

Yards Standards



**National Interscholastic Swimming Coaches Association
2018 - 2019 NISCA/Speedo Swimming All-America**

Yard Time Standards

Top 100 Athletes determined by time from submitted applications will be recognized as All-America in individual and relay events.

<i>Boys All-America</i>		<i>High School</i>	<i>Girls All-America</i>	
<u>All America</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>All America</u>
1:33.34	1:34.94	200 Medley Relay	1:46.44	1:44.54
1:38.52	1:40.23	200 Freestyle	1:50.65	1:48.80
1:49.83	1:51.77	200 Individual Medley	2:04.02	2:01.69
:20.60	:20.96	50 Freestyle	:23.58	:23.23
:48.96	:50.03	100 Butterfly	:55.63	:54.45
:44.99	:45.78	100 Freestyle	:51.13	:50.29
4:28.75	4:33.39	500 Freestyle	4:57.09	4:52.26
1:24.92	1:26.03	200 Freestyle Relay	1:37.16	1:35.50
:49.53	:50.64	100 Backstroke	:56.11	:54.89
:55.93	:57.11	100 Breaststroke	1:04.05	1:02.60
3:06.24	3:08.93	400 Freestyle Relay	3:31.27	3:27.79

Meters Standards



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Meter Time Standards

*Meters are converted to Yards by the online entry database
Coaches enter Meter Times and check "Meters"*

Top 100 Athletes determined by time from submitted applications will be recognized as All-America in individual and relay events.

<i>Boys All-America</i>		<i>High School</i>	<i>Girls All-America</i>	
<u>All America</u>	<u>Consideration</u>	<u>Event in Yards</u>	<u>Consideration</u>	<u>All America</u>
1:44.07	1:45.86	200 Medley Relay	1:58.79	1:56.67
1:49.16	1:51.05	200 Freestyle	2:02.69	2:00.55
2:01.91	2:04.18	200 Individual Medley	2:17.66	2:15.08
:23.05	:23.45	50 Freestyle	:26.29	:25.90
:54.54	:55.73	100 Butterfly	1:01.80	1:00.49
:49.98	:50.86	100 Freestyle	:56.86	:55.92
3:55.96	4:00.04	400 Freestyle	4:20.61	4:16.37
1:34.77	1:36.01	200 Freestyle Relay	1:48.53	1:46.67
:55.03	:56.26	100 Backstroke	1:02.34	1:00.98
1:02.08	1:03.39	100 Breaststroke	1:11.22	1:09.61
3:27.47	3:30.47	400 Freestyle Relay	3:55.35	3:50.92