



**2021 SOUTHEASTERN SWIMMING AGE GROUP
CHAMPIONSHIPS -TENNESSEE TEAMS
SHORT COURSE YARDS
March 5 to 7, 2021**

ENSWORTH - LSC SANCTION REQUIREMENTS In applying for the sanctioned meet on March 5 to March 7, 2021, Ensworth Aquatics, agrees to comply and to enforce health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Tennessee and Davidson County. All participating athletes are members of Southeastern Swimming. This meet will be pre-seeded. Deck entries are not allowed.

STATEMENT OF LOCAL PROTOCOLS AND REQUIREMENTS Per Nashville's Roadmap for Reopening and its current Phase 3 guidance:

- Gyms, fitness & exercise facilities, including swimming pools and specialty fitness studios may operate at 1/2 capacity or to the maximum occupancy that can maintain social distancing, whichever is less. Expanded social distancing requirements (10 feet) for more vigorous aerobic activities remain in place.

- Indoor and outdoor pools operate at ½ capacity of the posted maximum bather load limit, provided the pool facility adheres to proper social distancing. All deck areas are opened at 50% capacity with social distancing maintained. The posted pool capacity for the Ensworth Natatorium is 489.

PLAN FOR VOLUNTEERS/SPECTATORS INCLUDING ENTRY AND EXIT Due to the current COVID-19 environment and spectator space and the need to adhere to social distancing at the Ensworth Natatorium, Ensworth Aquatics reserves the right to limit entry into the facility to only athletes, coaches, and volunteers. There will be no spectators. Parents will be able to view the event through a livestream. The link will be available on Ensworth Aquatics Home Page to families before the meet. In the interest of safety and in an abundance of caution, this competition will run with the minimum required number of volunteers possible. Volunteers will enter through the west entry adjacent to the football field. All volunteers will be required to wear a face mask (unless when actively eating or drinking). All volunteers will be required to fill out

the Ensworth School's COVID-19 questionnaire prior to arrival on campus. All volunteers will have their temperature taken upon arrival at the facility. All volunteers will report directly to the volunteer check-in station, adjacent to the competition pool, upon entering the facility and then go directly to their volunteer post. There will be no formal timers meeting and no formal officials meeting. Timers are asked to enter the building and report to their positions 20 minutes before the meet begins. All volunteers are asked to wear a mask, practice social distancing and proper hand hygiene during the meet.

ENTRANCE AND EXIT FOR OFFICIALS, SWIMMERS AND COACHES Officials, swimmers, and coaches will enter the building through the east entry adjacent parking lot. All officials, swimmers, and coaches will be required to wear a face mask (unless when actively eating or drinking). **All officials, swimmers, and coaches will be required to fill out the Ensworth School's COVID-19 questionnaire prior to arrival on campus.** All officials, swimmers, and coaches will have their temperature taken upon arrival at the facility. All athletes should arrive with a Ziploc bag used for face mask storage while the athlete is warming up, warming down, or competing. Baskets will be placed behind the competition and warm-up pools, and warm-up/warm-down lanes so that athletes can store their Ziploc bags and towels while warming up and down. All volunteers are asked to wear a mask, practice social distancing, proper hand hygiene and avoid gathering in groups during the meet.

PLANNED NUMBER OF INDIVIDUALS Per Nashville's Roadmap for Reopening, pools may operate at up to 50% posted capacity provided that social distancing can be maintained. The Ensworth Natatorium's posted capacity is 489. There will be no more than 150 swimmers in any given session. Swimmers will be seated on both the pool deck and on the balcony level. All swimmers will be required to sit on a marked space. All marked spaces are 6 feet apart from each other. In the balcony area, only two of the three bleacher rows will be utilized. Additional chairs will be placed on designated spaces behind the balcony seating. Athletes may bring folding chairs to the pool. Volunteer meet marshals will be assigned to both the balcony area and on the pool deck to enforce face mask and social distancing protocols. There will be a staging area on the pool deck for upcoming heats. The staging area will be located on the south side of the pool deck and will seat the next two heats to swim. Athletes will be called to the starting block after the preceding heat has begun its race and after the athletes in two heats prior have cleared the area behind the blocks. (For example: Heat 1 finishes a race and remains in the water. Heat 2 begins its race while Heat 1 athletes are in the water (fly-over start). Heat 1 athletes clear the pool, retrieve their mask, towel, and warmups, and move to the warm-down area. Once Heat 1 swimmers are gone, Heat 3 swimmers are called behind the blocks). Exiting heats will proceed to the warm-down pool by passing behind the meet management table on the north side of the competition pool. Warm-up and warm-down lanes will not exceed 5 athletes per lane. Entry and exit to the warm-up pool is only permitted on the west side of the pool. Athletes may not enter or exit the warm-down pool from the bulkhead side. Meet marshals will be stationed to enforce lane limits, as well as to help on deck staging area flows. Athletes will be able to communicate with

coaches at designated coaches' areas on the south and north sides of the competition pool. There will be tables and markings designating 6-feet between the athletes and coaches. Athletes will proceed back to the balcony level via the door on the west (diving board side) side of the pool.

- Coaches: At least one coach from every entered team will be permitted on the pool deck for the competition.

- Officials - Planned number of officials per session will not exceed 20 people

- Volunteers on Deck - Planned number of volunteers, including timers, on the pool deck will not exceed 25 people

- Planned total number of people on the pool deck shall not exceed 120 people at any given time (this includes on deck, assigned seating; staging area; volunteers; coaches).

SEATING AREA FOR SWIMMERS Swimmers will sit in assigned seats on the balcony level and/or on the pool deck with no more than 150 swimmers seated in that space

- Chairs will be provided for those athletes who are not seated in a bleacher on the balcony level. Athletes may bring their own chair for on-deck seating.

- Swimmers must wear masks at all times.

- Swimmers may remove masks once in the on-deck staging area prior to being called to the blocks. Athletes must put their masks back on following their race, prior to meeting with coaches and moving to the warm-down area.

- **RELAY PROTOCOLS:** Relays will be swum in every other lane. Only one heat of relays at a time will report to the staging area. Prior to each heat, only two athletes per relay team will report to the starting blocks. The third swimmer will report to the blocks at the start of the race; the fourth swimmer will report to the blocks once the second swimmer dives in. **ALL RELAY ATHLETES MUST PUT ON THEIR MASKS AND LEAVE THE STARTING BLOCK AREA AT THE CONCLUSION OF THEIR INDIVIDUAL RELAY LEG.**

- Swimmers may remove their mask when eating and drinking. Swimmers should only eat or drink in their designated seat.

- There will be at least 2 volunteers monitoring social distancing and mask wearing as well as alerting swimmers what events are next and which heats should head to the pool deck while maintaining social distancing. An emcee will also inform athletes when to come to the staging area.

SAFE SPORT All parents will be able to observe their children through livestream of the swim meet.

OTHER CONSIDERATIONS Locker rooms will NOT be available. Swimmers must arrive and leave the facility in their racing suit.

NO CHANGING IS PERMITTED ON THE PREMISES Restrooms will be available. ONLY Swimmers are permitted to use the restrooms on the west end of the building (main restroom). Coaches, Officials, and Volunteers ONLY are permitted to use the two pool side restrooms located behind the competition course and the restrooms on the balcony level.

- Water fountains are not to be used. Swimmers, coaches, and volunteers may refill water bottles in the designated bottle-filler in the west lobby.

- Concessions will not be opened. Athletes should bring their own snacks and drinks. They should not be shared.

- Once athletes are through competing, they should leave the facility.

- Cleaning will occur between the sessions.