

2022 TNAQ Long Course Invitational

June 17-19, 2022

SANCTION #: 22SETNAQ6-17

TIME TRIAL SANCTION # 22SETNAQ6-17-TT

In applying for the sanctioned meet on June 17-19, 2022, Tennessee Aquatics, agrees to comply and to enforce health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Tennessee, and Knox County.

Covid 19 – Liability

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTHEASTERN SWIMMING, AND TENNESSEE AQUATICS AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

HOST CLUB: Tennessee Aquatics

LOCATION: Allan Jones Intercollegiate Aquatic Center, University of Tennessee
2200 Andy Holt Avenue, Knoxville, Tennessee 37996

VENUE: Allan Jones Intercollegiate Aquatic Center: The venue contains an eight-lane (50-meter by 25-yard) competition pool. The pool can be divided by a 4-foot-wide bulkhead, to create two 25-yard pools. Starting ends have Omega - OSB11 starting blocks (28 inches above the water surface) with adjustable footrest wedge with extended platform surface and retractable backstroke wedges. The pool depth is 8 feet at each end, 9 feet in the center. Lanes are 9 feet wide formed by 6-inch competition lane markers. There is an additional warm-up/warm-down pool which is located adjacent to the competition pool, with a minimum of two separate 25-yard warm-up / warm-down lanes available. Seating is available for 1,284 spectators in the balcony overlooking the pool. Only coaches, athletes, officials, and other required meet personnel are permitted on the pool deck. Locker rooms are adjacent to the pool. The competition course has been certified in accordance with 104.2.2C(4). The copy of certification is on file with USA Swimming.

TIMING: Omega - Swiss Timing electronic timing system and Daktronics scoreboard.

OFFICIALS:

- Meet Referee:** Nick Hall, nicholashall55@gmail.com
- Head Coach:** Tim Bauer, tbauer@tnaquatics.com
- Admin Official:** Sherren Chadwell, robsherren@hotmail.com
- Meet Directors:** Jackie Bertucci, meetentries@tnaquatics.com 865-207-7297
- Admin Referee:** Jack Gump, gumpjacka@gmail.com

We ask for your teams to help in supplying officials for the meet. Anyone in the process of achieving certification through on-deck training is welcome. Contact Nick Hall at nicholashall55@gmail.com to obtain a link to the officiating application. Your help is greatly appreciated. The standard SES uniform will be worn. We will wear white over khaki pants, shorts, or skirts with white shoes.

RULES: USA Swimming Rules and Regulations will govern the conduct of this meet and will serve as the official guide for technical and procedural rules, except where otherwise noted. It is the swimmers' and coaches' responsibility to acquaint themselves with the meet information. Coaches are responsible for their team's swimmers throughout the meet, including warm-ups and warm downs. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition. To follow this policy, it is anticipated that the UT Team locker rooms will be open to athletes only. The host club, at its option, and in its sole discretion, shall have the ability to make changes at any time to which groups shall be allowed to use each locker room.

ELIGIBILITY: All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competitions are current 2021-2022 members of their LSC and USA Swimming or FINA. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. Swimmers attending the meet without a coach must report to the Meet Director or Meet Referee to be assigned a coach for warm-up prior to each session.

CREDENTIALS: In accordance with Southeastern Swimming Rules, coaches and officials are required to show proof of current USA Swimming membership. All coaches must have completed the safety training as required by USA Swimming. All coaches are required to sign in with the Clerk of Course and/or all coaches must be prepared to show their coaching credentials at any time to the Meet Director and/or the Meet Referee.

SCHEDULE: Prelim Sessions Friday, Saturday, Sunday:

Open Warm-Up: 6:45-7:50am

Competition: 8:00am

12-Under Mid-Day Sessions

Warm-Ups: TBD at Student Aquatic Center

Competition: 10 minutes after the completion of the prelims session at Allan Jones Aquatic Ctr

Finals Session Friday, Saturday & Sunday:

Open Warm-Up: 5:10-5:50pm

Competition: 6:00pm

WARM-UP: Warm-up start/end times and the duration of warm-ups may be adjusted at the discretion of the Meet Director. 12&U Session warm-ups will be assigned. The Meet Director shall also have the discretion to assign warm up lanes for all age groups. Assigned warm-ups may be split into two sessions during the open warm-up times and will be communicated prior to the start of warm-ups. Start times for sessions are approximate. An accurate timeline will be posted when available.

The pool will be available for open warm-ups for teams on Thursday, June 16th from 5:00-7:00pm.

WARM-UP PROCEDURES:

SES Warm-up procedures and Meet Safety Guidelines will be in effect. The Meet Director will post warm-up lane assignments prior to the start of the meet. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session.

MEET FORMAT:

Prelim/Finals and Timed Finals meet with events as set forth on the "Order of Events" (attached). Tennessee Aquatics reserves the right to limit **ANY** event to allow the meet to run in the allotted time.

Individual Events: All Open & 13-14 events (except the 400 Free, 400 IM, and 800 Free) will be prelim/finals. At the discretion of the Meet Director, the Open and 13-14 400 Free and 400 IM may be swum as prelims/finals. Based on entry numbers there will be two to three final heats for Open and one to two for 13-14s swum slowest to fastest. For all 12 & Under events will be timed finals.

SEEDING: Individual events will be pre-seeded.

Exceptions:

200, 400, 800-meter events will be deck seeded. Swimmers in these events must sign-in with Clerk of Course prior to the start of the preliminary session. Check in times TBD. If a swimmer is not checked in with Clerk of Course, the swimmer is legally scratched from the event.

- The fastest TWO (2) heats of each of the 13-14 and Senior 400 Free and 400 IM will be circle seeded.
- The 13&Over 800 Free will be swum fastest to slowest at the conclusion of the preliminary session, with the fastest 1-2 heats being swum at finals. Swimmers will indicate at positive check in if they are available to swim the 800 during the preliminary session *only* by marking "AM ONLY" next to their initials. **All 800 swimmers should be prepared to provide a timer and lap counter for their lane, if needed.**
- The host team reserves the right to decide NOT to deck seed the 200-meter individual events. Any changes to the meet format will be communicated to coaches prior to the start of the meet.
- The host team reserves the right to seed and swim 400s, 800s side by side

FLIGHTED PRELIMINARIES: Based on the number of entries, the 400 IM, 400 Free, and 800 may be flighted at the discretion of the Meet Director. In the event that either or both of these events are flighted, the following will occur:

- After positive check-in, the fastest 3 heats in each 13-14 event and the fastest 3 heats in each Senior event will be circle seeded and swum in an "A" Flight of prelims in normal event order. All remaining entries will be swum in a "B" Flight. The "B" Flight will be swum fastest to slowest in normal event order. **All swimmers in the "B" Flight should be prepared to provide a timer for their lane, if needed.** We will be alternating heats.
- The Meet Director and/or the Meet Referee reserve the right to adjust the timeline in any way deemed proper to facilitate the operation of the meet, including the right to insert 10-minute breaks where appropriate in the meet timeline.

ENTRIES:

Entry Limits: Swimmers are limited to 3 individual events per day (including time trials), exclusive of relays, and 7 total events for the meet. The host team reserves the right to limit the number of heats in any event in order to run the meet in the allotted time.

Entry Times: Enter with best LONG COURSE METERS (LCM) times achieved in competition or time trial.

HYTEK event file, psych sheets, heat sheets, daily results and other meet information will be posted at <http://www.tnaquatics.com> as it becomes available. **Entries from individual athletes will not be accepted. All entries must come from a coach associated with each club, and the use of a Hy-Tek entry file is strongly encouraged.**

ENTRY FEES:

Individual Events: \$12.00 per event, per individual (*Late entries at the meet \$14.00*)
Relays: \$20.00 per relay (*Late Entries at the meet \$25.00*)
LSC Surcharge: \$4.00 per swimmer
Facility Surcharge: \$20.00 per swimmer

Meet Entry fees may be paid via check or with credit card. **Please note that credit card payments will incur a 3.5% cc processing fee.** Payment is due and must be turned in to the Meet Director upon check-in for coaches at the first session of the meet. Proof of payment must be shown if a mailed check is not yet received. All entry fees are non-refundable.

Make checks payable to "Tennessee Aquatics"
We prefer for teams to bring forms and fees with them on Friday, June 17th

DECK ENTRIES: Deck entries and changes will be accepted for available lanes on a first come, first-serve basis pending lane availability. No new heats will be formed. Coaches can make these arrangements and pay on deck at the Clerk of Course.

ENTRY DEADLINE: All entries must be received by **Wednesday, June 1st**. Teams will be allowed to send updates by **Friday, June 10th**. **Teams are to submit entries via email at meetentries@tnaquatics.com.**

DISABLED SWIMMERS: Check in with the Meet Director upon arrival and submit attached Disabled Swimmer Form. Also, inform the meet director of any accommodations that need to be made when submitting entries by email, meetentries@tnaquatics.com.

TIME TRIALS: Time trials may be held upon reasonable request at the discretion of the Meet Referee. Such swims will be held after the finals session each night and, time permitting, after the morning prelims session each day. Fees for time trials shall be \$14.00 per individual event and \$25.00 per relay. Swimmers may not exceed a total of three individual events, including time trial events and bonus events, per day. **Swimmers are expected to provide a timer for their time trial event(s).**

SCRATCHES: Swimmers qualifying for finals and consolation finals must notify the Clerk of Course within 30 minutes of the announcement of the finals qualifiers for that event if they do not intend to compete. Any swimmer qualifying for a final or consolation final race in an individual event who fails to compete in such final race shall be barred from swimming his or her next individual event of the competition unless such failure to compete is excused by the Meet Referee. This penalty shall apply to individual events only and shall not apply to relay events. Swimmers entered in an individual event 400 yards or longer, who have checked in for that event, must swim in the event unless they notify the Clerk of Course (before seeding for that event has been done) that they wish to scratch. Failure to scratch a deck seeded event, prior to seeding, and then not swimming the event will result in the swimmer being barred from the next individual event in which they are entered, whether it is that day or the next day, unless such failure to compete is excused by the Meet Referee.

SCORING:

12 Under Individual Events:	20-17-16-15-14-13-12-11-9-7-6-5-4-3-2-1
13-14 and Senior Individual Events A Final Heat:	20-17-16-15-14-13-12-11
13-14 and Senior Individual Events B Final Heat:	9-7-6-5-4-3-2-1
All Relay Events:	40-34-32-30-28-26-24-22

AWARDS: There will be team awards for the top 3 teams.

MEETINGS: If a coaches' meeting is deemed necessary, the Meet Director will provide information regarding times by email. Timers will meet 30 minutes prior to each session. Officials will meet 1 hour prior to every session for briefings.

Special Meet Procedures and Guidelines:

For the safety of all involved, all teams, their swimmers, coaches, and spectators must agree to comply with these additional health and safety procedures and guidelines. Failing to do so may result in an individual or club being removed from the meet and being asked to leave the Facility.

In response to the current Covid-19 pandemic, and in effort to mitigate the spread of the disease known as Covid-19, the Governor of Tennessee has issued Executive Orders which restrict certain activities and encourage individuals to follow the Centers for Disease Control guidelines to mitigate potential spread of Covid-19. In addition to these Executive Orders the Governor has published the Tennessee Pledge which offers further guidance for certain activities and gatherings. All athletes, coaches, officials, participants, volunteers, workers, or other attendees of the meet shall comply with any Executive Orders as well as the Tennessee Pledge in effect on the date the meet is held. These Executive Orders may be found at <https://sos.tn.gov/publications/services/executive-orders-governor-bill-lee> and the Tennessee Pledge may be found at https://www.tn.gov/content/dam/tn/governoroffice-documents/covid-19-assets/Pledge_General.pdf. Additionally, the Knox County Health Department has issued Public Health Orders that restrict certain activities and provide guidance on steps to mitigate the spread of Covid-19. All athletes, coaches, officials, participants, volunteers, workers, or other attendees of the meet shall additionally comply with any Knox County Public Health Orders in place on the date meet is held. These Knox County Public Health Orders may be found at <https://covid.knoxcountyttn.gov/reopening.html>.

Masks and Social Distancing: While waiting to enter and once inside the facility, all attendees may be asked to wear a mask at **all times** (except for athletes while they are in the water, on the blocks, or imminently entering the water) and must make every effort to remain at least 6 feet from other persons in attendance, at all times. Subject to change in the sole discretion of the Meet Director.

Entrance and Exit: There will be designated entry and exit doors for all attendees. Please use the correct doors for entry or exit as appropriate. Swimmers, coaches, officials and workers will enter the pool area through the garage door on the East side of the building. All attendees will exit the pool area via the doors on the West side of the building behind the diving well, or through the doors on the North side of the building. Spectators will be asked to enter through the main entrance and exit through the doors on the North side of the building under the stands (on the spectator level).

Team Areas: Teams will be spread around the indoor pool area of the Facility. Only swimmers, coaches, officials, and meet workers will be allowed on the pool deck. In order to comply with current Facility guidelines, the number of individuals on the deck level will be limited to 1100 people per session. Spectators admitted into the building will be required to follow all state and local Covid-19 guidelines, as well as any additional guidelines otherwise included in this document. Swimmers will be allowed to exit the Facility during the meet in order to give parents direct access to their athletes.

Coaches: Must make every effort to remain at least 6 feet from each other at all times and shall spread out on both sides of the competition pool.

Locker Rooms: Use of the varsity locker rooms shall be for athletes only and may be restricted to eight (10) people at a time during the meet. Officials, coaches, and other non-athlete attendees will be required to use the upstairs restrooms, the restrooms in the timing booth, or the visitor locker rooms. Timing booth restrooms are single occupancy. We encourage swimmers to come with their suits on and prepared to enter the water, and plan to shower and change at home or the hotel after leaving. User groups assigned to each locker room area may be changed in the sole discretion of the Meet Director. At all times, athletes shall have a separate locker room area from other user groups.

SPECIAL NOTES:

- In accordance with Southeastern Swimming Guidelines, overhead starts, whistle starts, and the "no recall rule" will apply.
- The Meet Director reserves the right to change competition and warm up start times as necessary.
- The host team reserves the right to limit the number of heats in any event and/or run the meet using "chase starts" in order to run the meet in the allotted time. Chase start procedures will be communicated to coaches prior to the start of competition. The Meet Director may also shift age groups in pools during the in any session to conduct meet within the time allocated.
- The Meet Director reserves the right to limit any event in order to run the meet within the time allocated.
- The Meet Director reserves the right to change any 11-12 event to a 12&U event or 13-14 event to Open event in their sole discretion.
- The Meet Director reserves the right to run and swim events 400 and above with 2 swimmers per lane.
- Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- At check in all coaches must show either USA Swimming membership card or deck pass and make them available at the request of meet officials.
- Host Club reserves the right of sole discretion to determine which team entries are accepted. In exercising this discretion, TNAQ may consider anything about a team, including and not limited to; the number of officials provided by the team, balance of age groups and gender entries, level of competition, and the geographic location of the team.

***VISITING TEAM TIMER ASSIGNMENTS** – In order to enhance competition and include as many swimmers as possible, we will be running two start ends (chase starts) for all sessions. Therefore, assistance from visiting teams is required. Visiting teams with 5 or more swimmers participating in the meet will be scheduled for lane timer responsibilities. Timer assignments will be decided by numbers of swimmers entered in the meet. Timer assignments by session will be posted after entries on our meet page by Wednesday before the meet. Based on the swimmers/ages and genders, teams may need to request adjustments to timer assignments by session. Requests to move a timer from one session to another should be made at the time of meet entry submission. Timer positions may be reduced for teams providing two or more officials who are specified and committed at the time of meet entries submission. All timers must be 14 years of age or older and can responsibly perform the duties of a lane timer (operate a stopwatch and write down times). Teams may choose to have one person cover their timer slot(s), or they may assign multiple people to rotate through their timer slot(s) so that no one parent must time for a whole session. Tennessee Aquatics will provide watches.

FACILITY RULES:

- NO food or drink shall be brought into the building by spectators.
- Concessions will be available for sale by the University of Tennessee.
- NO coolers are allowed in the pool area.
- NO glass bottles or jars are allowed in the pool area.
- Only Swimmers, Coaches and Meet Personnel shall be permitted on the pool deck at any time.
- **PARKING ON University Campus for Summer Session:** Parking will be located at the parking garage across the street from our facilities. **Parking will be \$10.00 entry into garage.** If you choose to not park at the designated areas, you are parking at your own risk and could be subjected to being towed, ticketed, or having your car booted.
- **USE OF AUDIO/VISUAL/DRONES:** Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, on deck, in the rest rooms or locker rooms. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open-ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
- **SUIT, DECK CHANGE RULE and CHANGING AREAS:** Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Swimmers may change in the locker rooms located on the pool deck level. Swimmers should not suit change in public rest-rooms on the upstairs level. The swimmer must wear only one swimsuit in one or two pieces, except as provided in 205.10.1. All swimsuits shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits shall be worn by any 12 and Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet.
Note - 102.8.F

EVALUATION: You are encouraged to send a meet evaluation to the SES General Chairman:
John Boxmeyer jboxmeyer@hotmail.com

TNAQ SPONSORS: There are several local businesses that support TNAQ and the sport of competitive swimming. These businesses not only contribute to the initiatives of team, but they also strive to better serve our out-of-town participants and spectators. Often times our TNAQ Sponsors offer special deals and offers the weekends of our swim meets and are ready and able to accommodate large groups, catering orders, and other special requests. Teams are encouraged to check out the listed hotels and restaurants posted on the Meets page of the tnaquatics.com when making plans to attend a TNAQ swim meet.

Hotel Link: https://mmxreservations.com/fer/?_ga=2.236959681.1910607809.1642177967-440235730.1622058784#/visitknoxville?pageCode=TNAQ

Order of Events

Friday Morning June 17, 2022

Women's Event No.	Event	Men's Event No.
1	Open 100 Free	2
3	13-14 100 Free	4
5	Open 200 IM	6
7	13-14 200 IM	8
9	Open 100 Backstroke	10
11	13-14 100 Backstroke	12
13	Open 400 Freestyle (Could be limited & timed finals)	14
15	13-14 400 Freestyle (Could be limited & timed finals)	16

Friday Afternoon June 17, 2022

Women's Event No.	Event	Men's Event No.
17	12 & Under 100 Butterfly	18
19	12 & Under 200 Freestyle	20
21	12 & Under 50 Backstroke	22
23	11-12 200 Backstroke	24
25	12 & Under 100 Breaststroke	26

Saturday Morning, June 18, 2022

Women's Event No.	Event	Men's Event No.
27	Open 100 Butterfly	28
29	13-14 100 Butterfly	30
31	Open 200 Breaststroke	32
33	13-14 200 Breaststroke	34
35	Open 200 Freestyle	36
37	13-14 200 Freestyle	38
39	Open 400 IM (Could be limited & timed finals)	40
41	13-14 400 IM (Could be limited & timed finals)	42

Saturday Afternoon, June 18, 2022

Women's Event No.	Event	Men's Event No.
43	12 & Under 100 Backstroke	44
45	12 & Under 50 Free	46
47	12 & Under 50 Breaststroke	48
49	11-12 200 Breaststroke	50
51*	12 Under 400 Freestyle*	52*

*12 Under - 400 Freestyle will be deck seeded, combined age groups, swum fastest to slowest, and could be limited and or mixed

Sunday Morning, June 19, 2022

Women's Event No.	Event	Men's Event No.
55	Open 200 Butterfly	56
57	13-14 200 Butterfly	58
59	Open 50 Freestyle	60
61	13-14 50 Freestyle	62
63	Open 200 Backstroke	64
65	13-14 200 Backstroke	66
67	Open 100 Breaststroke	68
69	13-14 100 Breaststroke	70
53*	Open MIXED 800 Freestyle	

800, swum fastest to slowest, must have your own timer, and **could be limited*

***There will be 1-2 heats of 800 at the beginning of finals session Sunday evening.*

Sunday Afternoon, June 19, 2022

Women's Event No.	Event	Men's Event No.
71	12 & Under 100 Freestyle	72
73	12 & Under 200 IM	74
75	12 & Under 50 Butterfly	76
77	11-12 200 Butterfly	78

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach, or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming and in compliance with required certifications. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team’s swimmers with those rules during this meet. Tennessee Aquatics, the University of Tennessee, Southeastern Swimming, Inc. and USA Swimming, Inc., their agents, officers, representatives, employees, and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all my team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(s) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

Additional COVID-19 Statement and Liability Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING, SOUTHEASTERN SWIMMING, THE TENNESSEE AQUATICS CLUB, THE UNIVERSITY OF TENNESSEE, THE ALLAN JONES AQUATIC CENTER, AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

SIGNATURE OF COACH OR CLUB OFFICIAL:
Title:
Club:

SOUTHEASTERN LSC INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non-mandatory form is for accommodation purposes.

Name: _____ Address: _____

_____ Team

_____ USA Registration # _____ Age and Birth Date: _____ Events to be

swum: _____ Type of Disability:

Blind ____ Cognitive/Intellectual ____ Deaf ____ Physical ____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested: Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmers accommodation during the meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your meet experience.

Meet Director: meetentries@gmail.com

Meet Referee: nicholashall55@gmail.com

Disability Chair: Robin Heller robin@seastarsaquatic.org

Make checks payable to: Tennessee Aquatics

TEAM INFORMATION for 2022 TNAQ Long Course Invitational

Club Name _____ Team Initials: _____

LSC _____ Head Coach _____ Cell Phone: _____

Contact _____ Phone _____ Fax _____

Coaches Attending _____ Email _____

Name _____ Cell Phone _____ Email _____

Name _____ Cell Phone _____ Email _____

Name _____ Cell Phone _____ Email _____

Name _____ Cell Phone _____ Email _____

Swimmers Attending Attached _____ Unattached _____ Total _____

Summary of Fees

Individual Events _____ X Event Entry Fee \$12.00 = \$ _____

Number of Relays _____ X Relay Entry Fee \$20.00 = \$ _____

Total Swimmers _____ X Facility Fee \$20.00 = \$ _____

SES Surcharges \$ 4.00 X # of Swimmers _____ = \$ _____

Total Due \$ _____

**2022 TNAQ Long Course Invitational
Assignment Form
June 17-19, 2022**

Name of Swimmer (s):

_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____
_____	_____

Name of swimmer's team: _____

I agree to act as coach for the above-named swimmer(s) during the pre-meet practice, warm-up and the competition.

Coach's Signature

Date

Coach's Team Name