

Practice Equipment List (2023-2024) www.baylorswimming.org

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Developmental (Red, White, & Grey)	Age Group	Junior	Middle School	Upper School & Senior
Arena Team Competition Suit	Arena Team Competition Suit	Arena Team Competition Suit	Arena Team Competition Suit	Arena Team Competition Suit
Goggles	Arena Team Practice Suit	Arena Team Practice Suit	Arena Team Practice Suit	Arena Team Practice Suit
Mesh bag	Goggles	Goggles	Goggles	Goggles
Arena Swim Fins	Mesh bag	Mesh bag	Mesh bag	Mesh bag
Kickboard	Arena Swim Fins	Arena Swim Fins	Arena Swim Fins	Arena Swim Fins
	Pull buoy	Arena Swim Snorkel Pro III	Arena Swim Snorkel Pro III	Arena Snorkel Pro
	Kickboard	Stroke maker Paddles	Stroke maker Paddles	Stroke maker Paddles
		Pull buoy	Pull buoy	Pull buoy
		Kickboard	Kickboard	Kickboard
		FINIS Pull strap	FINIS Pull strap	FINIS Pull strap
				Drag Sox Power Bag (see ordering info below)

Please purchase the equipment type the coaches have requested. The least expensive goggles are the Speedo sprints or the TYR team sprint, you may order any other type of performance goggle you wish.

- **Team Practice Suits & Competition Suits-** Athletes in Age Group, Junior, Upper School, & Senior Groups are required to wear our team practice suit and team competition suit. Developmental Groups (Red, White, Gray) can practice in their suit of choice, but will need to wear the team competition suit as well as the team cap at meets.
- **Performance Racing Suits-** Swimmers in the senior practice group will be allowed to wear a performance racing suit at specific meets **with the coaches permission**. All tech suits must be Arena brand. Swimmers in other practice groups will **NOT** be allowed to wear these suits.
- **Drag Sox Power Bag-** The Upper School & Senior groups are also required to have the drag sox power bag. This piece of equipment can be found at the following link | <http://www.swimmersbest.com/products/drag-socks-power-bags/>
- **SwimAndTri** will be at Baylor on **Monday, August 15 at 4:00 PM** for sizing and equipment needs. They will be set up in the Baylor School Natatorium lobby.

Returning members should order suits and equipment by Wed., August 2nd to have in hand by the first practice on Aug. 21 or 23.

During the year if you have other swim needs please order from SwimAndTri. You can also contact them by phone at their Knoxville, TN location at 877-794-6874. Their website is <http://www.swimandtri.com>