

2020 Pilot Flying J January Classic

January 10-12, 2020

SANCTION #: 20SETNAQ1-10 **TIME TRIAL SANCTION #:** TT20SETNAQ1-10

HOST CLUB: Tennessee Aquatics

LOCATION: Allan Jones Intercollegiate Aquatic Center, University of Tennessee
2200 Andy Holt Avenue
Knoxville, Tennessee 37996

VENUE: Allan Jones Intercollegiate Aquatic Center: An eight-lane 50-meter by 25-yard competition pool divided by 4-foot wide bulkhead into two 25 yard pools with Omega - OSB11 starting blocks with adjustable footrest wedge with extended platform surface and attached are retractable backstroke wedges, (28 inches above the water surface). Pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6-inch Competitor lane markers. Warm-up/warm-down pool is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up/ warm-down lanes available. Seating is available for 1,284 spectators in the balcony overlooking the pool. Only coaches and athletes are permitted on the pool deck, locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming.

TIMING: Omega - Swiss Timing electronic timing system and Daktronics scoreboard.

OFFICIALS:
Meet Referee: Jack Gump, gumpjacka@gmail.com
Admin Official: Sherren Chadwell, robsherren@hotmail.com
Meet Director: Jackie Bertucci, meetentries@tnaquatics.com, 865-207-7297

Visiting officials are welcome. All officials must wear current USA membership card while on deck and must present current Officials certification card to Meet Referee at check-in. Please contact Nick Hall, nicholashall55@gmail.com with level of certification and sessions you desire to work. White over khaki will be the uniform for all timed finals and prelim events. Light blue over khaki will be worn for finals events.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm downs.

All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. To follow this policy the UT Team room will be open to coaches and officials only.

ELIGIBILITY: All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2019-2020 members of their LSC and USA Swimming or FINA. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to show proof of current USA Swimming membership. All coaches must have completed the safety training as required by USA Swimming. All coaches are required to sign in with the Clerk of Course and/or all coaches must be prepared to show their coaching credentials at any time to the Meet Director and/or the Meet Referee.

SCHEDULE:	January 10, 2020	TIMED FINAL Session: Warm-up: 4:45 PM Competition: 5:45 PM
	January 11 & 12, 2020	PRELIM Sessions: Warm-up: 6:45 AM Competition: 8:00 AM FINALS Sessions: Warm-up: 4:00 PM Competition: 5:00 PM
	January 11 & 12, 2020	TIMED FINAL Sessions: 11-12, 9-10, 8 Under Warm-up: Immediately following AM session Competition: Immediately following Warm-up

MEET FORMAT: Mixed Timed Finals and Prelim/Finals meet with events set forth in the "Order of Events" (attached). Tennessee Aquatics reserves the right to limit ANY event to allow the meet to run in the allotted time. All events for 13 and over age groups will be conducted as preliminary/final events, with the exception of the 400 IM, 500 Free and 1000/1650 Free, which will be swum as deck seeded, timed finals, positive check-in required.

There will be A and B Final (top 16) for 13-14 and A, B, and C Final (top 24) for Open prelim/final events. All events 200 yards or shorter will be pre-seeded.

13 & Over relays on Saturday will swim with finals. 13 & Over relays for Sunday will all swim in prelims.

SEEDING: All events 200 yards or shorter will be pre-seeded. All events 400 yards or longer will be deck seeded. You will need to provide your own timer and counter for all events 1000 yards or longer. The **11-12 500y Free, 11-12 200 IM, 12 & Over 400 IM** will be swum **fastest to slowest**, and the number of heats swum may be limited. **13 & Over 1000/1650 Free** will be swum **fastest to slowest** and the number of heats swum may be limited *with the exception of the fastest heat of 8*, which will be swum in the **final session**. Entries may be limited. Swimmers wishing NOT to swim in the Sunday finals session of the 1000/1650 Free must declare so at check-in.

ENTRIES: The meet committee reserves the right to limit and/or eliminate relays and/or limit heats in any events to run the meet within the time allocated. There will be no USA Swimming On-deck membership registration available. The swimmer's age on the first day of the meet will determine the age for the entire meet. All participants must be a USA Swimming registered swimmer and have current registration numbers listed in entry file. The entry fees and forms must be turned in at check in on Friday, January 10th.

Late entries will be accepted only at the meet referee's discretion and only on an open lane basis. Entries must be received no later than Tuesday, **December 17, 2019**. All entries should be submitted by email: meetentries@tnaquatics.com. Final results will be posted at the conclusion of the meet on the TNAQ website: www.tnaquatics.com

ENTRY TIMES: Enter with best SHORT COURSE YARDS times achieved in competition or time trial. Entry times should be in hundredths. Conversions are not permitted. All individual entry times submitted must be in USA Swimming SWIMS database and will be reconciled with SWIMS.

ENTRY FEES:	Individual event	----	\$ 10.00
	Relays	----	\$ 20.00
	Facility Fee per swimmer	----	\$ 18.00
	SES Swimmer Surcharge	----	\$3.00
	Out of LSC Surcharge	----	\$5.00

Make checks payable to "Tennessee Aquatics"

We prefer for teams to bring forms and fees with them on Friday, January 10

ENTRY LIMITS: Swimmers competing in **only timed final events** may enter up to (4) events per day, exclusive of relays. Swimmers competing in **prelim/finals or a combination of prelim/finals and timed final events** may enter **(3)** individual events per day exclusive of relays.

ENTRIES for DISABILITIES SWIMMERS:

Swimmers with disabilities are welcome and must complete the "Information Form for Disabled Swimmers" and return it with your entry fee summary.

***Also, inform the entry chair of any accommodations that need to be made when submitting entries by email, meetentries@tnaquatics.com.**

TIME TRIALS: Time Trials will be conducted at the discretion of the meet referee. Time Trials fees: \$15.00 individual \$25.00 relay.

TIME TRIALS & SWIM-OFFS:

Time Trials will be conducted at the discretion of the meet referee. Time Trials fees: \$10.00-individual and \$16.00-relay. Swim-offs, as required will be conducted not later than 30 minutes after the completion of the session, unless otherwise directed by the meet referee.

CHECK-IN: Teams and Swimmers must check-in at the Clerk of Course for deck-seeded events as per the stipulation for that event set by the meet director. Swimmers are encouraged to check-in at the beginning of each day.

COACHES' MEETING: A coaches' meeting will be held in the hospitality room on Friday prior to the start of the session. No swimmers will be allowed in the pool during this time.

SCRATCHES: A swimmer may scratch a pre-seeded event on the blocks without penalty. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch.

Failure to scratch prior to seeding and not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day. Failure to scratch prior to seeding and not swimming any event on Sunday evening will result in the team being fined \$25.00 per missed event.

Any swimmer qualifying for a consolation final or final race in an individual event who fails to compete in said consolation final or final race shall be barred from further competition for the remainder of the meet except as noted below:

- 1) The Referee is notified in the event of illness or injury and accepts the proof thereof.
- 2) A swimmer qualifying for a consolation final or final race based on the results of the preliminaries notifies the Referee of his/her intention not to compete within thirty minutes of the posted time for preliminary results.
- 3) It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

AWARDS: There will be individual awards for the top eight swimmers in each 12 & Under individual event and the top 3 relays in each 12 & Under relay event.

SCORING: The meet will not be scored individually or by team.

USE OF AUDIO/VISUAL/DRONES:

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, on deck, in the rest rooms or locker rooms. And operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

DECK CHANGE RULE and CHANGING AREAS:

Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Swimmers may change in the locker rooms located on the pool deck level. Swimmers should not suit change in public rest-rooms on upstairs level.

SUIT RULES: USA Swimming Rule 102.8.1B states: The swimmer must wear only one swimsuit in one or two pieces, except as provided in 205.10.1. All swimsuits shall be made from textile materials. For men, the swimsuit shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee

CONCESSIONS & SWIM SHOP:

Swim and Tri will be on site. Concessions will also be available for sale in the Allan Jones lobby.

New for 2019-2020! PARKING ON THE UNIVERSITY CAMPUS -During School Year:

Parking will be FREE. Parking will be located at the Kingston Pike Lot, **2309 Kingston Pike**, next to Tyson Park. Shuttle buses will run from the parking area to the facility. You may also meter park on Lake Avenue, but you must pay the meter at those spots. **There are no longer any meter spots on Volunteer Ave.** If you choose not to park in the designated areas you are parking at your own risk and could be subjected to being towed, ticketed, or car booted.

WARM-UP RULES: Southeastern Swimming, Inc. safety guidelines and warm-up procedures will be in effect.

A. General Warm-up

1. NO DIVING OR RACING STARTS ALLOWED FROM BLOCKS OR EDGE OF POOL. Swimmers must enter feet first in a cautious manner.
2. No sprinting or pace work allowed during the general warm-up session.
3. All lanes to be used for general warm-up.

B. Specific warm-up (last 15 minutes)

- | | | |
|--------------|----------------------------|----------------------------|
| 1. OPEN/PACE | (8 lanes)
Lanes 1 and 8 | (9 lanes)
Lanes 1 and 9 |
| 2. SPRINTS | Lanes 2, 3, 6, 7 | Lanes 2, 3, 7, 8 |
| 3. GENERAL | Lanes 4 and 5 | Lanes 4, 5, 6 |

MEET EVALUATION: You are encouraged to send a meet evaluation to the SES General Chairman:

Steven Murry
coachsteven@excelaquatics.org

ORDER OF EVENTS

FRIDAY, January 10, 2020

Warm-up begins at 4:45 PM.

Competition begins at 5:45 PM.

Continuous warm-up/warm-down will be available in the DIVING WELL.

EVENTS

12 & UN 200 IM

12 & OVER 400 IM

12 & Under 500 FREE

13 & OVER 500 FREE

All events on Friday will be deck seeded except 200 IM. Check-in closes at **5:15 PM** at the Clerk of Course.

All events on Friday will be swum fastest to slowest except 200 IM. 13 & Over 400 IM will be deck seeded and swum together but will be separated by age group in results. 13 & Over 500 Free will be deck seeded and swum together but will be separated by age group in results. The number of heats swum may be limited.

MORNING SESSION

SATURDAY, January 11, 2020

Warm-up begins at 6:45 AM

Competition begins at 8:00 AM

Continuous warm-up/warm-down will be available in the DIVING WELL

EVENTS

Open 400 MEDLEY RELAY (swims with finals no prelims)

13-14 400 MEDLEY RELAY (swims with finals no prelims)

SENIOR 200 BACK

13 & 14 200 BACK

SENIOR 100 FREE

13 & 14 100 FREE

SENIOR 200 IM

13 & 14 200 IM

SENIOR 100 BREAST

13 & 14 100 BREAST

SENIOR 200 FLY

13 & 14 200 FLY

Above order is for Finals

AFTERNOON SESSION

SATURDAY, January 11, 2020

Warm-up will begin immediately following the AM session Competition immediately following warm-up.

Continuous warm-up/warm-down will be available in the diving well.

EVENTS

10 & UN 200 MEDLEY RELAY (cards should be taken to the blocks)

11 & 12 200 MEDLEY RELAY (cards should be taken to the blocks)

8 & UNDER 100 IM

9 & 10 Under 100 IM

11 & 12 100 IM

8 & UNDER 25 BACK

9 & 10 50 BACK

11 & 12 50 BACK

8 & UNDER 50 FLY

9 & 10 100 FLY

11 & 12 100 FLY

8 & UNDER 50 FREE

9 & 10 100 FREE

11 & 12 100 FREE

8 & UNDER 50 BREAST

9 & 10 100 BREAST

11 & 12 100 BREAST

FINALS SESSION

SATURDAY, January 11, 2020

Warm-up begins at 4:00pm

Competition begins at 5:00pm

Continuous warm-up/warm-down will available in the scoreboard end of pool.

See Above for Order of Events

MORNING SESSION

SUNDAY, January 12, 2020

Warm-up begins at 6:45 AM.

Competition begins at 8:00 AM.

Continuous warm-up/warm-down will be available in the DIVING WELL.

EVENTS

SENIOR 400 FREE RELAY (Swimming with Prelims)

13-14 400 FREE RELAY (Swimming with Prelims)

*12 Over 1000 FREESTYLE (fastest heat at finals, all other heats after 200 Breast)

SENIOR 100 BACK

13 & 14 100 BACK

SENIOR 200 FREE

13 & 14 200 FREE

SENIOR 100 FLY

13 & 14 100 FLY

SENIOR 50 FREE

13 & 14 50 FREE

SENIOR 200 BREAST

13 & 14 200 BREAST

***1000 Free is a deck seeded timed final**

Check in with the Clerk of Course by 9:00am.

The fastest heat will swim in the Finals session. All other heats will swim after 200 Breast in prelims session.

You need to provide your own timer for all heats in prelims

AFTERNOON SESSION

SUNDAY, January 12, 2020

Warm-up will begin immediately following the AM session Competition immediately following warm-up.

Continuous warm-up/warm-down will be available in the diving well.

EVENTS

10 & UN 200 FREE RELAY (cards should be taken to the blocks)

11 & 12 200 FREE RELAY (cards should be taken to the blocks)

8 & UN 25 BREAST

9 & 10 50 BREAST

11 & 12 50 BREAST

8 & UN 50 BACK

9 & 10 100 BACK

11 & 12 100 BACK

8 & UN 25 FREE

9 & 10 50 FREE

11 & 12 50 FREE

8 & UN 25 FLY

9 & 10 50 FLY

11 & 12 50 FLY

8 & UN 100 FREE

10 & UN 200 FREE

11 & 12 200 FREE

FINALS SESSION

SUNDAY, January 12, 2020

Warm-up begins at 4:00pm

Competition begins at 5:00pm

Continuous warm-up/warm-down will available in the scoreboard end of pool.

See Above for Order of Events

SOUTHEASTERN LSC

INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.
(If using form - please email form to referee and meet director)

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____ / _____

Events to be swum: _____ / _____ / _____ / _____ / _____
_____ / _____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf,
loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference,
assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmer's accommodation during
Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and
tracking Swimmers attendance and performance. The Disability Chair welcomes any
feedback and or comments concerning your meet experience.

Meet Director Email: meetentries@tnaquatics.com

Meet Referee Email gumpjacka@gmail.com

Disability Chair Email: robin@seastarsaquatics.com, Robin Heller: (850) 418-0645

Team Information-CLUB NAME:		INITIALS:
ADDRESS:		EMAIL:
CONTACT /COACH AT MEET:		CELL PHONE:
Other Coaches Attending the Meet:	1.	3.
	2.	4.
NUMBER OF SWIMMERS ENTERED:	ATTACHED:	
	UNATTACHED:	
	TOTAL:	

SUMMARY OF FEES

NUMBER OF SWIMMERS:		X \$3.00 SES SURCHARGE =	
		X \$5.00 out of LSC SURCHARGE =	
		X \$16.00 FACILITY SURCHARGE =	
NUMBER OF IND. EVENTS:		X 7.00 PER EVENT ENTRY FEE =	
NUMBER OF RELAYS:		X \$14.00 PER RELAY ENTRY FEE =	
TOTAL DUE:			

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry are registered with USA Swimming Rules and Regulation:

501.7 -.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming. And as 302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. Tennessee Aquatics, University of Tennessee Rec Sports department, University of Tennessee Athletic Department, University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

SIGNATURE OF COACH OR CLUB OFFICIAL:	CLUB:
TITLE:	DATE:

SWIMMER ASSIGNMENT FORM

**2020 Pilot Flying J January Classic
Jan. 10-12, 2020**

Name of Swimmer (s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name of swimmer's team: _____

I agree to act as coach for the above-named swimmer(s) during the pre-meet practice, warm-up and the competition.

Coach's Signature

Date

Coach's Team Name

ENTRY FORM

Times should be in Short Course Yards Only

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						