



**July 28-August 1 (Tues-Sat)
Long Course Meters**

**William Woollett Jr. Aquatics Center
Irvine, CA**

**Entry deadline is Noon Mountain Time
Tuesday, July 21, 2026**

This event and associated time trials are sanctioned by USA Swimming.

POSTED March 5, 2026

2026 Toyota National Championships
William Woollett Jr. Aquatics Center
Irvine, CA

IMPORTANT FACTS ABOUT THE MEET



- ◆ All swimmers, coaches, and team staff must be 2026 Premium or Outreach members of USA Swimming and must be current in all required certifications and trainings. **The qualification period is June 1, 2025, through the entry deadline.**
- ◆ Foreign teams and federations are not permitted to compete in this meet. Foreign athletes who are registered members of USA Swimming clubs will be permitted to swim in this meet, and will be permitted in the Open Championship and Bonus Finals only.
- ◆ **This competition shall use an athlete's World Aquatics age (age as of December 31, 2026) to determine age for the duration of the event.**
- ◆ This event will serve as the U.S. National Junior Team selection event for the **2026 Junior Pan Pacific Championships** to be held in Vancouver, BC, Canada, on August 17-20, 2026 (**athletes must be 13-18 as of December 31, 2026**).
- ◆ There will be an 18-U (Junior Pan Pacific Championship Selection), Open (Championship), and B (Bonus) Final in each event at these Championships (except the distance Freestyle events). **Only athletes who intend to represent the USA in international competition and are age 13-18 years old as of December 31, 2026, shall be eligible to compete in the 18-U Final.**
- ◆ Eligible athletes may opt-out of the 18-U Final prior to the event's scratch deadline and instead compete in the Open or Bonus Final, however, only athletes in the 18-U Final will be considered for 2026 Junior Pan Pacific Championships selection. 18-U athletes participating in the Open or Bonus Final shall be seeded based on finish order from the preliminary heats.
- ◆ 2026 Junior Pan Pacific Championships Selection Procedures are posted [here](#). Questions regarding the selection process can be sent to Brendan Hansen at bhansen@usaswimming.org.
- ◆ Session times for this competition are **9:00 a.m. local time for prelims and 6:00 p.m. local time for finals.**
- ◆ Enter the event online at hub.usaswimming.org/landing beginning June 2, 2026, and no later than Noon Mountain Time (MT), on Tuesday, July 21, 2026.
- ◆ Swims achieving a qualifying time standard for the first time from Wednesday, July 22, through Sunday, July 26, 2026, may enter the meet through OME under the title *2026 Toyota National Championships - New Qualifying Swims*. These entries must be submitted no later than Noon Mountain Time on Monday, July 27, 2026, and cannot be used to improve the seed time of a prior entry, unless the improvement achieves a new qualifying standard. Normal entry fees apply.
- ◆ At the discretion of the Meet Referee, and in consultation with the National Team Managing Director, the preliminary sessions may be conducted using "Flyover" starts and/or in a flighted format. Details of any changes to normal meet operations protocols will be announced at the Technical Meeting.
- ◆ In the Finals session, the 18-U Final heat for each event will swim first, followed by the Open Championship heat for the same event. The B (Bonus) final for each event shall be contested once all 18-U and Open Championship final heats are completed.
- ◆ The distance Freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the fastest heat of each race swum during the evening session. All other heats will be scheduled to begin after the preliminary session so the fastest heat of the Men's event finishes approximately 75-minutes prior to the start of the evening session.
- ◆ There shall be no 18-U designated heat for the 800m or 1500m Freestyle events. Consideration for 2026 Junior Pan Pacific Championships selection for the Women's and Men's 800m and 1500m Freestyle events will be based on the over-all results.
- ◆ Any swimmer who qualifies for the 800m or 1500m Freestyle events may enter at their fastest time or at the qualifying time standard if entered in two or more events on the day of the event. All swimmers entered in the 800m and 1500m Freestyle events must positively check-in prior to the scratch deadline to compete in the event.
- ◆ This event will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations. The scratch deadline for the first day's events shall be fifteen (15) minutes after the Technical Meeting is adjourned. The scratch deadline for all subsequent day's events shall be thirty (30) minutes after the time established for the start of the finals sessions. The penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched in accordance with sub-paragraphs 207.11.6A and B will be one of the following:
 - Being barred from all further events of that day as prescribed in section 207.11.6, or
 - Payment of a fine of \$200 to the host.
- ◆ Bonus events will be offered for 18-U athletes only at these Championships. Please refer to p. 6 for additional details.
- ◆ LCM Time Trials will be conducted for all swimmers who enter and compete in the meet provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session. On days when time trials are offered, registration will be taken at the Clerk of Course table.
- ◆ **It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book and information or changes announced at the Technical Meeting.**

EVENT ORDER

**2026 Toyota National Championships
William Woollett Jr. Aquatics Center
Irvine, CA**

Heats Begin at 9:00 a.m. PT		Finals Begin at 6:00 p.m. PT	
<u>Women's Events</u>	<u>Day 1 – Tuesday, July 28</u>		<u>Men's Events</u>
1	200 Butterfly		2
3	100 Freestyle		4
5	Women's 800 Freestyle^		-
-	Men's 1500 Freestyle^		6
	<u>Day 2 – Wednesday, July 29</u>		
7	200 Freestyle		8
9	200 Breaststroke		10
11	200 Backstroke		12
13	50 Butterfly*		14
	<u>Day 3 – Thursday, July 30</u>		
15	400 Individual Medley		16
17	100 Butterfly		18
19	50 Breaststroke*		20
21	50 Backstroke*		22
	<u>Day 4 – Friday, July 31</u>		
23	400 Freestyle		24
25	100 Breaststroke		26
27	100 Backstroke		28
	<u>Day 5 – Saturday, August 1</u>		
29	Women's 1500 Freestyle^		-
30	200 Individual Medley		31
-	Men's 800 Freestyle^		32
33	50 Freestyle		34

^On Day 1 and Day 5, the distance Freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the fastest heat of each race swum during the evening session. All other heats will be scheduled to begin after the preliminary session so the fastest heat of the Men's event finishes approximately 75-minutes prior to the start of the evening session. There shall be no 18-U designated heat for the 800m and 1500m Freestyle events.

**Athletes may enter for the 50m Butterfly, 50m Backstroke, and/or 50m Breaststroke provided they have achieved the 50 of stroke Qualifying Standard or have the corresponding 100 of stroke Qualifying Standard.*

GENERAL INFORMATION



Facility Address

William Woollett Jr. Aquatics Center
4601 Walnut Ave
Irvine, CA 92604

Meet Referee

Anissa Kanzari
kanzari.anissa@gmail.com

Administrative Referee

Scott Powell
spowell11@comcast.net

Meet Director

Kim Hoesterey
khoest@aol.com

USA Swimming National Team Managing Director

Greg Meehan
gmeehan@usaswimming.org

USA Swimming National Events Director

Macie McNichols
mmcnichols@usaswimming.org

Meeting Schedule

Coaches Technical Meeting	Monday, July 27	6:00 p.m. PT	In-person & Teams-based conference call
Officials Meeting	Monday, July 27	After Tech Mtg	Teams-based conference call

(All subsequent officials' briefings will be held one hour prior to the start of each session at the pool)

Broadcast Statement and Image Authorization

All photographs, videotapes or other audio and/or visual recordings of the event created by a spectator may be used solely for such spectator's personal non-commercial use, and may not be broadcast, published or disseminated, or used for any commercial purposes, without the prior written consent of USA Swimming. This meet may be covered by the media and/or professional photographers taking photographs, video, web casting, and other forms of obtaining images of athletes participating in the meet. Entry into the meet is acknowledgement and consent to this fact. All participants agree to be filmed and photographed by the official photographer(s) and network(s) of USA Swimming under the conditions authored by USA Swimming, and allow event organizers the right to use names, pictures, likenesses, and biographical information before, during or after the period of participation in USA Swimming competitions to promote such competitions. All participants agree not to use or authorize use of pictures in the uniforms and equipment provided by USA Swimming for the purpose of trade, without the consent of USA Swimming. All participants agree not to use medals or photos, or portraits or films with the medals, which are received for performances in this competition, for the purpose of trade. Furthermore, participants agree to return these uniforms and equipment, bearing USA Swimming logos and marks, if and when requested.

Deck Changing

As per 202.4.11 of the USA Swimming Rules and Regulations, deck changing is prohibited.

Wireless Internet Access

Wireless access will be available throughout the venue.

Television

The 2026 Toyota National Championships will be broadcast on NBC networks. Check local listings for times in your area.

Team Banners

Team banners will not be allowed at these Championships.

Publicity

Any swimmer competing in the championship final of an event for the first time at this meet should submit his/her biographical information to the announcer.

Medical Assistance

As per 202.4.11N of the USA Swimming Rules and Regulations, medical supervision and assistance will be provided in accordance with the Facility's Emergency Action Plan (EAP).

Concessions

Concessions will be available for athletes and spectators in front of the Aquatics Center.

GENERAL INFORMATION



About the Facility

William Woollett Jr. Aquatics Center was completed as a major renovation of the original Heritage Park Aquatics Complex – site of the 1980 USA National Championships and the 1990 Junior Nationals West Championships. The newly renovated Center was completed in September of 2004. The center is an outdoors facility consisting of one constant depth (7 feet) competition pool (50 meter by 25 yard) and variable depth warm-up pool (50 meter x 25 yard). In addition, a 25 yard by 25 meter teaching pool is available if necessary for additional warm-up space. Expansive locker room facilities for both men and women are adjacent to the warm-up pool.

This facility was the site of the 2005, 2006, 2010, 2014, and 2018 National Championships, the 2005, 2006, 2010, 2018, 2022, 2023, and 2025 Speedo Junior Nationals, the 2023 and 2025 TYR Pro Championships, and the 2005 Mutual of Omaha Duel in the Pool. It was also the site for the 2010 Pan Pacific Championships.

Tickets

Ticket information coming soon!

Pool Hours

Sunday, July 26	Closed for USA Water Polo*
Monday, July 27	8:00 a.m. – 8:00 p.m.
Tue, July 28– Sat, Aug 1	7:00 a.m. – 1 hour after Finals

***Toyota National Championship participants will be allowed long course training on Sunday, July 26, according to the following:**

10:00 a.m.—6:00 p.m. at Northwood High School Aquatic Center: 4515 Portola Parkway, Irvine, CA 92620

Hotels

Hotel information available [here](#).

Credentials

Restricted access to the facility will be strictly enforced. Please wear your credential at all times. There is a \$100 replacement charge for lost credentials. Team Massage Therapist credentials can be purchased through OME at \$100. Massage Therapist credentials will have restricted access. Massage Therapists must be registered 2026 “Other” Members of USA Swimming and may not have a current coach membership.

Credential Pick-Up

Credentials will not be issued to any individual who has not completed all membership requirements. Credentials can be picked up at Woollett Aquatics Center according to the following schedule:

Sun, July 26 – Mon July 27	8:00 a.m. – Noon and 1:00 p.m. – 7:00 p.m.
Tue, July 28 – Fri, July 31	7:00 a.m. – Noon 3:00 p.m. – 7:00 p.m.
Sat, August 1	7:30 a.m. – End of Prelims

Toyota National Championships credentials will NOT provide access to Speedo Junior National Championships.

Parking

Limited parking for coaches and officials will be available in the front lot of the Aquatics Center. Additional parking for spectators, coaches, teams and officials will be available on the north side of Irvine High School accessed via Escolar and on the East side of the Aquatics Center adjacent to Heritage Park accessed via Yale Avenue

Lost & Found

A Lost & Found booth will be available at the lifeguard office.

Lockers and Restrooms

Day lockers will be available for use at the Woollett Aquatics Center for use by athletes, coaches, and officials. The locker room area will be strictly for use by properly credentialed individuals (athletes, coaches, officials).

California Concussion Law

California has modified its existing school concussion law to apply the requirements to youth sports organizations in which athletes participate, including swimming. These requirements apply to out of state coaches whose swimmers are attending the 2026 Toyota National Championships. .

1. The law requires that a youth athletic program must immediately remove an athlete from an athletic activity for the remainder of the day, if the athlete is suspected of sustaining a concussion or head injury, and prohibit the athlete from returning to the activity until the athlete is evaluated by a licensed health care provider, trained in the management of concussions, and acting within the scope of his or her practice. The athlete must receive written clearance from the licensed health care provider to return to the athletic activity. If the athlete is diagnosed with a concussion, they must go through a graduated return to play protocol of no less than seven days under the supervision of a licensed health care provider. Youth sports organizations must also notify the parents or guardians of athletes 17 or younger who have been removed from athletic activities due to suspected concussions.

2. Coaches and administrators must successfully complete the concussion and head injury education required under the bill at least once either online or in person. The following courses from the Center for Disease Control and Prevention (CDC) or the National Federation of State High School Associations (NFHS) satisfy the requirements.

[CDC Concussion Course](#) | [NFHS Concussion Course](#)

3. USA Swimming has also developed concussion and head injury education materials for coaches and administrators. Below is a concussion at the pool checklist for coaches, officials, and parents.

[Concussion at the pool Checklist](#)

After entering the meet, you will receive the standard USA Swimming Participant Waiver, a Concussion Information Sheet for Parents and Swimmers, and the Concussion Acknowledgment Document. Please be sure to take the time to read this information to avoid any delays or issues at the meet. Both the waiver and the acknowledgment document will need to be signed and submitted for each athlete at registration.

4. USA Swimming has also developed concussion and head injury education materials for coaches and administrators. Below is a concussion at the pool checklist for coaches, officials, and parents.

ENTERING THE MEET



Hospitality

Coaches and officials will have access to hospitality in the rotunda. Menus and meal changeover times will be posted. Participants are invited to these areas during the venue hours of operations on competition days. All participants are encouraged to bring their personal refillable water bottles to use at on-deck water filling stations.

Swimmers' and Coaches' Responsibility

It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book and any information or changes announced at the Technical meeting.

Meet Entries

All Event Entry questions should be directed to: Katie Trace at ktrace@usaswimming.org.

- ◆ This competition shall use an athlete's World Aquatics age (age as of December 31, 2026) to determine age on the first day of competition.
- ◆ Enter the event online at hub.usaswimming.org/landing beginning Tuesday, June 2, 2026 and no later than Noon Mountain Time, on Tuesday, July 21, 2026.
- ◆ You will be required to pay for the online entries with a Visa, Mastercard, American Express or Discover. Once entries are submitted through OME, refunds will not be allowed.
- ◆ OME is not an eligibility report; Coaches are responsible for knowing events for which their athletes are qualified.
- ◆ You can modify your entry online by adding to the original entry. You cannot delete an online entry once it has been paid for.
- ◆ Once you complete your online entry, you will be sent confirmations via email. Please keep these emails and bring them with you to the meet (just in case).
- ◆ Drug waiver forms will automatically be sent to you via email after the entry deadline. Please have these filled out and bring them with you to the meet (*i.e. do not mail to USA Swimming*).

Qualifying Period

The qualification period for this event is June 1, 2025, through the entry deadline.

Number of Events

A swimmer may only swim three (3) individual events per day (including 18-U bonus events and time trials). A swimmer may enter any number of individual events in which the qualifying time standard has been met. All entry times must be proven.

Bonus Events

There will be bonus events at this Championships for 18-U athletes only.

Athletes who are 18 years old or younger as of December 31, 2026, and have qualified for the competition may enter up to two (2) bonus events. There shall be no bonus event qualification standards. The swimmer must use their best time from within the qualification period. A "No-Time" (NT) entry will not be accepted.

Entry Fees:

- \$25.00 per individual event
- \$25.00 per bonus event
- \$20.00 per credentialed coach (\$50 on site)

New Qualifying Swims

Swims achieving a qualifying time standard for the first time from Wednesday, July 22, through Sunday, July 26, 2026, may enter the meet through OME under the title 2026 Toyota National Championships: New Qualifying Swims. These entries must be submitted no later than Noon Mountain Time on Monday, July 27, 2026, and cannot be used to improve the seed time of a prior entry, unless the improvement achieves a new qualifying standard. Normal entry fees apply.

Late Entries

Any team or athlete missing the entry deadline will be permitted to enter late, subject to the following requirements:

- A. Late entries must be submitted through the Online Meet Entry system (OME);
- B. These entries must be received no later than Noon Mountain Time on Monday, July 27, 2026;
- C. The team or athlete must pay a one-time processing fee of \$150.00, *and* pay entry fees of \$45 per event.

Secondary Club Recognition

The online entry form contains a space for secondary "club recognition." You may enter a second club for each of your athletes if you wish. The secondary club will be listed in the psych sheet, meet roster and heat sheets, if space is available. Each athlete will have only 16 characters for both his/her club and his/her secondary club. The club does not need to be a USA Swimming member club. It may be any club that your athlete wishes to recognize. Listing this club is for recognition purposes only. Listing this club has nothing to do with representation, team scoring or credentials.

Waiver and Release Form

The USA Swimming Waiver and Release Form will be distributed electronically after entries have closed. These forms must be submitted prior to the athlete's arrival at the registration desk. Having this completed will save time during check-in at the competition site. Additionally, a parent or legal guardian must sign the form if the swimmer is under the age of majority in his/her home state.



Rules

USA Swimming Rules and Regulations will govern the conduct of these Championships. It shall be the swimmers' and coaches' responsibility to acquaint themselves with all of the information contained in this meet information book. No U.S. swimmer will be permitted to compete unless he/she is a member as provided in Article 302. Any U.S. swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. This event and associated time trials are held under the sanction of USA Swimming. It is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

Membership Requirement

All U.S. participants expecting to receive a deck pass should be prepared to show a current USA Swimming membership card. Non-members who have successfully completed the Athlete Protection Training (APT) course and a USA Swimming background check may join online. Information regarding the APT course and the background check will be available at meet check-in and is also online at usaswimming.org/protect. Coaches must provide proof of CPR, First Aid and Safety Training for Swimming Coaches or USA Swimming approved equivalents, and must have successfully passed the required background check and APT Course.

No swimmer will be issued credential without a coach member present. If the home club coach is not planning to attend the event, the swimmer must designate a supervising coach by submitting a completed Swimmer Assignment Form at registration. Arriving at registration with the supervising coach is preferred. However, if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign the Swimmer Assignment form before a credential can be issued. As per USA Swimming rules, no athlete credentials will be issued without a supervising coach present at the facility.

SWIMS Database—Proof of Time

Times from the following will be in SWIMS, the national times database. Times in the database are not automatic entries to meets.

- A. USA Swimming Sanctioned competition
- B. USA Swimming Approved competition - Check two weeks before the competition to assure the meet has been approved by the LSC, and prior to the start of the competition, ask the Meet Director for the procedure for getting a time into SWIMS.
- C. USA Swimming Observed swims - Be sure a proper request for an Observed Swim is made according to guidelines appearing in 202.8 of the USA Swimming Rule Book and the USA Swimming SWIMS Time Module Policy Manual. Prior to the start of the meet, verify that proper procedures are in place for the Observed swim.

Entering Official Times

Individual Events - All entry times must be made prior to the entry deadline and must be proven prior to the scratch deadline for that event through the SWIMS Database. No swimmer will be permitted to swim without said proof. USA Swimming reserves the right to challenge any submitted time. All scratches must be proven.

Responsibility Clause

The coach, swimmer or swimmer representative who signs a USA Swimming Championship entry form attests that all times stated in the entry form are true and correct as achieved qualifying times for each event entered. He/she assumes all responsibility for false or incorrect times, or times which are unacceptable under USA Swimming rules, and shall be assessed a \$100 penalty payable to the Corporation for each such time entered, unless absolved of the fine by USA Swimming or its designee or Board of Review. Additional action or penalty may be taken or levied as deemed appropriate by USA Swimming.

Such penalty shall also be levied against any USA Swimming verification officer who entered such a false or incorrect time(s) into the SWIMS Database.

Appeal of fines are to be made to USA Swimming or its designee and/or Board of Review. Any appeal of the decision shall be in accordance with the provisions of USA Swimming's Operational Policies.

Automatic Proven Times

If a time for a swimmer is visible in the public search feature on the USA Swimming website (Times/Time Standards) and it was swum in the appropriate qualifying period, it is considered a proven official time. Entry times not proven by the scratch deadline for the event will be considered as false or incorrect times and are subject to action under provisions of the USA Swimming Rules and Regulations.

Times from all college dual, invitational and conference meets should be in the database. If a qualifying time was swum at a USA Swimming observed high school meet, verify that it is in the database before using it for entry. Contact the LSC Times Official in the LSC where the meet was held if there are missing times or questions about whether the meet was observed. Times from all major international championships will be automatically entered in the database. Times from any other meets in which National time standards were met must be requested from the SWIMS Time Official in the LSC in which the meet was held. LSC officials may charge a fee for data entry requested after the meet ends. Note: Relay lead offs and/or intermediate split times must be requested from the SWIMS Time official in the LSC where the time was achieved. Requesting SWIMS data entry won't enter a swimmer into a competition nor place your club on the USA Swimming mailing list.

Seeding

For these Championships, the seeding order is:

1. Long Course Meters (LCM)
2. Short Course Yards (SCY)
3. LCM Non-Conforming
4. SCY Non-Conforming
5. LCM Bonus (18-U Only)
6. SCY Bonus (18-U Only)
7. LCM Non-Conforming Bonus (18-U Only)
8. SCY Non-Conforming Bonus (18-U Only)



Registration

Credentials for coaches, managers and team support shall be issued to those persons listed on the submitted team entry forms, according to the following formula, based upon the total size of the team, whether comprised of one or both sexes. The cost for these credentials is \$20/each. Team support members must be included in this formula and on the entry form to receive a credential. Athletes entered in the meet will receive a deck pass as part of their entry fee. All others will be required to purchase individual tickets. For clubs that wish to bring certified massage therapists with their teams, a \$100 surcharge will apply if the massage therapist exceeds the deck pass formula below. These funds shall become the property of the meet host. All massage therapists must be registered 2026 "Other" Members of USA Swimming and may not have a current coach membership.

- ◆ 1-3 swimmers: 1 deck pass
- ◆ 4-6 swimmers; 2 deck passes
- ◆ 7-9 swimmers; 3 deck passes
- ◆ 10-14 swimmers; 4 deck passes
- ◆ 15-19 swimmers; 5 deck passes
- ◆ 20-24 swimmers; 6 deck passes
- ◆ 25-29 swimmers; 7 deck passes
- ◆ 30- 34 swimmers; 8 deck passes
- ◆ 35-39 swimmers; 9 deck passes
- ◆ 40 or more swimmers; 10 deck passes
- ◆ Unattached swimmers not with a team: 1 deck pass
- ◆ Unattached swimmers with a team shall be included in above schedule even if listed on separate entry blank.

All others will be required to purchase tickets.

Check-In

Coaches are responsible for all business conducted at the Technical Meeting. If, for any reason, you cannot attend the meeting, be sure to find out what occurred. You must arrive prior to the scratch deadline for your swimmer's first event to prove times if necessary.

- A. Be prepared to show your coach membership card. To avoid any problems with your swimmers, have their membership cards as well.
- B. Review the posted psych sheet and make sure your swimmers do not have an symbol ("**", "#", or "\$") listed by their name.
 - "**" indicates an unproven time,
 - "#" indicates an athlete without a current USA Swimming membership,
 - "\$" indicates the athlete is missing APT.
- C. In the event of a symbol, go to the Administrative Referee immediately to rectify the issue. It is your responsibility to do this. If the symbol is not cleared by the scratch deadline, the swimmer will be scratched from the event. If a time cannot be proved, the coach is subject to a \$100 fine. You should make sure all your athletes' times are in the SWIMS database.
- D. Swimmers in the 800 and 1500 Freestyle events must be positively checked-in prior to the scratch deadline(s) in order to compete in these events.
- E. Check your scratches - make certain they are correct and submitted on time. Do not let your swimmer miss his/her best event because you failed to scratch an entry.
- E. Follow all proof of time, scratch and distance event entry procedures by the required deadlines as published.

Warm-Up and Safety

USA Swimming will provide a complete schedule of warm-up procedures to include lane usage and times, which must be adhered to by all participants. This information will be distributed at registration, posted throughout the venue, announced on a regular basis before and during the meet, and monitored by the Meet Referee (or his/her special designees). Flagrant violation of these procedures may result in a disqualification from the meet for unsportsmanlike activity. Encourage your swimmers to cooperate with marshals. The main competition pool will be reserved the last 60 minutes for swimmers competing in that day's events.

Scratch Procedures

- A. Location of Scratch Box:
 - ◆ The scratch box will be located at the Registration Desk prior to the Technical Meeting.
 - ◆ After the Technical Meeting, the scratch box will be located with the Resolution Desk for the remainder of the meet.
 - ◆ Coaches who cannot attend the Technical Meeting are encouraged to email their scratches to the Administrative Referee before these deadlines.
- B. Scratch Deadlines:
 - ◆ This event will follow the scratch rules as defined in section 207.11.6 of the USA Swimming Rules and Regulations.
 - ◆ The scratch deadline for the first day's events shall be fifteen (15) minutes after the Technical Meeting is adjourned.
 - ◆ The scratch deadline for all subsequent day's events shall be thirty (30) minutes after the time established for the start of the finals sessions.
 - ◆ The penalty for failure to compete in an individual preliminary heat in which such swimmer is entered and has not been scratched in accordance with sub-paragraphs 207.11.6A and B will be one of the following:
 - Being barred from all further events of that day as prescribed in section 207.11.6, or
 - Payment of a fine of \$200 to the host.

Ready Room

A Ready Room will be used at these Championships prior to each 18-U and Open Championships finals heat. Each swimmer in the 18-U and Open Championships final (including the fastest-seeded heats of the distance events) must report to the Ready Room five minutes preceding the event. Bonus heats will report directly to their assigned starting block.

Distance Freestyle

- A. Distance Entry - Any swimmer who qualifies for the 800 or 1500 Freestyle events may enter at their fastest time or at the qualifying time standard if entered in two or more events on the day of the event.
- B. All swimmers entered in the 800 or 1500 Freestyle events must be positively checked-in by the scratch deadline in order to compete in the event.
- C. On Day 1 and Day 5, the distance Freestyle events will be swum slowest to fastest, alternating women's and men's heats, with the fastest heat of each race swum during the evening session. All other heats will be scheduled to begin after the preliminary session so the fastest heat of the Men's event finishes approximately 75-minutes prior to the start of the evening session.
- D. There shall be no 18-U designated heat for the distance Freestyle events. All heats will be conducted as Timed Finals.

CHAMPIONSHIP PROCEDURES



50s of Stroke

Athletes may enter the 50m Butterfly, 50m Backstroke, and/or 50m Breaststroke provided they have achieved the 50 of stroke Qualifying Standard or have the corresponding 100 of stroke Qualifying Standard.

18-U (2026 Junior Pan Pacific Selection) Finals Eligibility

An 18-and-Under (18-U) Final will be contested for each individual event at these Championships, with the exception of the 800m and 1500m Freestyle events.

To be eligible to participate in the 18-U Final, an athlete must meet the following criteria:

- Be age 13-18 years old as of December 31, 2026.
- Be eligible for 2026 Junior Pan Pacific Championships selection. ([ATHLETE SELECTION PROCEDURES, 2026 Junior Pan Pacific Championships](#))
- Intend to represent the United States in international competition.

The top eight eligible athletes from the preliminary heats of all events, with the exception of the 800m and 1500m Freestyle, will be automatically seeded into the 18-U Final. If fewer than eight eligible athletes are available, the remaining lanes will not be filled.

An eligible athlete may opt-out of an 18-U Final prior to the event's scratch deadline and instead compete in the Open or Bonus Final; however, only athletes in the 18-U Final will be considered for 2026 Junior Pan Pacific Championships selection. 18-U athletes participating in the Open or Bonus Final shall be seeded based on finish order from the preliminary heats.

An 18-U Final will not be conducted for the 800m and 1500m Freestyle events. Consideration for 2026 Junior Pan Pacific Championships selection for the 800m and 1500m Freestyle events will be based on the event's overall finish order.

Finals Session Event Order

There will be an 18-U (Junior Pan Pacific Championship Selection), Open (Championships), and B (Bonus) Final in each event at these Championships (except the distance Freestyle events).

Only athletes who are eligible and intend to represent the USA in international competition and are age 13-18 on December 31, 2026, shall be eligible to compete in the 18-U Final.

In the Finals session, the 18-U Final heat for each event will swim first, followed by the Open Championships heat for the same event. The B (Bonus) final for each event shall be contested once all the 18-U and Open Championship final heats are completed.

Meet Scoring

Scoring will be on a sixteen (16) place basis from the Open and Bonus Finals.

Individual events: 20, 17, 16, 15, 14, 13, 12, 11, 9, 7, 6, 5, 4, 3, 2, 1.

Per 207.11.9B of the USA Swimming Rules and Regulations, foreign swimmers may not score points for a USA Swimming team at the USA Swimming National Championships but, subject to USA Swimming representation requirements, may represent that team and receive awards.

Results

After each evening's finals at these Championships, the results will be available on the Event's landing page. Uploaded times from prelim events may not accurately reflect seeding for Finals as potential disqualifications may need to be resolved.

Awards

- Individual Awards - A medal ceremony will be conducted for the top three place winners in each event. Fourth through eighth place finishers should pick up their medals in the awards staging area.
- An "18 & Under" National Champion medal will be presented to the highest placing 18-under swimmer in each 18-U (Junior Pan Pacific Selection) heat. For the Women's and Men's 800m and 1500m Freestyle events, the 18 & U National Champion medal will be presented to the highest placing 18-Under swimmer from the overall results.
- Individual High Point Awards - Male and Female Awards will be given at the 2026 Toyota National Championships.
- Team Awards - Awards will be presented to the top three teams in Women's, Men's, and Combined team scores.

Time Trials

LCM Time Trials will be conducted for all swimmers who enter and compete in the meet provided there is sufficient time between the end of the preliminary session and the start of warm-ups for the final session. Time Trial entries will be taken on-site at the Clerk of Course. A swimmer is limited to a maximum of two Time Trials during the course of the Championships. Time Trial entries will open each morning at 8:00 a.m. PT and close at 10:00 a.m. PT. Time trial entries for subsequent days will be accepted. Entry fees for Time Trials are the same as those established for the Championships. The order for Time Trials shall be that day's events, followed by the remaining events in the meet, followed by the previous day's events. The exception to this schedule is the 50's which will be offered at the end of the session each day. Distance Freestyle events will typically be offered on only one day of the meet as determined by the Meet Referee and announced at the Technical Meeting.

**Safe Sport Information**

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations.

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult. Adult Participants are required to abide by this policy in full during this meet.

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical, emotional or sexual abuse, sexual misconduct – regardless of the victim's age, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a-concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency.

Report other alleged violations, including without limitation, emotional or physical misconduct (not related to minors), the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, to either the U.S. Center for SafeSport or USA Swimming. More information can be found at www.usaswimming.org/report.

All athletes age 18, or who turn 18 during the meet, must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing by the first day of the meet. A member not in good standing will be prohibited from participating in the competition until such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or during the meet, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition. This includes participation as a member of a relay.

Each club is responsible for the conduct of its swimmers. Any person who, in the opinion of the Meet Referee, Meet Director or Meet Marshall, is harmful to others or to other's property may be required to leave the competition. No swimmer will be allowed access to the pool deck without a coach member present. If the home club coach is not planning to attend event, swimmer must designate a supervising coach. Arriving with fellow LSC club/coach is preferred, however if a swimmer arrives without a coach, he/she must find a willing coach at the facility to sign a supervision form before a credential can be issued.

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

Deck changes are prohibited.

During the entire meet, use of audio or visual recording devices, including a cell phone, are not permitted behind the starting blocks, while athletes are in vulnerable positions, and are not permitted in changing areas, rest rooms or locker rooms

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

All U.S. athletes, coaches, and staff expecting to receive a deck pass should be prepared to show proof of current USA Swimming membership via the USA Swimming App. Coaches must meet and have current certifications for all the requirements of coach membership including successfully passing the required background check and APT course.

DOPING CONTROL



The 2026 Toyota National Championships subject to Doping Control. All athletes at this competition are subject to drug testing conducted by the United States Anti-Doping Agency (USADA), WADA, and/or World Aquatics under the In- Competition Testing program. This section is intended to give an overview of the key points relevant to this program and the testing which will be conducted at the competitions governed by this booklet. Athletes should visit usada.org/athletes/antidoping101/ for important information that all athletes, coaches, and their parents must be aware of. Key details from that document are listed below. Athletes should check their medications prior to use and note that some medications may require approval that will take at least 30 days.

What substances are banned?

Per USADA: "As a signatory to the World Anti-Doping Code, USADA tests for substances and methods found on the World Anti-Doping Agency Prohibited List. It's important that athletes are aware of the substances and methods on the [Prohibited List](#) as an athlete is responsible for any prohibited substance found in their body, regardless of intent. It's also important to understand that certain substances are prohibited at all times, while others are prohibited only during competition. In some cases, a substance is only prohibited in a certain sport. Use the resources on this tab in conjunction with the next step about medication and the resources available pertaining to medication to determine whether or not a substance is prohibited." Read the summary of [Modifications for 2026](#).

What about medication?

Per USADA: "Athletes need to be aware of the prohibited status of any medication they are taking, whether it be an over-the-counter or prescription medication. The easiest way to understand your medication is to use USADA's [Global DRO](#) service, where generic and name brand products, or specific medications, can be searched. Results will yield information including the in- and out-of- competition status, any threshold information, as well as sport specific information for those substances prohibited only in certain sports. Athletes or their support team can also speak to an expert by phone during business hours [8am – 5pm Mountain Time Monday-Friday] by calling Athlete Connect at 719.785.2000.

It's important to understand that Dietary Supplements are not medication. They are regulated and manufactured differently. For these reasons, USADA is unable to provide guidance on specific dietary supplement products. For more information visit [USADA's Supplement Connect](#).

Therapeutic Use Exemptions?

Per USADA: "In some situations, an athlete may have an illness or condition that requires the use of medication listed on the World Anti-Doping Agency's Prohibited List. A Therapeutic Use Exemption or TUE provides permission for an athlete to have a prohibited substance in their body at the time of a drug test. The process for obtaining a TUE is thorough and balances the need to allow athletes access to critical medication while upholding clean athletes' rights to compete on a clean and level playing field. In some cases, the TUE requirements are different for national-level athletes vs. non-national level athletes. Athletes interested in obtaining a TUE should visit the Therapeutic Use Exemption page, where they can determine if they need a therapeutic use exemption, begin the application process, and find answers to the most frequently asked TUE questions."

Understand the Sample Collection Process:

Per USADA: "Athletes selected for testing are subject to both blood and urine testing. The processes are designed to be both effective in preserving the integrity of the sample, yet safe and comfortable for the athlete. Understanding the processes as well as an athlete's rights and responsibilities can help to make them less intimidating. There are additional considerations for minor athletes and disabled athletes. Learn more about the sample collection processes [here](#)." NOTE: Minor athletes should always have a representative with them in doping control.

Per established doping control testing protocol, a Witnessing Chaperone must directly observe an athlete providing a sample. The witnessing chaperone is always someone of the same gender as the athlete. To protect the rights of a minor athlete, someone must observe the witnessing chaperone observing the athlete as they provide a urine sample. That person cannot see the athlete – they can only see the witnessing chaperone watching the athlete. Per USADA's established protocol the athlete has the right to choose who will be in that role. In the event that a coach acts as an Athlete Representative for an athlete of the opposite gender, they may request that someone on USADA's crew observe the witnessing chaperone observing the athlete. Then the coach can be the athlete representative for the rest of the processing of the paperwork.

NCAA doping control rules are different than the rules for this meet. Be sure all athletes have checked their meds with USADA and understand this information.

Doping Control rule for athletes previously eligible for out of competition drug testing: Athletes who were previously eligible for out of competition (no-advance-notice) doping control and officially retired have a 6-month waiting period before they can compete (should they choose to return to competition) and must again be subject to out-of- competition testing during this reinstatement period. The athlete is not permitted to compete in any USA Swimming sanctioned events (local competitions all the way up through National competitions including meets with a dual sanction from Masters and USA Swimming) or World Aquatics sanctioned events. If you have an athlete in this situation, please email smichael@usaswimming.org immediately.



2026 TIME STANDARDS

TOYOTA NATIONAL CHAMPIONSHIPS

* Qualifying from June 1, 2025 through Entry Deadline

WOMEN

19 & OVER STANDARDS

MEN

SCY	LCM	EVENT	LCM	SCY
22.19	25.69	50 FR	22.69	19.39
48.49	55.89	100 FR	49.69	42.49
1:44.99	2:01.19	200 FR	1:49.89	1:33.69
4:41.99	4:16.89	400/500 FR	3:55.59	4:17.19
9:45.79	8:46.79	800/1000 FR	8:07.59	8:58.39
16:10.39	16:49.19	1500/1650 FR	15:37.69	14:54.09
23.99	28.59	50 BK	25.49	21.09
52.29	1:02.19	100 BK	55.69	46.19
1:54.09	2:14.59	200 BK	2:02.09	1:41.69
27.39	32.29	50 BR	28.29	23.89
59.99	1:10.29	100 BR	1:02.09	52.49
2:10.39	2:32.39	200 BR	2:16.09	1:54.59
23.79	27.59	50 FL	24.39	20.89
52.19	1:00.19	100 FL	53.49	45.99
1:56.09	2:14.59	200 FL	2:00.89	1:43.39
1:57.09	2:16.89	200 IM	2:02.89	1:43.89
4:11.39	4:51.79	400 IM	4:24.69	3:45.19

WOMEN

18 & UNDER STANDARDS

MEN

SCY	LCM	EVENT	LCM	SCY
22.79	26.19	50 FR	23.19	20.09
49.49	56.69	100 FR	51.09	43.69
1:47.19	2:03.19	200 FR	1:52.09	1:36.19
4:46.29	4:19.89	400/500 FR	3:58.39	4:23.99
9:55.99	8:57.89	800/1000 FR	8:16.99	9:07.59
16:37.99	17:10.79	1500/1650 FR	15:52.69	15:21.49
25.09	29.69	50 BK	26.39	22.39
53.69	1:03.19	100 BK	56.89	47.89
1:55.69	2:16.69	200 BK	2:03.59	1:44.79
28.69	33.29	50 BR	29.19	25.19
1:01.59	1:11.29	100 BR	1:03.29	53.99
2:14.29	2:34.19	200 BR	2:18.09	1:57.99
24.29	28.09	50 FL	24.99	21.89
53.29	1:01.39	100 FL	54.69	47.49
1:59.39	2:17.59	200 FL	2:02.89	1:45.89
1:58.99	2:18.19	200 IM	2:04.69	1:46.79
4:12.69	4:52.69	400 IM	4:25.39	3:49.79