

Practice Equipment List (2024-2025) www.baylorswimming.org

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| Developmental (Red, White, & Grey) | Age Group | Junior | Middle School | Upper School & Senior |
|---------------------------------------|-----------------------------|-----------------------------|-----------------------------|---|
| Arena Team Competition Suit | Arena Team Competition Suit | Arena Team Competition Suit | Arena Team Competition Suit | Arena Team Competition Suit |
| Goggles | Arena Team Practice Suit | Arena Team Practice Suit | Arena Team Practice Suit | Arena Team Practice Suit |
| Mesh bag | Goggles | Goggles | Goggles | Goggles |
| Arena Swim Fins | Mesh bag | Mesh bag | Mesh bag | Mesh bag |
| Kickboard | Arena Swim Fins | Arena Swim Fins | Arena Swim Fins | Arena Swim Fins |
| | Pull buoy | Arena Swim Snorkel Pro III | Arena Swim Snorkel Pro III | Arena Snorkel Pro |
| | Kickboard | Stroke maker Paddles | Stroke maker Paddles | Stroke maker Paddles |
| | | Pull buoy | Pull buoy | Pull buoy |
| | | Kickboard | Kickboard | Kickboard |
| | | | | Drag Sox Power Bag (see ordering info below) |
| | | | | |

Please purchase the equipment type the coaches have requested. The least expensive goggles are the Speedo sprints or the TYR team sprint, you may order any other type of **performance** goggles you wish.

- **Team Practice Suits & Competition Suits-** Athletes in Age Group, Junior, Upper School, & Senior Groups are required to wear our team practice suit and team competition suit. Developmental Groups (Red, White, Gray) can practice in their suit of choice, but will need to wear the team competition suit as well as the team cap at meets.
- **Performance Racing Suits-** Swimmers in the senior practice group will be allowed to wear a performance racing suit at specific meets **with the coaches permission**. All tech suits must be Arena brand. Swimmers in other practice groups will **NOT** be allowed to wear these suits.
- **Drag Sox Power Bag-** The Upper School & Senior groups are also required to have the drag sox power bag. This piece of equipment can be found at the following link | <http://www.swimmersbest.com/products/drag-socks-power-bags/>
- **SwimAndTri** will be at Baylor on **Thursday, August 15 at 4:30 PM** for sizing and equipment needs. They will be set up in the Baylor School Natatorium lobby.

During the year if you have other swim needs please order from SwimAndTri. You can also contact them by phone at their Knoxville, TN location at 877-794-6874. Their website is <http://www.swimandtri.com>