9 & 10 100 BACK	116
117	11 &12 100 BACK	118
119	8 & UNDER 25 FLY	120
121	9 & 10 50 FLY	122
123	11 &12 50 FLY	124
125	8 & UNDER 100 FREE	126
127	11 & 12 200 FREE	128

FINALS SESSION

SUNDAY, JANUARY 17, 2016

Warm-up begins at 4:00 PM. Competition begins at 5:00 PM.
Continuous warm-up/warm-down will be available in the diving well.

COACHES MAKE SURE SWIMMERS SCRATCH & SIGN IN FOR ALL EVENTS SUNDAY FINALS

Failure to scratch prior to seeding and not swimming any event on Sunday evening will
result in the swimmer/team being fined \$25.00 per event.

THE ABOVE ORDER IS FOR FINALS.

2016 Pilot Flying J Invite

TEAM INFORMATION

CLUB NAME:		INITIALS:
ADDRESS:		
LSC:	HEAD COACH:	
CONTACT PERSON:		PHONE NUMBER:
FAX NUMBER:	CELL PHONE:	EMAIL:
COACHES ATTENDING :	NAME	COACHES CARD EXPIRATION DATE
	1.	
	2.	
	3.	
CERTIFIED OFFICIALS WHO MAY WISH TO WORK:	1.	
	2.	
	3.	
	4.	
NUMBER OF SWIMMERS ENTERED:	ATTACHED:	
	UNATTACHED:	
	TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:		X \$3.00 SES LSC SURCHARGE =	
NUMBER OF SWIMMERS:		OR X \$5.00 <i>Out of LSC</i> SURCHARGE =	
NUMBER OF SWIMMERS:		X \$5.00 Facility Surcharge (per swimmer)	
NUMBER OF IND. EVENTS:		X \$6.00 PER EVENT ENTRY FEE =	
NUMBER OF RELAYS:		X \$10.00 PER RELAY ENTRY FEE =	
TOTAL DUE:			

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry are registered with USA Swimming Rules and Regulation:

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. The Tennessee Aquatics, The University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	
CLUB:	
TITLE:	DATE:

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____/_____
_____/_____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance.

The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director email:

meetdirector@tnaquatics.com

Meet Referee email: bavol@tds.net

Disability Chair Email:

robin@seastarsaquatics.org

UNACCOMPANIED SWIMMER COACHING ASSIGNMENT FORM

Name of Meet: _____

Date(s): _____

The following swimmers from _____ (swimmer's team) will not be accompanied by a team coach and therefore I request that the Meet Referee/Meet Director assign them to a coach for all purposes during the meet sessions on the dates noted above. Each of the swimmers listed below are certified as proficient in performing a racing start unless specifically noted otherwise (non-certified swimmers must start each race from within the water).

Coach's Signature

Date

Swimmer Name(s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

I agree to act as coach for the above named swimmer(s) during the pre-meet practice, warm-up and the competition.

Assigned Coach's Signature

Date

Assigned Coach's Team Name