

**HSA JUNE INVITATIONAL
HUNTSVILLE AQUATICS CENTER
HUNTSVILLE, AL
June 26-28, 2026**

This meet will be conducted under the auspices of Southeastern Swimming, Inc. of USA Swimming. USA Swimming technical rules and regulations will be followed with the exception of items specifically addressed in the meet information Sanctioned by Southeastern Swimming, Inc.

Held under the sanction of USA Swimming and Southeastern Swimming, Inc -

-SANCTION NUMBER: 26SEHSA6-26

-SANCTION NUMBER FOR TIME TRIAL: 26SEHSA6-26TT

HOSTED BY: Huntsville Swim Association (www.swimhsa.org), P.O. Box 1102, Huntsville, AL 35805

LOCATION: Huntsville Aquatics Center, 2213 Drake Ave., Huntsville, AL 35805

FACILITIES: The meet will be run in an 8 lane x 50 M pool, with a 7-foot consistent depth, non-turbulent lane lines, and fully automatic Colorado electronic timing system with full scoreboard display. Wi-Fi is available throughout the building. The live stream of the event will be made available via the HSA Live Stream channel on YouTube.

The competition course has been certified in accordance with 104.2.2C(4).

Use of audiovisual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, behind the starting blocks, or locker rooms.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

Drones are not allowed.

The use of flash photography is prohibited at the start of races.

Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

The swimmer must wear only one swimsuit in one of two pieces, except as provided in 205.10.1. All male swimsuits shall not extend above the navel nor below the knees, and for women, shall not cover the neck, extend past the shoulder, nor extend below the knee. No technical suits shall be worn by any 12 and Under USA Swimming athlete member in competition at any sanctioned, approved, or observed meet. Note - 102.8.F

RULES: In the interest of safety and accident prevention, coaches, officials and swimmers are asked to observe all posted pool rules and to conduct themselves in a safe manner. Only coaches, swimmers, officials, and volunteers will be allowed on deck. **NO FOLDING CHAIRS ARE ALLOWED IN THE FACILITY. STADIUM SEATS ARE RECOMMENDED. NO HARD COOLERS ARE ALLOWED IN THE FACILITY.**

SWIMMERS: Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer’s legal guardian to ensure compliance with this requirement.

OFFICIALS: Meet Director: Sara Hayles (huntsvilleswimvolunteers@gmail.com)
Referee: Jason Lucas (hsaswimofficial@gmail.com)
Administrative Official: Allison Proud (huntsvilleswimao@gmail.com)

ELIGIBILITY: All participants must be USA Swimming registered athletes. Entries will not be accepted without Current registration numbers. Coaches and officials must present evidence of certification as required by Southeastern Swimming. A swimmer's age on the first day of the meet will determine his or her age for the entire meet. On deck registrations will not be permitted at the meet.

WARM UP: Southeastern Swimming Meet Safety Guidelines and Warm-up Procedures will be in effect at this meet. The Meet Director will post and announce the warm-up assignments prior to the start of the meet warm-up. Swimmers attending the meet without a coach must report to the Meet Director or Referee to be assigned a coach for warm-up prior to each session. A Swimmer Assignment Form will be completed for all swimmers without coaches.

Friday, Saturday & Sunday AM sessions will be Prelims.
Friday, Saturday & Sunday PM sessions will consist of Finals.

	<u>Warm-up</u>	<u>Competition</u>
Fri, Sat & Sun Prelims (13 & over):	7:00-8:20 AM	8:30 AM
Fri, Sat & Sun Prelims if needed (12 & under):	not before 11:30 am	not before 12:30 pm
Fri, Sat & Sun Finals:	4:00-4:50 PM	5:00 PM

ENTRIES Swimmers are limited to 3 events per day on Friday, Saturday and Sunday, and limited to 7 events total for the meet. Time Trial events count as one of the events allowed on a given day, and for the meet.

Teams must submit their electronic entry files via e-mail. Entries must be completely filled out including the swimmer's best times for meters.

Entries should be emailed to entries@swimhsa.org

An entry report will be provided after entry input; please review for accuracy.

Entries will be limited to 450 visiting swimmers per session. The host team reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time.

Entry error: If due to an HSA error, the swimmer will be deck entered in an open lane of the heat nearest his/her entry time or in a new heat. The entire event will not be re-seeded.

Open events will be limited to swimmers 12 & older.

DISABILITIES: Swimmers with disabilities are welcome. Please complete the 'Information Form for Disabled Swimmers' and e-mail it with the entries.

DEADLINE: Entries must be received by the Entries Chairman (entries@swimhsa.org) on or before **Tuesday, June 16th, 2026**. Entries will only be accepted from teams that have secured a reservation prior to May 1st, 2026, and any remaining spots will be filled with additional interested teams.
Late entries will be accepted until 12:00 pm on Sunday, June 28th, on a lane available basis only from teams already in the meet.

FEES **\$8.00** per individual event, **\$4.00** per swimmer surcharge, and **\$25.00** per swimmer Facility Fee. Time Trial fee is **\$10.00**. **Late entries will be \$8.00 per event.**

We are using a cashless and checkless system for this meet. Each team will receive an invoice via Quickbooks the week of the meet. Teams will need to follow the link and pay electronically via Quickbooks prior to arriving to the meet. All other waivers should be

presented at the time of check-in on the first day of the meet in the Team Check-in room. Once a swimmer is entered in the meet, teams are responsible for entry fees, even if the swimmer does not swim.

Late entries will be accepted at the discretion of the meet directors on a “lane available” basis. Late entries will be charged **\$8.00** per individual event in addition to the surcharge and Facility Fee if the swimmer is not already entered in the meet. All entry fees are nonrefundable and payable at the time of entry to the Clerk of Course.

MEET FORMAT:

This is **prelim/final for all age groups**. 200 Meter and below Finals will have A Finals for 12 & under (no separate 10 & under heat), A and B Finals for 13-14, and A,B,and C Finals for Open age groups. 400 Meter finals will have A Finals only for 13-14 and A and B Finals for the Open Age Group. The 400 Meter Free for 12 & unders will be a timed final event. All events will be pre-seeded except the 400 Free, 400 IM, and 1500 Free, which will be deck-seeded. **All events** will swim fast to slow in prelims, with anticipation of running chase starts. The 1500 Free is a timed final event. Swimmers must sign-in with the Clerk of Course for the deck-seeded events. Sign-in deadlines are the start of the session in which the event occurs. If the swimmer is not checked in with the Clerk of Course, the swimmer will be scratched from the event. Only the swimmer or his/her coach may sign in for deck-seeded events. HSA reserves the right to limit the number of heats in deck-seeded events in order to run the meet in the allotted time.

HSA also reserves the right to run the meet in a chase start format for all prelim sessions.

HSA also reserves the right to combine the two prelim sessions into one session based on timelines.

All entries for 200 meter and over events must meet the time standard published on the event list.

The 1500 Free will be seeded with all age groups together, alternating female and male heats, fastest to slowest, and all heats will be swum at the end of Sunday prelims. Results will be posted separately by age-group and gender.

Failure to swim a deck seeded event after signing in may result in the swimmer being barred from swimming his/her next individual event.

Failure to swim in a finals event that a swimmer is qualified for may result in the swimmer being out of all the swimmers following events. **Sunday’s finals events will be positive check-in.**

CONCESSIONS:

Food and drink will be available at the concession stand in the HAC lobby. Concessions are cashless.

HOSPITALITY:

Will be available to all coaches and officials; breakfast items, lunch and dinner.

VENDOR:

Swimming vendor will be in the lobby Saturday and Sunday.

COACHES' CORNER:

Coaches’ Meeting will occur only if needed at 8:20 am on Friday, June 26th, 2026. All teams will need to check in at the Lobby Conference Room upon arrival to receive coaching and athlete deck passes. Coaches will need to prove their USAS non-athlete coach membership via USA Swimming App. There will not be printed heat sheets for sale during the meet. Electronic results can be found on the Meet Mobile App.

NO Bull Pen will be provided.

Each swimmer is required to provide a lap counter and timer for the 1500 Free.

SES rules dictate “coaches shall display, when requested, their USAS Membership card/deck pass to be allowed on deck. Compliance shall be the responsibility of the Host Meet Referee/director –they may assign the responsibility to other meet personal. All coaches are required to be prepared to display their valid their USAS Membership card/deck pass when checking in with Clerk of Course or Meet Director at the beginning of the meet to show proof of membership and standing.

OFFICIALS'

CORNER:

Officials' Meeting will be conducted approximately 60 minutes before the start of each session in the Sun room off the Legacy Pool deck. Information on possible training sessions will also be distributed through e-mail to all participating officials.

MEDIA

CREDENTIALS:

Only members of the media that can present valid media credentials will be issued deck credentials as photographers. These credentials can be picked up in the Huntsville Aquatics Center Conference Room (On-Site Check-In).

PARKING:

On-site parking will be available on a first come, first serve basis. There is also a swimmer drop off lane available at the front of the facility. Any car parked illegally, or in adjacent business parking lots will be subject to tow. Please visit the meet homepage at swimhsa.org for up to date parking information.

MEET EVALUATIONS

Please send any comments, suggestions, or evaluations concerning the meet to: John Boxmeyer, jboxmeyer@hotmail.com

2026 HSA June Invitational
Friday, June 26th, 2026
Friday AM – Prelims
Warm-ups 7:00 a.m.; Competition begins at 8:30 a.m.

<i>Time Standard</i>	<i>Female</i>	<i>Event</i>	<i>Male</i>	<i>Time Standard</i>
	1	13-14 50 Fly	2	
	3	Open 50 Fly	4	
2:41.79	7	13-14 200 Free	8	2:32.29
2:32.49	9	Open 200 Free	10	2:18.59
	13	13-14 100 Breast	14	
	15	Open 100 Breast	16	
	19	13-14 100 Back	20	
	21	Open 100 Back	22	
5:56.19	23	13-14 400 IM	24	5:36.59
5:47.29	25	Open 400 IM	26	5:16.59

Friday PM- Finals: Warm-ups 4:00 p.m., Competition begins at 5:00 pm

2026 HSA June Invitational
Friday, June 26th, 2026
Friday Mid-Day Prelims
Warm-ups not before 11:30 a.m.; Competition begins not before 12:30 pm

<i>Time Standard</i>	<i>Female</i>	<i>Event</i>	<i>Male</i>	<i>Time Standard</i>
3:10.99	5	12 & under 200 Free	6	3:02.09
	11	12 & under 100 Breast	12	
	17	12 & under 50 Back	18	

Friday PM- Finals: Warm-ups 4:00 p.m., Competition begins at 5:00 pm

2026 HSA June Invitational
Saturday, June 27st, 2026
Saturday AM Prelims
Warm-ups 7:00 a.m.; Competition begins at 8:30 a.m.

	<i>Female</i>	<i>Event</i>	<i>Male</i>	
	27	13-14 50 Back	28	
	29	Open 50 Back	30	
2:59.19	33	13-14 200 Fly	34	2:47.99
2:53.39	35	Open 200 Fly	36	2:36.39
	39	13-14 50 Free	40	
	41	Open 50 Free	42	
3:23.99	45	13-14 200 Breast	46	3:10.79
3:17.89	47	Open 200 Breast	48	2:57.89
5:10.39	51	13-14 400 FR	52	4:59.19
5:01.09	53	Open 400 FR	54	4:37.19

Saturday PM- Finals: Warm-ups 4:00 p.m., Competition begins at 5:00 pm

2026 HSA June Invitational
Saturday, June 27th, 2026
Saturday Mid-Day Prelims
Warm-ups not before 11:30 am.; Competition begins not before 12:30 pm

	<i>Female</i>	<i>Event</i>	<i>Male</i>	
	31	12 & under 100 Fly	32	
	37	12 & under 50 Free	38	
	43	12 & under 50 Breast	44	
5:51.79	49	11-12 400 FR*	50	6:00.99
6:23.39	49	10 & under 400 FR*	50	6:50.19

* Will swim event combined into a 12 & under event.

Saturday PM- Finals: Warm-ups 4:00 p.m., Competition begins at 5:00 pm

2026 HSA June Invitational
Sunday, June 28th, 2026
Sunday AM Prelims
Warm-ups 7:00 a.m.; Competition begins at 8:30 a.m.

	<i>Female</i>	<i>Event</i>	<i>Male</i>	
	55	13-14 50 Breast	56	
	57	Open 50 Breast	58	
2:58.69	61	13-14 200 BA	62	2:49.09
2:53.59	63	Open 200 BA	64	2:38.39
	67	13-14 100 FR	68	
	69	Open 100 FR	70	
3:01.79	73	13-14 200 IM	74	2:51.39
2:56.99	75	Open 200 IM	76	2:43.99
	79	13-14 100 Fly	80	
	81	Open 100 Fly	82	
19:59.99	83	Open 1500 FR*	84	18:59.99

* The 1500 Free will be seeded with all age groups together, alternating female and male heats, fastest to slowest. Results will be posted separately by age-group and gender. All heats of the 1500 will be swum in the morning.

Sunday PM- Finals: Warm-ups 4:00 p.m., Competition begins at 5:00 pm

2026 HSA June Invitational
Sunday, June 28th, 2026
Sunday Mid-Day Prelims
Warm-ups not before 11:30 a.m.; Competition begins not before 12:30 pm

	<i>Female</i>	<i>Event</i>	<i>Male</i>	
	59	12 & under 100 BA	60	
	65	12 & under 100 FR	66	
3:43.19	71	12 & under 200 IM	72	3:40.79
	77	12 & under 50 Fly	78	

Sunday PM- Finals: Warm-ups 4:00 p.m., Competition begins at 5:00 pm

2026 WAIVER, ACKNOWLEDGMENT AND LIABILITY RELEASE

I, the undersigned coach or team representative, verify that all of the **swimmers** and **coaches** listed on the enclosed entry form/team information are registered and entered into the meet in accordance and subject to USA Swimming Rules and Regulation:

- .1 All Clubs, including seasonal clubs, shall ensure that all athletes and coaches participating in USA Swimming sanctioned competition(S) are members of their LSC and USA Swimming.
- .2 All coaches of USA Swimming clubs, including seasonal clubs, shall join USA Swimming as coach members and shall satisfactorily complete safety training required by USA Swimming.

And as

False Registration – A host LSC may impose a fine up to \$100.00 per event against a member coach or a member club submitting a meet entry which indicates a swimmer is registered with USA Swimming when that swimmer or the listed club is not **properly** registered.

All swimmers, coaches and officials involved with USA Swimming competition must be registered. Additionally, meet directors

I acknowledge that I am familiar with the rules of USA Swimming and Southeastern Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my team’s swimmers with those rules during this meet. The host club, Southeastern Swimming, Inc. and USA Swimming, their agents, officers, representatives, employees and coaches shall be free from any liability or claim for damages for any and all injuries, illnesses or damage to valuables which may be sustained at this meet or while in transit to and from this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team’s swimmers to be published on the internet in the form of Psych Sheets, Meet Results or any other documents associated with the running of this meet.

Signature of Coach or Club Official:	
Title:	
Club:	Date:

SOUTHEASTERN LSC

INFORMATION FORM FOR SWIMMERS WITH A DISABILITY

This non-mandatory form is for accommodation purposes.

Name _____

Address _____

Team _____ USA Registration # _____

Age and Birth date: _____

Events to be swum: _____ / _____ / _____ / _____ / _____ / _____ / _____ /

_____ / _____ / _____ / _____ / _____ / _____ / _____ / _____ /

Type of Disability

Blind _____ Cognitive/Intellectual _____ Deaf _____ Physical _____ Other _____

Extent of Disability: Be specific e.g. totally or partially blind, totally or partially deaf, loss of one or more limbs, multiple disabilities, etc.

The following person(s) will accompany the swimmer for any needed assistance: _____

Accommodations requested, Examples: Lane #, inside lane, starter side preference, assistance to the blocks, water start, hand signals, etc.

Information gathered on this form will only be used for the swimmers accommodation during Meet, and forwarded to the SE LSC Disability chair for purposes of evaluation and tracking Swimmers attendance and performance. The Disability Chair welcomes any feedback and or comments concerning your Meet experience.

Meet Director Email: Sara Hayles (huntsvilleswimvolunteers@gmail.com)

Meet Referee Email: Gene Shreve

Disability Chair Email: robin@seastarsaquatics.org