



**National Interscholastic Swimming Coaches Association
2021- 2022 NISCA Swimming All-America**

Meter Time Standards

***Meters are converted to Yards by the online entry database
Coaches enter Meter Times and check "Meters"***

***Top 100 Athletes as determined by submitted and accepted times
will be recognized as All-America in individual and relay events.***

<i>Boys</i>		<i>High School</i>	<i>Girls</i>	
<u>All-America</u>	<u>Consideration</u>	<u>Event in Meters</u>	<u>Consideration</u>	<u>All-America</u>
1:44.07	1:45.86	200 Medley Relay	1:58.53	1:56.29
1:49.16	1:51.05	200 Freestyle	2:03.61	2:00.48
2:01.91	2:04.18	200 Individual Medley	2:17.24	2:14.87
:23.05	:23.45	50 Freestyle	:26.24	:25.86
:54.49	:55.64	100 Butterfly	1:01.64	1:00.46
:49.98	:50.86	100 Freestyle	:56.76	:55.81
3:55.63	3:59.78	400 Freestyle	4:23.36	4:16.30
1:34.63	1:35.81	200 Freestyle Relay	1:48.28	1:46.51
:54.86	:55.96	100 Backstroke	1:02.12	1:00.88
1:01.98	1:02.91	100 Breaststroke	1:10.94	1:09.58
3:27.47	3:30.47	400 Freestyle Relay	3:55.07	3:51.32



Back to All-America