



Georgia Swimming will increase opportunity, recognition, and growth in competitive swimming. We believe that swimming provides life-changing experiences for young people.

CARPET CAPITAL AQUATICS CLUB

JINGLE BELL CLASSIC

SUNDAY, DECEMBER 12TH

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| HOST | CARPET CAPITAL AQUATICS CLUB (CCAC-GA) |
| SANCTION: | Held under the sanction of USA Swimming, issued by Georgia Swimming Inc., Sanction #: GA21-XXX |
| ATTESTATION: | <ul style="list-style-type: none"> Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision. In applying for this sanctioned event, the Carpet Capital Aquatics Club agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction. |
| MAAPP: Minor Athlete Abuse Prevention Policy Effective June 23, 2019 | <ul style="list-style-type: none"> A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”). All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy. All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP. As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP. |
| ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE | Times achieved by an athlete member at a sanctioned competition who is 18 years of age (+30-day grace period) who have not completed the Athlete Protection Training OR (whose APT training had expired) by the date of the swim, WILL NOT be uploaded to the SWIMS database. |
| LIABILITY: | In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and Carpet Capital Aquatics Club, shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event. |
| REPORT DISCRIMINATION: D, E, & I = Reference / Informational Section | The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming’s Associate Counsel & Director of Safe Sport, Abigail Howard (ahoward@usaswimming.org or 719-866-3529). Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to gaswimming.org/diversity Gaswim.org <u>Georgia Swimming LSC: D, E, & I (teamunify.com)</u> |
| MEET DIRECTOR: | Jason Meszaros / jdmeszaros@gmail.com |
| MEET REFEREE: | Margaret Brandel / margaretbrandel@aol.com |
| STARTER: | Steve Farmer |
| STROKE AND TURN: | Justine Shaheen |

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| ADMIN OFFICIAL: | Terry Blish |
| SAFETY COORDINATOR: | Todd Hamontree |
| FACILITY: | <p>Dalton High School 1500 Manly Street Dalton, Georgia 30720 423-902-3075</p> <p>This facilities competition pool is a 6 lane, 25-yard pool with Omega timing and Daktronics scoreboard. The competition course has been certified in accordance with 104.2.2C(4). The certification is on file with USA Swimming, Inc., and Georgia Swimming, Inc. The pool depth at the start ends equals (4 ft.) and turn end depth equals (12 ft). No warm-up lanes will be available.</p> |
| SCHEDULE: | <p>Session 1: 10 and Under Session Warm up: 8:00 AM Start: 9:30 Session 2: 11 and Over Session Warm up: 1:30 PM. Start: 2:40 PM The meet host reserves the right to combine sessions due the number of entries.</p> |
| MEET FORMAT: | <ul style="list-style-type: none"> • This is a short course yards, timed-final meet. All events will be pre-seeded (slow to fast) and swum according to the order of events in the meet information sheet. If the timeline allows, there will be a break between the relay events and individual events. • The Meet Director reserves the right to combine events and heats should the number of entries exceed a given four-hour session. The Meet Director reserves the right to conduct the competition in a single session based on the number of entries. • The Meet Director reserves the right to move the 11 and Under warm-up and competition start times to an earlier time based on the number of meet entries. • We will use 6 lanes for competition. The meet host reserves the right to modify the number of lanes used for competition due to the number of entries |
| ENTRY FEES: | <ul style="list-style-type: none"> • IND. EVENT FEE: \$5.00 • LATE IND. ENTRIES: \$10.00/ Event • RELAYS: - \$10.00 / Event • LATE RELAY ENTRIES: \$20.00/ Event • A \$2.00 Ga travel surcharge applies to all non-Georgia LSC registered swimmers. |
| ELIGIBILITY: | <p>MEET TYPE: Open HOST Carpet Capital Aquatics Club will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member in as provided in Article 302.</p> |
| ENTRIES: | Swimmers may swim a maximum of (6) individual events per day. Deck entries can be made with the clerk of course up to 30 minutes before the start of the session. |
| CHECK IN: | Not applicable |
| CLERK of COURSE: | |
| ENTRY SUBMISSION: | <p>ENTRY DEADLINE: Date: Monday, November 29th Time: 11:59 PM Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.</p> |

RULES:

Tech Suit Restriction for 12-and-Under Swimmers:

<https://www.usaswimming.org/news/2020/08/24/tech-suit-restriction-for-12-and-under-swimmers>

102.8 SWIMWEAR

.1 Design

F. No Technical Suit may be worn by any 12 & Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

1) A Technical Suit is one that has the following components:

- a. Any suit with any bonded or taped seams regardless of its fabric or silhouette; or*
- b. Any suit with woven fabric extending past the hips.*

(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)

(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)

This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.

Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

Deck changes are prohibited. (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.

On deck registrations will not be permitted during this event.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches’ areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.

All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other FINA-member organizations. All meet directors for meets

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| | <p>sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming’s “open border” policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.</p> <p>Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.</p> <p>A swimmer must start and finish the race in the same lane.</p> <p>Deck Pass is acceptable proof of USA Swimming membership.</p> <p>Swimmers participating under the provisions of 202.9 or USA Swimming’s “open border” policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer’s responsibility to make such arrangements prior to the start of the meet.</p> |
| COACHES: | Coaches will be required to sign in and show their USA Swimming coaches registration card or DECK PASS for verification that all certifications are current. |
| COACHES MEETING: | There will be a mandatory Coaches’ Meeting at 9:10 AM on Sunday, December 12th at the timing desk. |
| OFFICIALS: | Carpet Capital Aquatics Club welcomes visiting officials and apprentices and will appreciate help in officiating this competition. There will be an official’s meeting 1 hour prior to the start of each session. The official’s uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and shoes. All officials must present at check in, their current LSC Officials Certification Card; OR a recently completed Apprentice Form; AND proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality. |
| MEET COMMITTEE / MEET JURY: | The Meet Committee / Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, Coaches, and athlete members, as appropriate. As defined in the Official Glossary (2021 USA Swimming Rulebook) |
| AWARDS: | Medals will be awarded for places 1 through 3 and ribbons for places 4 through 8 in all events. Heat winner ribbons will be awarded in all 10 & Under events |
| SCORING: | There will be no team score. |
| CONCESSIONS: | Basic concessions will be offered. |
| GEORGIA WARM-UP POLICY: | The Georgia Swimming approved warm-up guidelines will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities. Refer www.gaofficials.org/documents > Sanctions |
| GEORGIA SCRATCH RULE: | Refer www.gaofficials.org/documents > Sanctions |
| MISC. INFORMATION: | Not applicable |

Order of Events

Morning Warm-ups: 8:00 AM
Competition Begins 9:30 AM

| Girls/Mixed | Event | Boys |
|-------------|------------------------------------|------|
| 1 | 8 and Under 50 Freestyle | 2 |
| 3 | 10 and Under 100 Freestyle | 4 |
| 5 | 8 and Under 25 Backstroke | 6 |
| 7 | 10 and Under 50 Backstroke | 8 |
| 9 | 8 and Under 25 Butterfly | 10 |
| 11 | 10 and Under 50 Butterfly | 12 |
| 13 | 8 and Under 25 Breaststroke | 14 |
| 15 | 10 and Under 50 Breaststroke | 16 |
| 17 | 8 and Under 25 Freestyle | 18 |
| 19 | 10 and 50 Freestyle | 20 |
| 21 | 8 and Under 100 Individual Medley | 22 |
| 23 | 10 and under 100 Individual Medley | 24 |
| 25 | 8 and Under Mixed 100 Free Relay | |
| 26 | 10 and Under Mixed 200 Free Relay | |

Afternoon Warm-Ups: 1:30 PM
Competition Begins: 2:30 PM

| Girls/Mixed | Event | Boys |
|-------------|------------------------------------|------|
| 27 | 11 and Over Mixed 200 Free Relay | |
| 28 | 11 and Over 100 Freestyle | 29 |
| 30 | 11 and Over 50 Backstroke | 31 |
| 32 | 11 and Over 100 Backstroke | 33 |
| 34 | 11 and Over 50 Butterfly | 35 |
| 36 | 11 and Over 100 Butterfly | 37 |
| 38 | 11 and Over 50 Breaststroke | 39 |
| 40 | 11 and Over 100 Breaststroke | 41 |
| 42 | 11 and Over 50 Freestyle | 43 |
| 44 | 11 and Over Individual Medley | 45 |
| 46 | 11 and Over Mixed 200 Medley Relay | |

Carpet Capital Aquatics Club / Jingle Bell Classic
Sunday, December 12th

Team Name _____ Team abbreviation _____

Team Address _____

City _____ State _____ Zip _____

Head Coach _____

Phone _____ Home _____ E-mail _____

For entry problems call or e-mail _____

All coaches from your team present at the meet, must be listed

1. Coach _____ 2. Coach _____
 3. Coach _____ 4. Coach _____

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| Total Individual Events | \$5.00 x (number of entries) | = _____ |
| Total Relay Events | \$10.00 x (number of relays) | = _____ |
| Non-Ga LSC registered athletes | \$2.00 x (number of athletes) | = _____ |
| TOTAL | | = _____ |

Submit one check payable to: Carpet Capital Aquatics Club

Entries must be received on or before **Monday, November 29th.**

Mail entries to: **Carpet Capital Aquatics Club**
 c/o Jason Meszaros
 P.O. Box 4257
 Chattanooga, Tennessee 37405

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.

I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.

In granting this sanction it is understood and agreed that USA Swimming, Georgia LCS, and **Carpet Capital Aquatics Club** shall be free and harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.

 Signature/Title

 Date

COVID 19:

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.