

We believe that swimming provides life-changing experiences for young people.

The Speedo logo, featuring the word "speedo" in a stylized, italicized font with a red lightning bolt graphic underneath.

# DYNAMO SWIM CLUB

Hereafter known as “Host Club”

## Speedo Southern Premier

March 1-3, 2024

**SANCTION:**

Held under the sanction of USA Swimming, issued by Georgia Swimming Inc.,

**Sanction #: GA24-029/STT**

- Article 202.4.3: Granted sanctions are non-transferrable to other organizations or clubs. Any such transferred sanction shall be void and the Sanction Committee shall deny any further sanctions to the organization or club violating this provision.
- In applying for this sanctioned event, the “Host Club” agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Georgia LSC, the State of Georgia, and local jurisdiction.

**ATTESTATION:**

**LIABILITY:**

In granting this sanction it is understood and agreed that USA Swimming, Inc., Georgia Swimming, Inc., and "Host Club," shall be free and held harmless from any liabilities or claims for damages or illnesses arising by reason of injuries to anyone during the conduct of the event.

## **MAAPP: Minor Athlete Abuse Prevention Policy**

**This meet will adhere to the current Minor Athlete Abuse Prevention Policy (“MAAPP”) set forth by USA Swimming.**

- All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
- A USA Swimming club that hosts a sanctioned USA Swimming swim meet indicates acknowledgement of USA Swimming’s Minor Athlete Abuse Prevention Policy (“MAAPP”).
- All USA Swimming members including athletes 18 and older and adults who interact with minor athletes at swim meets are expected to comply with the MAAPP policy.
- All chaperones, team managers, adult swimmers, meet directors, officials, and non-member parents and meet volunteers are expected to understand and comply with MAAPP.
- As the host club, you are responsible for ensuring that these individuals know about and comply with MAAPP.

<b>ELIGIBILITY FOR TIME RECOGNITION TO THE SWIMS DATABASE</b>	<b>Effective September 1, 2022</b> , there will <b>NO</b> longer be a 30-day administrative grace period. Going forward, ANY 17-year-old athlete who has not completed the APT requirements by their 18 <sup>th</sup> birthday <b>WILL NOT</b> be a USA Swimming member in good standing unless or until the APT requirement is completed. This includes eligibility to compete in USA Swimming sanctioned meets, club practices and all other related activities. Athletes will continue to receive an email notification reminder of the APT requirement 30 days prior to their 18 <sup>th</sup> birthday as well as a reminder on their 18 <sup>th</sup> birthday. ALL I+USA Swimming members aged 18 years old and older are required to complete APT annually. This is the individual's responsibility and includes both athlete and non-athlete members.
<b>REPORT DISCRIMINATION:</b>  <b>D, E, &amp; I = Reference / Informational Section</b>	The Georgia LSC believes that there is no place for discrimination in the sport of swimming. If you believe you are the victim of discrimination, you are encouraged to report the incident to USA-Swimming's Associate: Michelle Steinfeld, <a href="mailto:msteinfeld@usaswimming.org">msteinfeld@usaswimming.org</a> . Please provide a complete description of the incident as well as a way to contact you and/or other parties involved. For more information refer to <a href="http://gaswimming.org/diversity">gaswimming.org/diversity</a> . Starting on September 1, 2022, USA Swimming members can submit anonymously or on the record through plain text messaging at 888-270-SWIM (7946).  <a href="http://teamunify.com">Georgia Swimming LSC: D, E, &amp; I (teamunify.com)</a>
<b>Swimmers with a Disability:</b>	<b>Club Meets, sanctioned by an LSC (no time standard)</b> <ul style="list-style-type: none"> <li>Coaches entering swimmers with disabilities that require any accommodations or modifications, including the need for personal assistants and/or registered service animals must provide advance notice in writing, accompanying their meet entry file, to the meet referee by the entry deadline. Failure to provide advance notice may limit the host's ability to accommodate all requests. Coaches with swimmers with a disability (swads) competing must notify the Entry Chair with their entry and the Meet Referee prior to the meet.</li> <li>Coaches may use the Necessary Accommodation Form to satisfy this requirement.</li> </ul> <b>LSC Meets</b> (time standard required for entry, i.e., LSC Championships or Large Invitationals) <ul style="list-style-type: none"> <li>All swimmers with a disability (swads) must meet the LSC Parallel Time Standards in every event they wish to participate in the meet.</li> </ul> <b>Zone Meets</b> (with /without time standards, i.e., Sectionals, AG Sectionals, Sr. Zone) <ul style="list-style-type: none"> <li>All swimmers with a disability (swads) must meet the Sectional or Zone Parallel Time Standards (attached) in every event they wish to participate in the meet.</li> </ul>
<b>MEET DIRECTOR:</b>	Jesse Lewis/ <a href="mailto:meetdirector@dynamoswimclub.com">meetdirector@dynamoswimclub.com</a>
<b>MEET REFEREE:</b>	Ed Saltzman/ <a href="mailto:swimsalt@bellsouth.net">swimsalt@bellsouth.net</a>
<b>STARTER:</b>	Martin Chen
<b>STROKE AND TURN #1:</b>	Sara Coburn
<b>STROKE AND TURN #2:</b>	John Faure
<b>ADMIN OFFICIAL:</b>	Andrew Overway/ <a href="mailto:aodynomo@gmail.com">aodynomo@gmail.com</a>
<b>MARSHALL #1: - FEMALE</b>	Holly Welch



- o 13 & Over 1650 Free is a deck seeded timed final event, swum in the preliminary session fastest to slowest. The fastest seeded heat will swim in Finals. **Swimmers entered in the 1650 Free may indicate if they are available to swim only in the AM session by marking "AM" next to their initials at positive check in.**
- o 13-14 400 IM and 500 Free will swim only an A Final.
- o Senior 400 IM and 500 Free will swim only an A and B Final.

#### **RELAY EVENTS:**

- 10&U Relays will be swum in the preliminary sessions, heats swum slowest to fastest.
- 11-12, 13-14, Senior, and Open relays will be swum in the final's sessions.
- 11-12 Relays will be swum fastest to slowest in each event.
- 13-14, Senior & Open relays will be swum fastest heat of Girls, then fastest heat of Boys, then alternate girls/boys fastest to slowest.
- **Teams are limited to two relay entries in each relay event**
- 10&U Relay cards must be submitted to the Clerk of Course by the START of the PRELIMINARY session on the day of the event.
- Open 200 Free Relay and Open 200 Medley Relay cards must be submitted to the Clerk of Course by the COMPLETION of the PRELIMINARY session the day of the event.
- **All other 11-12, 13-14, Senior relay cards must be submitted to Clerk of Course by 4:00 p.m. the day of the event.**
- Relay cards must have each swimmer's first and last names and must be presented in the order in which the swimmers are to swim in the relay.
- The meet hosts reserve the right to split the relay heats and swim them in 2 courses during the preliminary and/or finals sessions.

#### **FINALS SESSIONS:** Finals will be swum in a single 10 lane course as follows:

- 11-12 age group – A Final
- 13-14 age group – B and A Finals
  - o 13-14 age group - A Final only for 400 IM and 500 Free
- Senior age group – C, B, and A Finals for events 200 and down
  - o Senior age group – B and A Finals for 400 IM and 500 Free
- *Event alternate swimmers must also report to the starting area. Alternate swimmers may be placed in any heat as exhibition athletes (non-scoring).*

#### **SEEDING:**

- Preliminary Sessions- Sessions will be seeded after the scratch box closes (see section below).
  - o Heats will run slowest seeded to fastest seeded. The fastest three (3) heats will be circle seeded
  - o Entries will be ranked in this order: SCY qualifiers, non-conforming qualifiers (LCM/SCM), and bonus qualifiers.
- Finals Exceptions:
  - o The fastest two (2) heats of each of the 13-14 and Senior 500 Free & 400 IM will be circle seeded.

- o The 13&Over 1650 Free will be swum fastest to slowest at the conclusion of the preliminary session, with the fastest heat being swum at finals.

#### **SCRATCHES:**

- Scratch Box- This competition will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations.
  - o Day 1 Events: Scratch Box closes at 5:30PM on February 29. Scratches will be submitted to [meetdirector@dynamoswimclub.com](mailto:meetdirector@dynamoswimclub.com)
  - o Day 2-3 Events: All subsequent day's scratches are due 30 minutes after the start of the previous evening's finals. Scratch Box will be at the Clerk of Course table
  - o DFS athletes if they do not intend to swim an event after the scratch box closes
- Finals-
  - o Any swimmer qualifying for a bonus, consolation, or championship Final in an individual event who fails to compete in said final shall be barred from further competition for the remainder of the meet. A declared false start under 101.1.3E or deliberate delay of meet under 101.1.5 is not permitted and will be regarded as a failure to compete.
  - o In the event of withdrawal or barring a swimmer from competition the Referee shall fill the bonus, consolation, or championship final, when possible, with the next qualified swimmer(s). First and second alternates shall be announced along with the final qualifiers. These alternates shall not be penalized if unavailable to compete in the Finals.
  - o Where bonus and consolation Finals have not been swum and a barring or withdrawal is known to the Referee, the Referee shall reseed the bonus, consolation, and championship final, if necessary, to insert the alternate(s) in the appropriate lane(s), filling all lanes in the final.
  - o If the bonus and consolation Finals have already been contested, the championship Final shall be swum with an available alternate, (Exhibition)
  - o Exceptions for failure to compete — No penalty shall apply for failure to withdraw or compete in an individual event if:
    - The Referee is notified in the event of illness or injury and accepts the proof thereof.
    - A swimmer qualifying for a bonus, consolation or championship Final based upon the results of the preliminaries notifies the Referee within thirty (30) minutes after announcement of the qualifiers for that race that they may not intend to compete and further declares their final intentions within thirty (30) minutes following their last individual preliminary event.
    - It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**FLIGHTED PRELIMINARIES:** Based on the number of entries, the 400 IM and 500 Free

	<p>may be flighted at the discretion of the Meet Director. In the event that either or both of these events are flighted, the following will occur:</p> <ul style="list-style-type: none"> <li>After positive check-in, the fastest 4 heats in each 13-14 event and the fastest 4 heats in each Senior event will be circle seeded and swum in an “A” Flight of preliminary in normal event order. All remaining entries will be swum in a “B” Flight. The “B” Flight will be swum fastest to slowest in normal event order. <b>All swimmers in the “B” Flight should be prepared to provide a timer for their lane, if needed.</b></li> </ul> <p>The Meet Director and/or the Meet Referee reserve the right to adjust the timeline in any way deemed proper to facilitate the operation of the meet. This includes the right to insert 10-minute breaks where appropriate and to change and/or combine heats and events. Every reasonable effort will be made to notify teams of any changes.</p>
	<ul style="list-style-type: none"> <li>IIND. EVENT FEE: \$15/ Event</li> <li>LATE IND. ENTRIES: \$30 / Event</li> <li>RELAY: \$30/Event</li> <li>LATE RELAY: \$40/Event</li> <li>INDIVIDUAL TIME TRIAL: \$30/Event</li> <li>RELAY TIME TRIAL: \$40/EVENT</li> <li>Georgia Tech Facility fee: \$15/athlete</li> <li>\$3.00 GA LSC Travel Fund per athlete</li> <li>\$6.00 GA travel fee applies to all non-Georgia LSC registered athletes</li> </ul>
<b>ELIGIBILITY:</b>	<p><b>Open</b></p> <p>This meet will be conducted as defined above. All <b>2024</b> swimmers registered with USA Swimming and/or their respective World Aquatics Federation, in good standing with their local national federation, will be allowed to compete.</p> <p>All foreign delegations must submit documentation from their federation indicating athletes, coaches, and team support are members in good standing of their World Aquatics affiliated federation. “Host Club” will not allow unregistered swimmers, coaches, officials, or teams to participate in this meet. No swimmer will be permitted to compete unless the swimmer is a member as provided in Article 302.</p>
<b>ENTRIES:</b>	<p>13 &amp; Over Swimmers may enter and swim no more than three individual events per day and no more than seven individual events in the entire meet.</p> <p>11-12 Swimmers must obtain 1 qualifying time to compete in the meet and they may swim up to 7 events total for the meet.</p> <p>10 &amp; Under Swimmers must obtain 1 qualifying time to compete in the meet and they may swim up to 8 events total for the meet.</p> <p>If using TeamUnify to submit entries, please mark any bonus race and submit a pdf along with the zip file.</p>

	<p>See entry submission for deadlines. Deck entries will be accepted at the discretion of the Meet Director/Meet Referee, if there are empty lanes; <u>no new heats will be added.</u></p> <p>Time Trials <b>may</b> not be offered at the discretion of the Meet Referee and Meet Director. Swimmers may compete in no more than one (1) Time Trial per day. Time Trials <b>will count</b> towards an athlete's daily limit.</p>
<b>QUALIFYING STANDARDS</b>	<p>Non-GA LSC 13&amp;Over Athletes- 2024 ESSZ Spring Sectional- <a href="#">13-14, Senior</a></p> <p>GA LSC 15&amp;O Athletes- <a href="#">2023 Senior State Championship Time Standards</a></p> <p>GA LSC 13-14 Athletes- <a href="#">2024 Age Group State Championship Time Standards</a></p> <p>All 12&amp;U Athletes- <a href="#">2024 Age Group State Championship Time Standards</a></p>
<b>BONUS EVENTS:</b>	<p>Bonus events will be permitted for this meet.</p> <ul style="list-style-type: none"> <li>• 13&amp;Over athletes who qualify for one (1) or more individual events will be permitted to enter and swim in up to two (2) bonus events for the entire meet. <u>The following events cannot be bonus races and a qualifying time must be achieved: 500 Freestyle, 1650 Freestyle, and 400 IM</u></li> <li>• 11-12 athletes must obtain one (1) qualifying time to compete in the meet and can swim up to seven (7) events total for the meet. <u>The following events cannot be bonus races and a qualifying time must be achieved: 500 Freestyle</u></li> <li>• 10&amp;Under athletes must obtain one (1) qualifying time to compete in the meet and they may swim up to eight (8) events total for the meet.</li> </ul>
<b>CHECK IN:</b>	<p>Scratch Box- This competition will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations.</p> <ul style="list-style-type: none"> <li>• Day 1 Events: Scratch Box closes at 5:30PM on February 29. Scratches will be submitted to <a href="mailto:meetdirector@dynamoswimclub.com">meetdirector@dynamoswimclub.com</a></li> <li>• Day 2-3 Events: All subsequent day's scratches are due 30 minutes after the start of the previous evening's finals. Scratch Box will be at the Clerk of Course table</li> </ul>
<b>CLERK of COURSE:</b>	Relay cards must be submitted to the Clerk of Course table
<b>ENTRY SUBMISSION:</b>	<p><b>Submit one check payable to: Dynamo Parents' Club</b></p> <p><b>Initial Entries are due <u>Tuesday, February 13 at 8:00PM EST.</u></b></p> <p>Email entries to Meet Director: <a href="mailto:meetdirector@dynamoswimclub.com">meetdirector@dynamoswimclub.com</a></p> <p>Corrections will be accepted until <b><u>Wednesday, February 21, 2024, at 8:00PM.</u></b></p> <p>Meet fees are due on <b><u>Friday, March 1, 2024</u></b></p> <p>Submit entries using Hy-Tek team manager. Entries must include the USA Swimming Club Code and each swimmer's USA Swimming number, first and last name, age, and seeding time for each event entered.</p>
<b>RULES:</b>	<p><b>Current USA Swimming Rules will govern this meet.</b></p> <p><b><u>Tech Suit Restrictions for 12-and-Under Swimmers</u></b></p> <p>(Note: WOVEN FABRIC-A suit with woven fabric and sewn seams that does not extend below the hips is permitted.)</p>



(Note: KNIT FABRIC-A suit with knit fabric and sewn seams not extending below the knees is permitted.)

This rule is in effect for all USA Swimming competitions in the United States, so any manufacturer or vendor selling a suit in the United States is subject to the above rule. No Technical Suits may be worn by any 12-Under USA Swimming athlete member in competition at any Sanctioned, Approved or Observed meet.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, behind the blocks (Including warm-up, warm-down, and Competition), rest rooms or locker rooms.

Any swimmer entered in the meet, must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Deck changes are prohibited.** (Defined as changing, in whole or in part, into or out of a swimsuit when wearing just one suit in an area other than a permanent or temporary locker room, bathroom, changing room or other space designated for changing purposes). Swimmers participating in deck changing could be subject to removal from further competition in the meet.

On deck registrations will not be permitted during this event.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coaches' areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and /or spectators are present. Exceptions may be granted with prior written approval by the Program Operations Vice Chair, Program & Events Committee Chair, or designee.

All referees, starters, administrative officials, chief judges, and stroke and turn judges, serving in an official capacity in a sanctioned event, must be non-athlete members of USA Swimming or members of other World Aquatics-member organizations. All meet directors for meets sanctioned by USA Swimming must be members of USA Swimming. Except for coaches accompanying athletes participating under the provisions of 202.9 or USA Swimming's "open border" policy, all persons acting in any coaching capacity in a sanctioned event must be coach members of USA Swimming.

Photos and videos may be taken of swimmers during the meet by parents or a professional photographer retained by the host club. All participants agree to be filmed or photographed by photographers designated by the meet host and to allow the meet host the right to use names, pictures, likenesses, and biographical information before, during, or after the period of participation in Georgia Swimming competitions to promote swimming and meets hosted by the meet organizer. If you do not wish to have your child(ren) photographed, you may withdraw your consent by informing the Meet Director before the start of the first day of the meet.

Swimmers participating under the provisions of 202.9 or USA Swimming's "open border" policy must be under the supervision of their own coach or a USA Swimming member coach. The Meet Director or Meet Referee may assist the swimmer in deciding for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.



<b>USA SWIMMING MEMBER VERIFICATION:</b>	As of September 2022, Deck Pass and Deck Pass Plus are no longer available. To access USA Swimming member benefits, including your USA Swimming member card, download the USA Swimming app. Present this card to verify your USA-S and GA LSC credentials are in good standing.
<b>COACHES: COACHES MEETING:</b>	Coaches will be required to sign in at the Clerk of Course desk to verify their credentials, via SWIMS 3.0, are in good standing with USA-S and their respective LSC.  A coaches' meeting will be held via Zoom on Tuesday, February 27 at 8:30pm EST. Zoom information will be sent the day of the meeting.
<b>OFFICIALS:</b>	<p>“Host Club” welcomes visiting officials and apprentices and will appreciate help in officiating this competition. Certified Officials or Apprentices wishing to work this meet may contact the Meet Referee: Ed Saltzman/<a href="mailto:swimsalt@bellsouth.net">swimsalt@bellsouth.net</a></p> <p>There will be an official's meeting 45 minutes prior to the start of each session.</p> <p>The official's uniform will consist of a white polo collared shirt, navy blue shorts, skirts or slacks with white socks and white shoes.</p> <p>All officials must present at check in, their current LSC Officials Certification Card; <b>OR</b> a recently completed Apprentice Form; <b>AND</b> proof of current USA Swimming Non-Athlete membership. Credentials may be required for deck access and hospitality.</p>
<b>MEET COMMITTEE / MEET JURY:</b>	The Meet Committee / Meet Jury shall be established during the coaching meeting or prior to the competition and shall consist of the Meet Director, Meet Referee, 2 Coaches, and 1 athlete member, as appropriate. As defined in the Official Glossary (2023 USA Swimming Rulebook)
<b>AWARDS:</b>	Awards will be given for all 14 & Under events. Ribbons will be awarded for 1st – 8th place for individual events and 1st – 3rd place for relays.
<b>SCORING:</b>	Individual Events- 24-21-20-19-18-17-16-15-14-13-11-9-8-7-6-5-4-3-2-1 Relay Events- 48-42-40-38-36-34-32-30-28-26
<b>CONCESSIONS:</b>	Concessions will be available at Georgia Tech
<b>GEORGIA WARM-UP POLICY:</b>	The <a href="#">Georgia Swimming approved warm-up guidelines</a> will be followed for this meet. Warm-up lane assignments will be posted at the pool. USA Swimming Certified Coaches must supervise in the vicinity of all warm-up activities.
<b>GA. SCRATCH RULE:</b>	<a href="#">Georgia Swimming Scratch Rule</a>
<b>MISC. INFORMATION:</b>	Please email <a href="mailto:meetdirector@dynamoswimclub.com">meetdirector@dynamoswimclub.com</a>

**Friday, March 1, 2024- Prelims**

Warm up: Pool Opens at 7:00a

12&amp;U Controlled Lanes: 8:15a

Competition Start: 9:00a

	<b>Women's Pool- Middle</b>		<b>Men's Pool- Scoreboard</b>	
3	10&U 100 Freestyle		10&U 100 Freestyle	4
5	11-12 100 Freestyle		11-12 100 Freestyle	6
7	13-14 200 Freestyle		13-14 200 Freestyle	8
9	Senior 200 Freestyle		Senior 200 Freestyle	10
11	10&U 50 Breaststroke		10&U 50 Breaststroke	12
13	11-12 50 Breaststroke		11-12 50 Breaststroke	14
15	13-14 100 Breaststroke		13-14 100 Breaststroke	16
17	Senior 100 Breaststroke		Senior 100 Breaststroke	18
19	10&U 100 Backstroke		10&U 100 Backstroke	20
21	11-12 100 Backstroke		11-12 100 Backstroke	22
23	13-14 200 Backstroke		13-14 200 Backstroke	24
25	Senior 200 Backstroke		Senior 200 Backstroke	26
27	10&U 200 IM		10&U 200 IM	28
29	11-12 200 IM		11-12 200 IM	30
31	13-14 400 IM		13-14 400 IM	32
33	Senior 400 IM		Senior 400 IM	34

**Friday, March 1, 2024- Finals**

Warmup: approximately 4:00 PM

Start: approximately 5:00 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
1	Open 200 Freestyle Relay	2
5	11-12 100 Freestyle	6
7	13-14 200 Freestyle	8
9	Senior 200 Freestyle	10
13	11-12 50 Breaststroke	14
15	13-14 100 Breaststroke	16
17	Senior 100 Breaststroke	18
21	11-12 100 Backstroke	22
23	13-14 200 Backstroke	24
25	Senior 200 Backstroke	26
29	11-12 200 IM	30
31	13-14 400 IM	32
33	Senior 400 IM	34

- Open, Senior, 13-14, & 11-12 Relays are swum at the Finals session ONLY.
- 10&U Relays will be swum during the Prelims session.
- 10&U Relay cards must be submitted to the Meet Clerk by the start of the Preliminary session.
- Open 200 Free Relay cards must be submitted to the Meet Clerk by the completion of the PRELIMS session.
- **All other 11-12, 13-14, Senior relay cards must be submitted to the Meet Clerk by 4:00 p.m.**

**Saturday, March 2, 2024- Prelims**

Warm up: Pool Opens at 7:00a

12&amp;U Controlled Lanes: 8:15a

Competition Start: 9:00a

	<b>Women's Pool- Middle</b>		<b>Men's Pool- Scoreboard</b>	
37	10&U 100 Butterfly		10&U 100 Butterfly	38
39	11-12 100 Butterfly		11-12 100 Butterfly	40
41	13-14 200 Butterfly		13-14 200 Butterfly	42
43	Senior 200 Butterfly		Senior 200 Butterfly	44
45	10&U 50 Freestyle		10&U 50 Freestyle	46
47	11-12 50 Freestyle		11-12 50 Freestyle	48
49	13-14 50 Freestyle		13-14 50 Freestyle	50
51	Senior 50 Freestyle		Senior 50 Freestyle	52
53	10&U 100 IM		10&U 100 IM	54
55	11-12 100 IM		11-12 100 IM	56
57	13-14 200 IM		13-14 200 IM	58
59	Senior 200 IM		Senior 200 IM	60
61	10&U 200 Freestyle Relay		10&U 200 Freestyle Relay	62
63	11-12 500 Freestyle*		11-12 500 Freestyle*	64
65	13-14 500 Freestyle		13-14 500 Freestyle	66
67	Senior 500 Freestyle		Senior 500 Freestyle	68

**Saturday, March 2, 2024- Finals**

Warmup: approximately 4:00 PM

Start: approximately 5:00 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
35	Open 200 Medley Relay	36
39	11-12 100 Butterfly	40
41	13-14 200 Butterfly	42
43	Senior 200 Butterfly	44
47	11-12 50 Freestyle	48
49	13-14 50 Freestyle	50
51	Senior 50 Freestyle	52
55	11-12 100 IM	56
57	13-14 200 IM	58
59	Senior 200 IM	60
63	11-12 500 Freestyle*	64
65	13-14 500 Freestyle	66
67	Senior 500 Freestyle	68
<b>10 Minute Break</b>		
69	11-12 200 Freestyle Relay	70
71	13-14 400 Freestyle Relay	72
73	Senior 400 Freestyle Relay	74

- Open, Senior, 13-14, & 11-12 Relays are swum at the Finals session ONLY.
- 10&U Relays to be swum during the Prelims session.
- 10&U Relay cards must be submitted to the Meet Clerk by the start of the prelims session.
- Open 200 Medley Relay cards must be submitted to the Meet Clerk by the completion of the PRELIMS session.

- **All other 11-12, 13-14, Senior relay cards must be submitted to the Meet Clerk by 4:00 p.m.**

\* Fastest Heat of 11-12 500 Free to be swum at Finals. All other heats swam at Prelims.

**Sunday, March 3, 2024- Prelims**

Warm up: Pool Opens at 7:00a

12&amp;U Controlled Lanes: 8:15a

Competition Start: 9:00a

<b>Women's Pool- Middle</b>		<b>Men's Pool- Scoreboard</b>	
77	10&U 50 Backstroke	10&U 50 Backstroke	78
79	11-12 50 Backstroke	11-12 50 Backstroke	80
81	13-14 100 Backstroke	13-14 100 Backstroke	82
83	Senior 100 Backstroke	Senior 100 Backstroke	84
85	10&U 200 Freestyle	10&U 200 Freestyle	86
87	11-12 200 Freestyle	11-12 200 Freestyle	88
89	13-14 100 Freestyle	13-14 100 Freestyle	90
91	Senior 100 Freestyle	Senior 100 Freestyle	92
93	10&U 100 Breaststroke	10&U 100 Breaststroke	94
95	11-12 100 Breaststroke	11-12 100 Breaststroke	96
97	13-14 200 Breaststroke	13-14 200 Breaststroke	98
99	Senior 200 Breaststroke	Senior 200 Breaststroke	100
101	10&U 50 Butterfly	10&U 50 Butterfly	102
103	11-12 50 Butterfly	11-12 50 Butterfly	104
105	13-14 100 Butterfly	13-14 100 Butterfly	106
107	Senior 100 Butterfly	Senior 100 Butterfly	108
109	10&U 200 Medley Relay	10&U 200 Medley Relay	110
111	11-12 200 Medley Relay	11-12 200 Medley Relay	112
<b>5 Minute Break</b>		<b>5 Minute Break</b>	
75	13&O 1650 Freestyle*	13&O 1650 Freestyle*	76

**Sunday, March 3, 2024- Finals**

Warmup: approximately 4:00 PM

Start: approximately 5:00 PM

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
75	13&O 1650 Freestyle*	76
79	11-12 50 Backstroke	80
81	13-14 100 Backstroke	82
83	Senior 100 Backstroke	84
87	11-12 200 Freestyle	88
89	13-14 100 Freestyle	90
91	Senior 100 Freestyle	92
95	11-12 100 Breaststroke	96
97	13-14 200 Breaststroke	98
99	Senior 200 Breaststroke	100
103	11-12 50 Butterfly	104
105	13-14 100 Butterfly	106
107	Senior 100 Butterfly	108
<b>10 Minute Break</b>		
113	13-14 400 Medley Relay	114
115	Senior 400 Medley Relay	116

Senior &amp; 13-14 Relays will be swum at the Finals session ONLY.

**Senior & 13-14 relay cards must be submitted to Meet Clerk by 4:00 p.m.**

Fastest Heat of 13&amp;Over 1650 to be swum at Finals. All other heats swum at the completion of the Prelims session.

## Dynamo Swim Club Preferred Hotels



Kevin Priger, Senior Sales Manager  
Hilton Atlanta Northeast  
5993 Peachtree Industrial Blvd  
Peachtree Corners, GA 30092  
P: 678-533-3326  
[kevin.priger@hilton.com](mailto:kevin.priger@hilton.com)

Speedo Southern Premier  
March 1-3, 2024

Team Name \_\_\_\_\_ Team abbreviation \_\_\_\_\_

Team Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Head Coach \_\_\_\_\_

Head Coach E-mail \_\_\_\_\_ Head Coach Cell \_\_\_\_\_

***All coaches from your team must be listed and have valid USA Swimming credentials.***

1<sup>st</sup> Coach \_\_\_\_\_ 2<sup>nd</sup> Coach \_\_\_\_\_

3<sup>rd</sup> Coach \_\_\_\_\_ 4<sup>th</sup> Coach \_\_\_\_\_

Individual event fee	\$10.00 x (number of events)	= _____
Relay Event fee	\$20.00 x (number of relays)	= _____
Facility fee	\$15.00 x (number of athletes)	_____
GA LSC Travel Fund	\$3.00 x (number of athletes)	= _____
Non-GA LSC registered athletes	\$6.00 x (number of athletes)	= _____
	<b>TOTAL</b>	= _____

**Submit one check payable to: Dynamo Parents' Club**

**Initial Entries are due Tuesday, February 13 at 8:00PM EST.**

**Email entries to Meet Director: [meetdirector@dynamoswimclub.com](mailto:meetdirector@dynamoswimclub.com)**

***WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:***

***I, the undersigned coach, or team representative, verify that all swimmers and coaches listed on the enclosed entry are registered with USA Swimming.***

***I acknowledge that I am familiar with the safety rules of USA Swimming and Georgia Swimming regarding warm-up procedures and that I shall be responsible for the compliance of my swimmers with those rules during this meet.***

**I have reviewed RULE 302.4 FALSE REGISTRATION and understand that if a swimmer who is not properly registered with USA Swimming competes in a sanctioned competition, Georgia Swimming Inc. may impose a fine of up to \$100.00 per event against the individual, member coach or member club submitting the entry.**

\_\_\_\_\_  
Signature/Title

\_\_\_\_\_  
Date