

McCallie / GPS Aquatics
January Invitational
January 9-11, 2026

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. Current USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

In applying for the sanctioned meet on January 9-11, 2026, McCallie GPS Aquatics, agrees to comply and to enforce health and safety mandates and guidelines of USA Swimming, Southeastern Swimming, the State of Tennessee and Hamilton County.

SES SANCTION #: 26SEMCC1-9 **Time trial #:** 26SEMCC1-9TT

HOST CLUB: McCallie / GPS Aquatics and the McCallie School

LOCATION: The McCallie School Sports Complex
500 Dodds Ave.
Chattanooga, TN 37404

Meet Director: Roger Dahlke rdahlke1@bellsouth.net

Meet Referee: Andy Muldoon andy.muldoon53@gmail.com

MCC welcomes and encourages visiting official's assistance. Please notify the meet referee of days, sessions, and any special requests. Navy bottoms, white shirt, and white shoes is the attire. Officials' Meeting will be 45 minutes prior to the start of each session.

Admin Official: Jonathan Ransom

FACILITIES: 11 lane, 25-yard pool. # of lanes for competition will be determined by entries (up to 10 lanes). The competition course has been certified in accordance with 104.2.2C(4). Non-turbulent lane ropes. Minimum depth 4 feet. Maximum depth 14 feet. Balcony seating for 500. Gymnasium rest areas for swimmers with concession stand and swim shop. Daktronics Omnisport 2000 Timing system will be used

MEET SCHEDULE: Friday evening – Warmup 3:30 PM / Meet start 5:00 PM
Saturday Morning – Warmup 9:00 AM / Meet start 10:30 AM
Sunday Morning – Warmup 8:00 AM / Meet start 9:30 AM

The meet host reserves the right to conduct the meet in one or two sessions per day based upon the number of entries. If this decision is made all teams will be notified of the new start time and schedule of events. This information will also be posted at www.mccgpsaquatics.com

Estimated timeline will be available on our club website by noon Wednesday, January 7, 2026.

Meet director reserves the right to combine heats and/or events to expedite the progression of the meet events.

Meet is limited to 1st 400 swimmers. Email rdahlke1@bellsouth.net if you plan to attend this meet.

ELIGIBILITY: All swimmers must be registered with United States Swimming, Inc. and registration numbers must be listed on the entry form. ***No entries will be accepted without current and valid registration numbers.***

SAFE SPORT

The Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to reducing the risk of sexual, emotional and physical abuse to athletes. Components of the program include, but are not limited to, providing education and training, enforcing policies, rules and best practice guidelines, promoting healthy boundaries and mandated reporting of violations.

The Minor Athlete Abuse Prevention Policy ("MAAPP") prohibits applicable adults from having one-on-one interaction with minor athletes that is not within an observable and interruptible distance from another adult. All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming MAAPP, and that they understand that compliance with the MAAPP Policy is a condition of participation in the conduct of this competition.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or a knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 720-531- 0340 or online at uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

All athletes age 18 and older must complete Athlete Protection Training ("APT") to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after 30 days prior to the start of the competition, who has not completed APT by the first day of competition, will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after 30 days prior to the start of the competition, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

The requirement to complete Athlete Protection Training is an annual requirement. USA Swimming membership will be affected if a non-athlete member or adult athlete member does not renew Athlete Protection Training annually.

RULES:

In the interest of safety, coaches, officials and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe manner. Only coaches, swimmers, officials, and volunteers will be allowed on deck. Any USA Swimming member entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. Any USA Swimming member swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Director or Meet Referee, is harmful to others or to other's property may be required to leave the competition. No swimmer will be allowed access to the pool deck without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign supervision form before a credential can be issued.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Swimmers and adults will have designated restrooms. This rule must be observed.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, restrooms or locker rooms. Under NO circumstances will video or still photography be allowed in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

There is an AED outside the pool deck. The Meet Director will notify EMS in the event of an emergency.

MEET FORMAT: All Events will be Timed Finals. Age groups are: 8 & U, 10 & U, 11-12, Open (No awards for 13 & over or Open events)

A swimmer's age on the first day of the meet determines the age group for the entire meet.

All events will be pre-seeded except for relays, 1650 Free, 1000 Free, 500 Freestyle, 12 & Under 200 Free, and 400 IM, which will be deck seeded. Positive check-in with the Clerk of Course for all deck-seeded events is required in order to swim.

Failure to check-in with the Clerk of Course by the deadline will scratch the swimmer unless excused by the meet referee with cause. The positive check-in deadline for 400 IM and 500 Free will be 30 minutes after the start of the session. Friday night positive check-in will be 45 minutes before the start of the session.

PROCEDURE FOR POSITIVE CHECK-IN OR SCRATCHING.

Only the swimmer or his/her coach may check-in or scratch a swimmer. **If swimming an event**, the swimmer or his/her coach shall circle the name of the swimmer and place their initials next to the swimmer's name. **If scratching the event**, the swimmer or coach shall line through the swimmer's name and place their initials next to the swimmer's name.

SCRATCH PENALTIES FOR DECK-SEEDED EVENTS: Any swimmer failing to swim an individual event after a positive check-in will result in the swimmer being barred from his/her next individual event – unless excused by the referee.

ENTRIES: A swimmer may swim ***four individual events and one relay per day.***

Acceptable entries must be legible and complete. Enter Short course yards times or "NT" for no time. Entry forms must include the swimmer's first and last name, age, USS registration number and the yard times for each individual event entered. Relay times should be listed for each entered relay. ***All potential relay participants must be entered in the meet by the start of the session the relay is participating.***

There will be no on-deck USA swimming registration allowed at the meet.

FEES: \$8.00 per swimmer per individual event
\$12.00 per relay
\$4.00 Southeastern surcharge per swimmer
\$13.00 Facility charge per swimmer
\$4.00 out of LSC surcharge per out of LSC swimmer

DEADLINE: All entries must be received by Monday, December 29, 2025. Checks should be payable to the **McCallie / GPS Aquatics**.

LATE ENTRIES: Late entries will be accepted on an available lane at the discretion of the meet entry chairman. No new heats will be formed after the meet has been seeded. Coaches must make out entry cards for late entries at the meet. Late entered Relays will be given a "No Time" seeding. Accepted late entries will be charged \$10.00 per individual event and \$16.00 per relay. No late entries for events will be accepted after the start of the session the event is in.

Email entries to rdahlke1@bellsouth.net checks to and forms to
McCallie / GPS Aquatics
Care of Roger Dahlke
500 Dodds Ave Chattanooga, TN 37404

WAIVER AND RELEASE: Must be signed by a team representative before the meet begins

TIME TRIALS – Will **NOT** be offered at this meet.

SAFETY: In the interest of safety, coaches, swimmers and spectators are asked to observe all posted pool rules and conduct themselves in a prudent manner. **Southeastern Swimming Safety Guidelines and Warm-up Procedures will be in effect.**

There will be 2 lifeguards present and an AED is available on site.

SCORING: There will be no team scoring for this event

AWARDS: Ribbons will be given for 1st-8th place for individual events and 1st-4th for relays in 12 and under events only.

Coaches and Officials: Coaches shall show their USAS Membership (electronically will suffice) to be allowed on deck at any SES sanctioned meet – therefore all coaches are required to sign in with the Clerk of Course and/or all coaches must be prepared to show their coaching credentials at any time to the Meet Director and/or the Meet Referee.

Mixed 50 Entry Times – please enter 50-yard times (or best guesses) for the Open 50 Fly, Open 50 Back, and Open50 Breast.

All events will be pre-seeded with the exception of the 1650 Free, 1000 free, 500 Free, 400 IM, and Senior 200 Free Relay.

Friday, January 9, 2026
Distance Session
Warmups Begin 3:45 PM Meet Starts 5:00 PM

	Event	
1	Senior 200 Free Relay**	2
3	Mixed 12 & under 200 Free**	
4	Mixed 1000 Free **	
5	Mixed 1650 Free **	

**Positive Check-in 45 minutes before the start of the session

***All Friday night swimmers must provide their own timer & counter*

Friday's Relays' Names must be received before the coach leaves for the day.

Saturday, January 10, 2026
Warmups Begin 9:00 AM Meet Starts 10:30 AM

Girls	Event	Boys
6	Senior 200 Free	7
8	8 & under 100 IM	9
10	9-10 100 IM	11
12	11-12 100 IM	13
14	Senior 100 Back	15
16	8 & under 25 Backstroke	17
18	10 & under 50 Backstroke	19
20	11-12 50 Backstroke	21
22	Mixed Senior 200 Fly	
23	8 & under 50 Butterfly	24
25	Mixed 10 & under 100 Butterfly	
26	Mixed 11-12 100 Butterfly	
27	Senior 50 Free	28
29	8 & under 50 Free	30
31	10 & under 50 Free	32
33	11-12 50 Free	34
35	Senior 100 Breast	36
37	8 & under 25 Breast	38
39	10 & under 50 Breast	40
41	11-12 50 Breast	42
43	Mixed Senior 50 Fly	
44	8 & under 100 Free Relay	45
46	10 & under 200 Free Relay	47
48	11-12 200 Free Relay	49
50	Senior 400 IM*	51

*positive check-in for 400 IM deadline 30 minutes after the start of the session

400 IM swam fastest to slowest / alternating girls and boys

400 IM swimmers must provide their own timer

Saturday's Relays' Names must be received before the coach leaves for the day.

Sunday, January 11, 2026
Warmups Begin 8:00 AM Meet starts 9:30 AM

Girls	Event	Boys
52	Senior 200 IM	53
54	12 & under 200 IM	55
56	8 & under 25 Fly	57
58	10 & under 50 Fly	59
60	11-12 50 Fly	61
62	Senior 100 Fly	63
64	8 & under 50 Breast	65
66	10 & under 100 Breast	67
68	11-12 100 Breast	69
70	Mixed Senior 200 Breast	
71	Mixed Senior 50 Back	
72	8 & under 25 Free	73
74	10 & under 100 Free	75
76	11-12 100 Free	77
78	Senior 100 Free	79
80	8 & under 50 Back	81
82	10 & under 100 Back	83
84	11-12 100 Back	85
86	Mixed Senior 200 Back	
87	Mixed Senior 50 Breast	
88	8 & under 100 Free	89
90	11-12 200 Medley Relay	91
92	10 & under 200 Medley Relay	93
94	8 & under 100 Medley Relay	95
96	Senior 500 Free*	97

*positive check-in for 500 Free deadline 30 minutes after the start of the session
500 Free swam fastest to slowest / Alternating girls and boys

****500 Free swimmers must provide their own timer & counter***

Sunday's Relays' Names must be received before the coach leaves for the day.

McCallie / GPS Aquatics
October Invitational

CLUB _____ INITIALS _____

ADDRESS _____

CONTACT PERSON _____

PHONE NO. _____

E-mail _____

COACHES ATTENDING:

NUMBER OF SWIMMERS ENTERED _____

UNATTACHED _____

Southeastern LSC Surcharge @ \$4.00/swimmer _____

Facility Surcharge @ 13.00 per swimmer _____

Out of LSC Surcharge @ 4.00 /swimmer _____

Amount of event charge @ \$8.00 /event _____

Amount of relay charges @ \$12.00/relay _____

TOTAL CHARGE _____

WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I also acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team's swimmers with those rules during this meet. McCallie / GPS Aquatics and the McCallie School, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

501.7

.1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.

.2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

302.4 False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not properly registered

Signature of coach or club official:

Club: _____

Date: _____

Title: _____

CONSOLIDATED ENTRY FORM

Times should be in Short course yards

Please duplicate as needed

		EVENT #	EVENT NAME	BEST TIME	EVENT #	EVENT NAME	BEST TIME
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						
NAME OF SWIMMER							
USS REGISTRATION NO.							
DATE OF BIRTH	SEX						

SOUTHEASTERN LSC
INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____/_____/_____/_____/_____/_____/_____/_____
_____/_____/_____/_____/_____/_____/_____/_____

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance:

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for swimmer accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance.

The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Disability Chair – Robin Heller – robin@seastarsaquatics.org

Meet Director Email Roger Dahlke rdahlke1@bellsouth.net

Meet Referee Email Larry Alexander larrydalexander@aol.com

Southeastern Swimming General Chairman – John Boxmeyer - jboxmeyer@hotmail.com