

2019 Jingle Bell Classic
Saturday, December 7th, 2019

MAAP (Minor Athlete Abuse Prevention Policy) – Effective June 23, 2019

- *A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”).*
- *All USA Swimming members including athletes 18yrs and older and adults who are attending the swim meet and interact with minor athletes are expected to comply with the MAAPP policy.*
- *All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers who are attending the swim meet are expected to understand and comply with MAAPP.*
- *As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.*

***** Georgia Swimming’s Tech Suit Policy *****

In all Georgia Swimming Sanctioned or Approved competitions, the use of Tech Suits as defined below will NOT be allowed by any 10 & Under athletes (whether competing in age-specific or “Open” events). In addition, the use of Tech Suits will NOT be allowed in any 11 or 12-year-old events, with exception of meets determined as Championship meets in the LSC including Divisional meets, State Championship meets, and Age Group Sectional meets. Georgia Swimming defines “Tech Suit” as any suit with bonded or meshed seams and/or kinetic tape. The LSC will publish a list of restricted suits, which shall be updated on a monthly basis, as a resource for swimmers, parents and coaches; however, a suit does NOT need to be included on the list in order to be considered a restricted suit. As manufacturers often release new suits throughout the season, coaches and parents are responsible for identifying if a suit is restricted based on the previously stated description.

HOST TEAM: Carpet Capital Aquatics Club

SANCTION: Held under the sanctioned of USA Swimming Inc., issued by Georgia Swimming, Inc.

Sanction #

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event

FACILITY:

Dalton High School Natatorium
1500 Manly Street
Dalton, GA 30720

The pool is a 6-lane, 25-yard competition pool with a 4-foot minimum depth, non-turbulent lane lines, and fully automatic Omega electronic timing system and scoreboard with a lane/time/place display. The competition course has been certified in accordance with 104.2.2C(4) . The copy of such certification is on file with USA Swimming & Georgia Swimming. The pool depth at the start end is 4 feet and the pool depth at the

turn end is 12 feet. Bleacher seats provide ample seating for spectators. Ample parking is available in the east parking lot of the high school.

MEET DIRECTOR: The Meet Director is Mendy Mashburn; 423-902-3075; jdmeszaros@gmail.com

MEET OFFICIALS:

Referee: Margaret Brandel
Starter:
Stroke & Turn: Justine Shaheen
Admin:
Safety Marshall: Andrew Stephenson

The Carpet Capital Aquatic Club welcomes and encourages the assistance of certified officials and apprentices from the visiting teams. Please contact the Meet Referee in advance or when you arrive, if you are interested in officiating. Please arrive at least 60 minutes before the start of the session. All certified officials must present their current LSC certification card OR a recently completed apprentice form AND PROOF OF CURRENT USA SWIMMING MEMBERSHIP (DECK PASS). Dress will be white shirts over blue pants, shorts or skirts

OFFICIALS MEETING: There will be an Officials meeting at 8:15 AM on Saturday, December 7th.

COACHES: There will be a mandatory Coaches' Meeting at **8:35 AM on Saturday**, December 7th at the timing desk. Coaches will be required to sign in and show their U.S.A. Swimming coaches card. Coaches must wear their current USAS card at all times while at the meet. The pool will be cleared during the meeting.

TIME STANDARDS: There are no time standards required for participation.

RULES: Current USA Swimming Rules and Regulations will govern the conduct of this meet unless otherwise stated herein. Coaches must present, upon check-in, a current USA coaches certification card and wear the same while on deck or in hospitality.

All teams must sign the waiver on the Summary Sheet stating that all swimmers and coaches are currently registered with United States Swimming. Carpet Capital Aquatics Club will not permit unregistered swimmers to participate in this meet in any manner.

A bullpen will be used for 8 & under 25-yard events. Swimmers must report to the bullpen approximately 10 minutes before their events. No heat will be delayed for any swimmer that did not report to the bullpen and is late to the blocks.

The Meet Referee may elect to change and/or combine heats. Every reasonable effort will be made to notify teams of any changes.

Dive over starts may be used during the meet.

All participants must be USA Swimming registered athletes. Entries will not be accepted without current registration numbers. On deck registrations will not be accepted. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Deck Changes are prohibited. (Changing, in whole or in part, into or out of a swimsuit when wearing only one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes).

Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.

Operation of a drone or any other flying apparatus is prohibited over the venue (pools, athlete/coaches areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Vice President of Program Operations.

Deck Pass is acceptable proof of USA Swimming membership

WARM UP: Georgia Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm up prior to each session.

STARTING TIMES:

Session	Warm-up	Competition
Saturday AM:	7:30 AM	9:00 AM
Saturday PM:	At the Conclusion of the AM Session	1 Hour after Warm Up Begins

An approximate time line will be posted on the CCAC Web page on Wednesday, November 29th. Please be aware that this is an approximate timeline and actual start times are based upon many factors.

ENTRIES: Teams who have HYTEK'S Meet/Team Manager should submit their entries via email, CD/DVD, jump drive (please send in COMMLink file format or WIN-MM format). E-mailed HYTEK entries are preferable. Entry forms must be completely filled out including the swimmers' best times for yards. Please provide a written copy of entries for verification purposes. Results will be returned via email and posted to the ccacswimming.org web site after the meet.

DEADLINE: Entry disks and/or printouts, summary/release sheets, and entry fees, including surcharges, must be received by the Meet Director on or before Tuesday, November 26th, 2019. Late entries will be accepted for empty lanes only; new heats will not be created. All swimmers entering late must show their USA registration card to the clerk of course to verify their current USA membership.

Completed entries must be sent to:

Jason Meszaros (423-902-3075)

P.O. Box 4257

Chattanooga, TN 37405

jdmeszaros@gmail.com (email is preferred)

FEES:

\$2.00 Out of State fee per swimmer. (Swimmers not registered USA with Georgia Swimming, Inc.)

\$5.00 per individual event, **\$10.00** per relay event

LATE FEES:

\$10.00 per individual event.

\$20.00 per relay event

Please make checks payable to: **Carpet Capital Aquatics Club**. All entry fees are non-refundable.

LIMITS: Swimmers are limited to 6 individual events per day, exclusive of relays.

Entries will be limited to the first **350** swimmers, including the Host Team's swimmers, that have submitted all required documentations and fees by the meet deadline. If a non-host team's entries cause the limit to be exceeded, all entries for that team will be accepted.

MEET FORMAT: This is a timed-finals meet. All events will be pre-seeded and swum according to the order of events in the meet information sheet. If the timeline allows, there will be a break between the relay events and individual events. **SPECIAL NOTE:** Meet Director reserves the right to combine events and heats should the number of entries exceed a given four-hour session. The Meet Director reserves the right to conduct the competition in a single session based on the number of entries.

AWARDS/SCORING: Medals will be awarded for places 1 through 3 and ribbons for places 4 through 8 in all events. Heat winner ribbons will be awarded in all 10 & Under events. There will be no team scores.

DISABLED SWIMMERS: Disabled swimmers are welcome and should complete the attached disability form as well as notifying the Meet Director and Meet Referee of special needs.

Morning Warm-ups: 7:30 – 8:30 AM
Competition Begins 9:00 AM

Girls	Event	Boys
1	8 & Under 50 Freestyle	2
3	10 & Under 100 Freestyle	4
5	8 & Under 25 Backstroke	6
7	10 & Under 50 Backstroke	8
9	8 & Under 25 Butterfly	10
11	10 & Under 50 Butterfly	12
13	8 & Under 25 Breaststroke	14
15	10 & Under 50 Breaststroke	16
17	8 & Under 25 Freestyle	18
19	10 & Under 50 Freestyle	20
21	8 & Under 100 Individual Medley	22
23	10 & Under 100 Individual Medley	24
25	8 & Under Mixed 100 Free Relay	
	10 & Under Mixed 200 Free Relay	26

Afternoon Warm-Ups: At the Completion of the AM Session
Competition Begins: 1 Hour after Warm-Ups Begin

Girls	Event	Boys
27	11 & Over Mixed 200 Free Relay	
28	11 & Over 100 Freestyle	29
30	11 & Over 50 Backstroke	31
32	11 & Over 100 Backstroke	33
34	11 & Over 50 Butterfly	35
36	11 & Over 100 Butterfly	37
38	11 & Over 50 Breaststroke	39
40	11 & Over 100 Breaststroke	41
42	11 & Over 50 Freestyle	43
44	11 & Over 100 Individual Medley	45
46	11 & Over Mixed 200 Medley Relay	

Entry Summary and Liability Release Form

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December 7th, 2019

Team Name: _____ Team Abbreviation: _____

Team Address: _____

City: _____ State: _____ Zip: _____

Coach(es): _____

Phone: _____ Cell: _____

Email: _____

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Total individual events: _____ X \$5.00 = \$ _____

Total out of state swimmers: _____ X \$2.00 = \$ _____

Total relay entries: _____ X \$10.00 = \$ _____

Total fees submitted: \$ _____

Make Check Payable To: **“Carpet Capital Aquatics Club”**

Mail Entries To: Carpet Capital Aquatics Club
C/O Jason Meszaros
PO Box 4257
Chattanooga, TN 37411
Email Entries To:
jdmeszaros@gmail.com

Entries must be received on or before **Tuesday, November 26th, 2019.**

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WAIVER, ACKNOWLEDGEMENT AND LIABILITY RELEASE

I, the undersigned coach or team, representative verify that all of the swimmers and coaches listed on the enclosed entry forms are registered with USA Swimming. I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet. In granting this sanction it is understood and agreed that USA Swimming shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. It is further understood that; Carpet Capital Aquatics Club, Dalton High School, Dalton Public Schools, Dalton Parks and Recreation Department; their agents, employees and coaches shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Georgia Swimming, Inc., USA Swimming, shall be free from liability or claim from damages during by reason of illness or injury to anyone during the conduct of the meet.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, the host LSC may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

Signed: _____ Date: _____