

**2021 TENNESSEE INTERSCHOLASTIC SWIM COACHES ASSOCIATION
STATE HIGH SCHOOL SWIMMING & DIVING CHAMPIONSHIP**

Diving: APRIL 17; Swimming: APRIL 24-25, 2021

LOCATION: Due to the COVID pandemic, the swimming portion of the 2021 Tennessee State High School Championship Meet will be held at four separate locations. Results from each location will be consolidated and event placings determined. Diving will be held at Ensworth School.

RULES: Current National Federation of State High School Associations (NFSHSA) Rules govern the conduct of these championships, except as modified by the TISCA Constitution and Bylaws, TISCA Championship Rules, or this Meet Invitation. It shall be the swimmers' and coaches' responsibility to acquaint themselves with all the information contained in the meet information.

ELIGIBILITY: This Championship meet is open to current TISCA member teams and athletes in good standing (swimmers and divers in grades 9 through 12), and teams consisting of "Home School" athletes (grades 9 through 12), if meeting the requirements of Article VII and Article VIII and accepted by TISCA. All home school unattached swimmers must be a current member of TISCA. No State Championship entries will be accepted nor voting privileges granted to a team or unattached home school athlete unless current TISCA membership registration has been accepted and current dues have been paid. Registration forms and dues payment must be received **by TISCA** by the meet entry deadline.

Teams which fail to register with TISCA by the State Championship Meet entry deadline shall be allowed to participate under the following restrictions. (Registration requires submission of all forms & payments):

All swimmers, divers and relays shall not place nor score points in the competition. The meet host may designate such individuals and relays as "exhibition" on the meet entry list in order to facilitate orderly meet management.

Athletes or relays which are entered by a team after the State Championship entry deadline shall be allowed to participate under the following restrictions:

All swimmers, divers and relays shall not place nor score points in the competition. A swimmer who is late entered may not participate in a scoring relay. The meet host may designate such individuals and relays as "exhibition" on the meet entry list in order to facilitate orderly meet management.

No further entries or corrections shall be accepted after 11:59 PM on the Saturday preceding the State Championship Meet.

Membership questions may be directed to Alex Major at alex.major@gmail.com

CREDENTIALS: Coaches, athletes and officials are required to display credentials or a wristband to gain access to the pool deck. Credentials or wristbands will be provided at Team Check-In. Lost credentials or wristbands for swimmers or coaches can be replaced by a coach for \$5.00.

Due to limits on the number of people allowed in each facility, the number coaches per team per session will be limited as follows:

# Swimmers in a session	# Coaches
1-9	1
10-18	2
19-27	3
28 +	4

MEET FORMAT: Timed Final meet with 24 events as set forth in the "Order of Events". Diving cuts will be made per National Federation protocols. All events will be pre-seeded. The meet will be held in **sessions** at each site. Sessions will be divided to allow each site to adhere to local COVID restrictions. Session assignments at each site will be determined once entries have been received. **In order to promote social distancing, relays will be swum in odd-numbered lanes only.**

Scheduled 20 minute breaks after the 200 Medley Relay, 50 Freestyle, 500 Freestyle, 200 Free Relay and 100 Breaststroke will be taken. These breaks correspond to awards and/or diving breaks which would normally occur during the Finals sessions.

ENTRIES: Each competitor may enter a maximum of four (4) events, no more than two (2) of which may be individual events and must have met the qualifying time in any entered event during the current season. A team is allowed four (4) scoring entries in each individual event. Teams are limited to one (1) scoring "A" relay per event. One non- scoring "B" relay may also be entered with an entry time and must be designated as such on the entry. All Relay members must be qualified and entered in the meet in an individual swimming event. There will be no "relay only" swimmers allowed in the meet. In relay events 8 individuals may be designated on the entry. If a diver wishes to participate as a qualified member of a relay team, they must qualify in a "swimming" event. If diver does not meet this qualification, they may not participate in a relay.

LATE ENTRY EXCEPTION FOR THIS YEAR ONLY:

A swimmer who achieves the State Qualifying time for the first time at a high school League or Regional Championship Meet held between April 15 and April 18 will be allowed to late enter the meet without penalty by notifying the designated site Entry Chair via email prior to **6:00 PM on Monday, April 19**, local time. The email MUST contain: Team Name and Abbreviation, Swimmer Name, Swimmer USAS ID number (if relevant), Event number and name, name and location of the League or Regional Championship meet, and entry time achieved at the designated League or Regional Championship Meet.

Important points to this entry deadline exception:

1. The meet must be a high school League or Regional Championship Meet. Results from dual meets, time trials, or "last chance" meets will not be accepted.
2. Only NEW events achieved at the designated meet will be accepted.
3. This is not an opportunity to "add and switch" an event. Any qualifying times achieved at a prior event must be submitted with the team entries by the normal April 15 deadline. Therefore, only event(s) for which a swimmer initially qualified at the Regional or League Championship meet will be accepted. Events entered by the April 15 deadline may not be scratched nor changed.
4. Faster qualifying times for previously-entered events will NOT be accepted.
5. Any team caught gaming the system (ie: waiting until April 19 to enter a swimmer who had made the qualifying time at any meet prior to April 15, entering a swimmer who did not qualify at the designated meet, any other action deemed unethical by the TISCA Board) will be summarily scratched from the meet and the entire team will not be allowed to participate in the State Championship.

ENTRY TIMES: Enter with best SHORT COURSE YARDS times achieved in competition during the current high school season.

ENTRY TIME VERIFICATION: A swimmer who does not attain the qualifying time for an event during competition in this championship meet will be required to provide proof of entered time. The only valid proof of time will be official meet results from the meet where the time was attained. Failure to provide entry time verification within 30 days of the meet will result in a **\$50 fine** charged to the team per instance. Once 30 days have passed, then proofs will no longer be accepted and fines must be paid. Times must be proven using the Proof of Times Google Form (link below). **Please note that a team will not be allowed to participate in future TISCA Championship Swim Meets until all outstanding fines have been paid.** Official meet results are defined as results achieved in high school competition or meets such as USA Swimming, AAU, or YMCA meets. "Exhibition" swims should be shown as part of the official meet results. A certified official who was present must sign Time Trial results. Team Manager reports are not valid proofs of time.

[Click here to access Proof of Times](#) Google Form.

ELECTRONIC ENTRIES ONLY: All swimming and diving entries must be submitted via email using Hy-Tek Team Manager/TeamManager Lite or Team Unify. **USE THE ASSIGNED TISCA STATE MEET TEAM ABBREVIATION FOR YOUR SCHOOL**

The downloadable Team Manager EVENT FILE is available on the TISCA website
<http://www.tisca.net/>

In addition, all teams must submit the 2021 TISCA Team Information Online Form: [CLICK HERE FOR FORM](#)

ENTRY FEES: \$25 per athlete entered in the meet
Checks payable to: TISCA
*Please list SCHOOL NAME on the check.

NEW! Please bring all checks & paperwork, waivers with you to the meet. You must have a check to pay for all fees, waivers to check in. If you have to mail your payment please email Whitney Shelton (wshelton@cbhs.org) to request a mailing address.

USA SWIMMING OBSERVED STATUS: This meet has been approved for Observation of USA Swimming technical rules. Application for approval for Observation of USA Swimming technical rules has been submitted. If the meet is approved, those swimmers who are entered into the meet database with accurate USA-S ID numbers will have all times from legal USA-S swims automatically loaded into the national times database. **The athlete's correct USA Swimming ID#, registered full name with middle initial and date of birth must be included in the TM entry.** For those USA-S swimmers without USA-S ID's or inaccurate ID #'s, a written request must be submitted. Lead off splits for individual events and relays must be specifically requested in writing. Requests must be made by submission of the SES Individual Verification Request Form by the athlete or coach within two weeks of the last day of the meet and submitted to the SES SWIMS Chair. Email requests are not acceptable. Forms are available at: www.seswim.org An LSC administrative fee of \$5.00 per athlete, payable to SES, Inc. must be submitted with the request. Note: Late fees of \$10 per athlete must be submitted for requests after the two week time limit. SE Swimming, Attn: Tom Healey, 327 East Longleaf Dr, Auburn, AL 36832.

The entire diving competition will be held at The Ensworth School on Saturday, April 17th.

It is in agreement with the Tennessee dive coaches, that we will suspend the 3 meet (and at least one 11 dive meet) qualification rule for this season due to the COVID Pandemic. The 2021 State meet competition will be all 11 dives straight through, no cuts. Each coach will be expected to only enter those divers with an 11 dive list, and the dive order follows the National High School Federation Standards. There will be seven judges present for the competition, dropping the highest and lowest scores. Competition will consist of five voluntary dives and six optional dives, which may be performed in any order within each stage of competition. The five voluntary dives must come from each of the five groups and the sum total of their assigned degrees of difficulty must be 9.0 or less. The six optional dives must include at least one dive chosen from each of the five groups. All five groups of dives must be represented in the preliminary and semi-final rounds (first eight dives). The dives to be performed during each stage of the championship competition shall be as follows:

Rounds 1 - 5: Any two voluntary dives, any three optional dives. (Again, no cuts for the 2021 State competition)

Rounds 6 – 8: Two voluntary dives, one optional dive (this dive must be from a different group than those in rounds 1 -5).

Rounds 9 – 11: Must have 1 voluntary, two optional dives.

NEW!! Coaches need to submit diver entries to TISCA.DIVING@gmail.com, due by Wednesday, 4/16/2021, 6:00pm CST of each diver's dive list, number, written description, Degree of Difficulty, and required dives. Please note Voluntary and Optional dives. (This could be a scanned copy of a dive sheet). *We WILL NOT be using divemeets.com.**

DIVING SCORE SHEETS: Diving score sheets for **Women** must be submitted, signed by the coach and the diver, written in pencil, by

10:00 am CDT, **Saturday, April 17, 2021.** **Men** divers must submit score sheets, by 2:00 pm, **Saturday, April 17, 2021.** An entry box will be available at the Diving Scoring table. Score sheets will NOT be accepted after the deadline. Changes are permitted until 30 minutes prior to the start of the diving competition. The dive number for the voluntary dives must be circled on the diving form. **ALL DIVERS MUST BE ENTERED IN HY-TEK OR TEAM UNIFY FILE THAT IS SUBMITTED ELECTRONICALLY.**

STATE DIVING MEET FACILITY: The Ensworth School, 7401 Highway 100, Nashville, TN 37221

- The Ensworth Natatorium is to the back of the school, past the football stadium.
- There are Four (4) 1 meter boards on Durafirm stands & Maxi Flex "B" boards. Diving well depth is 12 feet.
- All divers and spectators must follow Ensworth Covid Protocols and fill out the questionnaire posted on the Ensworth.com website prior to entry. Please do not enter facility prior to 15 minutes before warm up time.
- Masks must be worn by spectators. Divers will be required to wear masks at the facility, in between dives during warm-ups and competition.

SPECTATOR GUIDELINE AT ENSWORTH FOR DIVING ONLY: 2 Spectators guests are allowed per diver for Saturday, and can be seated upstairs socially distant. Spectators are not allowed on the pool deck.

Diving Livestream Link: <https://vimeo.com/event/654732/43c174c03b>

or visit: ensworthlive.com

STATE DIVING MEET TIMELINE: Both Women and Men's Diving will be all on Saturday, April 17th.

10:00 – 11:00 AM **Women's Diving warm-up (Central Daylight Time)**

10:30 AM Deadline for changes

11:00 AM – 1:30 PM Women's Diving (rounds 1 – 11) All 11 dives, no cuts

2:00 PM – 3:00 PM **Men's Diving warm-up**

2:30 PM Deadline for changes

3:00 PM – 4:30 PM Men's Diving (rounds 1 – 11) All 11 dives, no cuts

DIVING DIRECTORS: Vanessa Rolfe (615) 554-8115 Tim Jones (615) 714-8866 Mike Wright (708) 679-4299

TISCA.DIVING@gmail.com

SCORING: Scoring will be 20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1. Points will be awarded for first through sixteenth place for individual swimming and diving events. Double points will be awarded for relay events.

AWARDS: There will be individual awards for the top sixteen athletes in each individual and relay event. Medals for 1-16 will be awarded. Trophies will be presented to the top 10 teams in the Men's & Women's divisions. The Ray Bussard Combined Team Championship Award will be presented to the top 10 combined teams. Awards will be mailed to each team after consolidation of all site results

Additional awards to be presented at the completion of the meet:

- Female Swimmer of the Year
- Male Swimmer of the Year
- Men's Swimming Coach of the Year
- Women's Swimming Coach of the Year
- Female Diver of the Year
- Male Diver of the Year
- Diving Coach of the Year

Voting for the above awards will be via Google Forms. A link is available on the TISCA website on the State Meet Info page. Voting will open on Monday, April 26 and close on Wednesday, April 28.

Results will be announced on the TISCA website.

ALL STATE AWARDS: Swimmers and Divers will be recognized by TISCA as "All State" by placing 1st through 4th in an individual or relay event. Awards for All State will be mailed to the athlete's team after the competition.

ANNUAL TISCA BUSINESS MEETING: Due to the restrictions of the COVID pandemic, the annual TISCA Business Meeting will be held via Zoom on May 1 at 10am CDT, we will share the voting of the awards and handle all business at this time. The Zoom link will be sent to all registered teams by April 29.

2021 TISCA Championship Qualifying Times & Order of Events

Saturday, April 24, 2021

WOMEN			EVENT	MEN		
Event #	SC Yards	SC Meters		SC Yards	SC Meters	Event #
1	NT	NT	200 Medley Relay	NT	NT	2
20 Minute Break						
3	2:12.19	2:26.39	200 Freestyle	2:00.29	2:13.29	4
5	2:31.09	2:47.69	200 Individual Medley	2:17.49	2:32.79	6
7	26.99	30.09	50 Freestyle	23.99	26.89	8
20 Minute Break						
9			1 Meter Diving Women			
11	1:07.39	1:14.89	100 Butterfly	1:00.19	1:06.99	12

Sunday, April 25, 2021

Women			Event	Men		
Event #	SC Yards	SC Meters		SC Yards	SC Meters	Event #
13	1:00.39	1:07.19	100 Freestyle	52.99	58.89	14
15	5:59.69	5:15.49	500 yd/400 m Freestyle	5:37.19	4:56.09	16
20 Minute Break						
17	NT	NT	200 Freestyle Relay	NT	NT	18
20 Minute Break						
			1 Meter Diving Men			10
19	1:07.89	1:15.49	100 Backstroke	1:01.59	1:08.39	20
21	1:17.69	1:26.39	100 Breaststroke	1:09.19	1:16.89	22
20 Minute Break						
23	NT	NT	400 Free Relay	NT	NT	24

Incorporation of Paralympic Athletes into the Tennessee State High School Swimming and Diving Championship Meet

Philosophy and Rationale:

The Tennessee High School Swimming and Diving Championship Meet is the pinnacle interscholastic competition for swimmers and divers in the State. As such, participation requires a level of competitive competence. Such competence in swimming is shown by equaling or bettering established qualifying time standards in each event. Competence in diving requires successful completion of at least one 11-dive competition prior to the State Meet.

The TISCA body has determined that providing an avenue for disability athletes to participate in the State Championship Meet has benefits to not only the disability athletes but to the organization and its members. However, in order to maintain the competitive philosophy of the meet, disability athletes must meet certain qualifying criteria. In other words: ***Participation by disability athletes shall not be awarded merely because one has a disability. Rather, the right to participate in the State Championship Meet shall be awarded based on the performance of a given standard which takes into account an athlete's disability.***

Logistics

To participate in the Tennessee State High School Championship Swimming competition, a disability athlete shall:

1. Show proof of USA Paralympic Sports Class Impairment

Such classification is a formal procedure carried out by the USA Paralympic Committee. TISCA is not able to nor responsible for providing such classification. Simply stating that one has a disability is not sufficient. Only USA Paralympic Classification certification will be accepted. Provisional sport classification documented by US Paralympics will be accepted, as will a final National Classification.

To apply for Certification

1. Download the "Gateway to Gold" app and submit a video according to the app.

<http://www.teamusa.org/US-Paralympics/Resources/Download-The-US-Paralympics-App>

2. Submit an MDS form to Sherrice.Fox@usoc.org

US Paralympics will then assign a provisional sport classification. Actual participation and further evaluation steps at a recognized US Paralympic Meet is required to be assigned a formal National Certification. Events can be found at

<http://www.teamusa.org/us-paralympics/sports/swimming/events>

2. Within the current high school season (ie: beginning on Sept 1), meet the current Can-Am Swimming Meet time standards for his/her disability category in the course distance in which the event was swum. Proof of time is required prior to State competition. The "current time standard" will be considered to be the Can-AM Meet standards posted on the USA Paralympic website as of September 1 prior to the TISCA State Championship in question. To access these standards go to: <http://www.teamusa.org/us-paralympics/sports/swimming/events> >

Additional Information

3. Meet all other TISCA eligibility requirements, including Championship Meet Entry requirements.

Events

Qualified disability swimmers may enter the 50 and/or 100-yard freestyle events at the meet for which they qualify. They will be seeded by time along with able-bodied swimmers in the competition. There will be no separate awards or scoring for disability events.

Accommodations

Prior to the meet, coaches and athletes are responsible for alerting the meet host and referee as to any accommodations, which may be required. Providing specialized accommodations (for example, a visually-impaired swimmer needing a tapper) is the responsibility of the athlete and/or coach.

Meet Entry Timeline

THURSDAY, APRIL 15, 2021

Final Meet Entry File is due by 6:00 pm Local Time to the respective meet site.

- *TISCA Team Abbreviation & full school name must be in the Subject line of the email*
- Coaches are responsible for the accuracy of entries. Once an entry is received, an email confirmation will be sent that the email was RECEIVED.
- **TISCA Team Information Online Form is also due <Click [HERE](#) for form>**

FRIDAY, APRIL 16 – SATURDAY, APRIL 17, 2021

Team Meet Entry Reports will be emailed to each team representative.

SATURDAY, APRIL 17, 2021

Entry Corrections are due by 11:59 pm local time to the respective meet site.

ENTRY CORRECTIONS: Coaches have until 11:59 PM local time on Saturday, April 17, to correct any errors for those athletes or relays previously entered. However, ADDITIONS will be subject to the Late Entry Policy. Those additional athletes or relays will be allowed to participate in the meet, but they cannot score points nor earn awards.

No further entries or corrections shall be accepted after 11:59 PM on the Saturday preceding the State Championship Meet.

TUESDAY, APRIL 20, 2021

Psych Sheets will be posted to the TISCA website by 6:00 pm CDT

WEDNESDAY, APRIL 21, 2021

Meet Timeline & Warm-Up Assignments will be posted on the TISCA website by 2:00 pm CDT

SATURDAY, APRIL 24, 2021

Relay cards for the 200 Medley Relay are due to Clerk of Course at a time and place designated at each site

SUNDAY, APRIL 25, 2021

Relay cards for the 200 Freestyle Relay are due to Clerk of Course at a time and place designated at each site
Relay cards for the 400 Freestyle Relay are due to Clerk of Course at a time and place designated at each site

Meet Information By Pool
TUPELO

Location: Tupelo Aquatic Center, 692 North Veterans Blvd, Tupelo, MS 38804

Location Contact Person: Rachel Kannady; rkannady@gmail.com 901-647-8319

SEND ENTRIES TO: Diana Harviel; scslswim@gmail.com 901-482-7607

Timing System: Colorado Timing

TISCA Board Member Representative: Rachel Kannady & Whitney Shelton

Meet Referee: Pete Naldozza; pnaldoza@me.com

Admin Official: Tricia Davis; tdavismtac@gmail.com 901-485-3719

Computer Operator: Diana Harviel and Tricia Davis

COVID Regulations:

- No entry through the front door, use the emailed map to enter on side deck entry. (Follow signs)
- Must be temperature screened at entry.
- Use marked bathrooms.
- All persons must wear a mask in the facility.
- Swimmers use hooks on blocks for masks.

General Reminders:

- No concessions, please bring snacks/water.
- Please make sure you pick up all your trash when you leave.
- Team signs may be hung on the 5th wire from the bottom of each spectator railing.

*****Meet results will not be scored before being sent for final results.*****

**Meet Information By Pool
ENSWORTH**

Location: Ensworth Natatorium

Location Contact Person: Christian Bahr / Cissy Fleet

SEND ENTRIES TO: eaqadmin@ensworth.com

Timing System: Colorado Time Systems

TISCA Board Member Representative: Justin Karpinos/ Alex Major

Meet Referee: Alex Hughes

Admin Official: Jessica Jackson

Computer Operator: Christian Bahr; bahrc@ensworth.com 366-692-4011

COVID Regulations: Posted on [Ensworth Aquatics Meet Page](#)

General Reminders: Claire McCall is our Meet Director. Please reach out to her at eaqmeets@gmail.com, me at bahrc@ensworth.com, or Cissy Fleet at eaqadmin@ensworth.com

*****Meet results will not be scored before being sent for final results.*****

Meet Information By Pool
BAYLOR

Location: Baylor Swim Club, 171 Baylor School Road, Chattanooga, TN 37405

Location Contact Person: Laura Pitman, lpitman@baylorschool.org 423-304-3208

SEND ENTRIES TO: Laura Pitman, meets@baylorswimming.org 423-304-3208

Timing System: Daktronics 2000

TISCA Board Member Representative: Stan Corcoran

Meet Referee: Larry Alexander larrydalexander@aol.com 423-902-7618

Admin Official: Melissa Waldrep, Melissa.waldrep@gmail.com

Computer Operator: Laura Pitman, lpitman@baylorschool.org 423-304-3208

COVID Regulations and 2021 Health Screening Form

<https://www.baylorswimming.org/location/baylor/>

*****Meet results will not be scored before being sent for final results.*****

**Meet Information By Pool
KINGSPORT**

Location: Kingsport Aquatic Center, 1820 Meadowview Pkwy, Kingsport, TN 37660

Location Contact Person: Chris Coraggio bscswim@yahoo.com 423-833-5595

SEND ENTRIES TO: Chris Coraggio TISCAentriesKingsport@yahoo.com 423-833-5595

Timing System: Daktronics 2000

TISCA Board Member Representative: Nathan Love

Meet Referee: Rob Clemons

Admin Official: Sherren Chadwell

Computer Operator: Chris Coraggio

COVID Regulations: All regulations will be sent to schools

*****Meet results will not be scored before being sent for final results.*****