

**McCallie / GPS Aquatics**  
**January Winter Invitational**  
**January 10-12, 2025**

**\*\*\*Meet host reserves right to adjust meet sessions depending on size\*\*\* It WAS 1 session per day last year  
\*\*\*if larger then it could be two sessions per day**

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. Current USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

In applying for the sanctioned meet on January 10, 2025, McCallie GPS Aquatics, agrees to comply and to enforce health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Tennessee and Hamilton County.

**SES SANCTION #:** 25SEMCC1-10 **Time trial #:** 25SEMCC1-10TT

**HOST CLUB:** McCallie / GPS Aquatics and the McCallie School

**LOCATION:** The McCallie School Sports Complex  
500 Dodds Ave.  
Chattanooga, TN 37404

**Meet Referee:** Larry Alexander – [larrydalexander@aol.com](mailto:larrydalexander@aol.com)  
MCC welcomes and encourages visiting official's assistance. Please notify the meet referee of days, sessions, and any special requests. Navy pants with white shirt is the attire. Officials Meeting will be 45 minutes prior to the start of the session.

**Admin Official:** Shanna Carroll / Jonathan Ransom

**Meet Director:** Roger Dahlke [rdahlke1@bellsouth.net](mailto:rdahlke1@bellsouth.net)

**FACILITIES:** 11 lane 25 yard pool. # of lanes for competition will be determined by entries (up to 10 lanes). The competition course has been certified in accordance with 104.2.2C(4). Non-turbulent lane ropes. Minimum depth 4 feet. Maximum depth 14 feet. Balcony seating for 500. Gymnasium rest areas for swimmers with concession stand and swim shop. Daktronics Omnisport 2000 Timing system will be used

**MEET SCHEDULE:** Friday evening – Warmup 3:30 PM / Meet start 5:00 PM  
Saturday Morning – Warmup 10:30 AM / Meet start 12:00 PM  
Sunday Morning – Warmup 8:00 AM / Meet start 9:30 AM

The meet host reserves the right to conduct the meet in one or two sessions per day based upon the number of entries. If this decision is made all teams will be notified of the new start time and schedule of events. This information will also be posted at [www.mccgpsaquatics.com](http://www.mccgpsaquatics.com)

Estimated time line will be available on our club website by noon Wednesday January 8, 2025

Meet director reserves the right to combine heats and/or events to expedite the progression of the meet events.

Meet is limited to 1<sup>st</sup> 400 swimmers. Email [rdahlke1@bellsouth.net](mailto:rdahlke1@bellsouth.net) if you plan to attend this meet.

**ELIGIBILITY:** All swimmers must be registered with United States Swimming, Inc. and registration numbers must be listed on the entry form. **No entries will be accepted without current and valid registration numbers.**

## **SAFE SPORT**

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or a knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531- 0340 or online at [uscenterforsafesport.org/report-a-concern](https://uscenterforsafesport.org/report-a-concern). Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after 30 days prior to the start of the competition, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after 30 days prior to the start of the competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

## **RULES:**

In the interest of safety, coaches, officials and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe manner. Only coaches, swimmers, officials, and volunteers will be allowed on deck. Any USA Swimming member entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Any USA Swimming member swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Marshall, is harmful to others or to other's property may be required to leave the competition. No swimmer will be allowed access to the pool deck without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

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Deck changes are prohibited.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

There is an AED outside the pool deck. The Meet Director will notify EMS in the event of an emergency.

**MEET FORMAT:** All Events will be Timed Finals. Age groups are: 8 & U, 10 & U, 11-12, Open (No awards for 13 & over or Open events)

***A swimmer's age on the first day of the meet determines the age group for the entire meet.***

All events will be pre-seeded except for relays, 1650 Free, 1000 Free, 500 Freestyle and 400 IM, which will be deck seeded. Positive check-in with the Clerk of Course for all deck-seeded events is required in order to swim.

**Failure to check-in with the Clerk of Course by the deadline will scratch the swimmer unless excused by the meet referee with cause.** The positive check-in deadline for 400 IM and 500 Free will be 30 minutes after the start of the session. Friday night positive check-in will be 45 minutes before the start of the session.

#### **PROCEDURE FOR POSITIVE CHECK-IN OR SCRATCHING.**

Only the swimmer or his/her coach may check-in or scratch a swimmer. **If swimming an event**, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name. **If scratching the event**, the swimmer or coach shall line through the swimmer's name and place their initials next to the swimmer's name.

**SCRATCH PENALTIES FOR DECK-SEEDED EVENTS:** Any swimmer failing to swim an individual event after a positive check-in will result in the swimmer being barred from his/her next individual event – unless excused by the referee.

**ENTRIES:** A swimmer may swim ***three individual events and one relay per day.***

Acceptable entries must be legible and complete. Enter Short course yards times or "NT" for no time. Entry forms must include the swimmer's first and last name, age, USS registration number and the yard times for each individual event entered. Relay times should be listed for each entered relay. **All potential relay participants must be entered in the meet by the start of the session the relay is participating.**

There will be no on-deck USA swimming registration allowed at the meet.

**FEES:** \$7.50 per swimmer per individual event  
\$12.00 per relay  
\$4.00 Southeastern surcharge per swimmer  
\$12.00 Facility charge per swimmer  
\$4.00 out of LSC surcharge per out of LSC swimmer

**DEADLINE:** All entries must be received by Thursday, January 2, 2025. Checks should be payable to the **McCallie / GPS Aquatics**.

**LATE ENTRIES:** Late entries will be accepted on an available lane at the discretion of the meet entry chairman. No new heats will be formed after the meet has been seeded. Coaches must make out entry cards for late entries at the meet. Late entered Relays will be given a "No Time" seeding. Accepted late entries will be charged \$10.00 per individual event and \$16.00 per relay. No late entries for events will be accepted after the start of the session the event is in.

Email entries to [rdahlke1@bellsouth.net](mailto:rdahlke1@bellsouth.net) checks to and forms to  
**McCallie / GPS Aquatics**  
**Care of Roger Dahlke**  
**500 Dodds Ave Chattanooga, TN 37404**

**WAIVER AND RELEASE: Must be signed by a team representative before the meet begins**

**TIME TRIALS** – Will NOT be offered at this meet.

**SAFETY:** In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a prudent manner. **Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect.**

There will be 2 lifeguards present and an AED is available on site.

**SCORING:** There will be no team scoring for this event

**AWARDS:** Ribbons will be given for 1st-8th place for individual events and 1st-4th for relays in 12 and under events only.

**Coaches and Officials:** Coaches shall show their USAS Membership (electronically will suffice) to be allowed on deck at any SES sanctioned meet – therefore all coaches are required to sign in with the Clerk of Course and/or all coaches must be prepared to show their coaching credentials at any time to the Meet Director and /or the Meet Referee

**Mixed 50 Entry Times** – please enter 50 yard times (or best guesses) for the Open 50 Fly, 50 Back, and 50 Breast.

All events will be pre-seeded with the exception of 12 & under 200 Free, 1000 free, 1650 free, 500 Free, 400 IM, and relays – which will be preseeded.

**Friday, January 10, 2025**  
**Distance Session**  
**Warmup 3:45 p.m. Meet Starts 5:00 p.m.**

	<u>Event</u>	
1	Mixed 12 & under 200 Free**	
2	Mixed 1000 Free *	
3	Mixed 1650 Free *	

\*\*Positive Check-in 45 minutes before the start of the session

\*\*All Friday night swimmers must provide their own timer

**Saturday, January 11, 2025 Morning Session 1**  
**Warm-ups @ 10:30 AM Meet starts @ 12:00 PM**

<u>Girls</u>	<u>Event</u>	<u>Boys</u>
4	Senior 200 Free	5
6	8 & under 100 IM	7
8	9-10 100 IM	9
10	11-12 100 IM	11
12	Senior 100 Back	13
14	8 & under 25 Backstroke	15
16	10 & under 50 Backstroke	17
18	11-12 50 Backstroke	19
20	Mixed Senior 200 Fly	
21	8 & under 50 Butterfly	22
23	Mixed 10 & under 100 Butterfly	
24	Mixed 11-12 100 Butterfly	
25	Senior 50 Free	26
27	8 & under 50 Free	28
29	10 & under 50 Free	30
31	11-12 50 Free	32
33	Senior 100 Breast	34
35	8 & under 25 Breast	36
37	10 & under 50 Breast	38
39	11-12 50 Breast	40
41	Mixed Senior 50 Fly	
42	8 & under 100 Free Relay	43
44	10 & under 200 Free Relay	45
46	11-12 200 Free Relay	47
48	Senior 400 IM*	49

\*positive check-in for 400 IM deadline 30 minutes after the start of the session

400 IM swam fastest to slowest / alternating girls and boys

400 IM swimmers must provide own timer

**Relays Names must be received before coach leaves for the day.**

**Sunday, January 12, 2025 Morning session**

**Warm-ups @ 8:00 AM Meet starts @ 9:30 AM**

<b>Girls</b>	<b>Event</b>	<b>Boys</b>
50	Senior 200 IM	51
52	12 & under 200 IM	53
54	8 & under 25 Fly	55
56	10 & under 50 Fly	57
58	11-12 50 Fly	59
60	Senior 100 Fly	61
62	8 & under 50 Breast	63
64	10 & under 100 Breast	65
66	11-12 100 Breast	67
68	Mixed Senior 50 Back	
69	Mixed Senior 200 Breast	
70	8 & under 25 Free	71
72	10 & under 100 Free	73
74	11-12 100 Free	75
76	Senior 100 Free	77
78	8 & under 50 Back	79
80	10 & under 100 Back	81
82	11-12 100 Back	83
84	Mixed Senior 50 Breast	
85	Mixed Senior 200 Back	
87	8 & under 100 Free	88
89	11-12 200 Medley Relay	90
91	10 & under 200 Medley Relay	92
94	8 & under 100 Medley Relay	96
97	Senior 500 Free*	98

\*positive check-in for 500 Free deadline 30 minutes after the start of the session  
500 Free swam fastest to slowest / Alternating girls and boys

\*500 Free swimmers will need to provide own counter

**Relay names must be submitted before coach leaves for the day.**

CLUB \_\_\_\_\_ INITIALS \_\_\_\_\_

ADDRESS \_\_\_\_\_

\_\_\_\_\_

CONTACT PERSON \_\_\_\_\_

PHONE NO. \_\_\_\_\_

E-mail \_\_\_\_\_

COACHES ATTENDING:

\_\_\_\_\_

\_\_\_\_\_

NUMBER OF SWIMMERS ENTERED \_\_\_\_\_

UNATTACHED \_\_\_\_\_

Southeastern LSC Surcharge @ \$4.00/swimmer \_\_\_\_\_

Facility Surcharge @ 12.00 per swimmer \_\_\_\_\_

Out of LSC Surcharge @ 4.00 /swimmer \_\_\_\_\_

Amount of event charge @ \$7.50/event \_\_\_\_\_

Amount of relay charges @ \$12.00/relay \_\_\_\_\_

TOTAL CHARGE \_\_\_\_\_

**WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:**

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. McCallie / GPS Aquatics and the McCallie School, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not properly registered

Signature of coach or club official:

\_\_\_\_\_

Club: \_\_\_\_\_

\_\_\_\_\_

Date: \_\_\_\_\_

Title: \_\_\_\_\_





